

Welcome to:

Veteran's of Foreign Wars of the United States General MacArthur Memorial Post 392 2408 Bowland Pkwy Virginia Beach, VA 3454-5207 Phone (757) 486-5875

Lunch Hours:

Monday - Friday

11:00 a.m-2:00 p.m.

Saturday and Sunday 11-4

Saturday and Sunday Specials available too!

Appetizers

Breaded Drummettes (6)	\$4.25
Mozzarella Sticks (5)	\$4.25
Jalapeno Poppers (5)	\$3.75
Egg Rolls (3)	\$3.50
Chicken Tenders (3)	\$3.50
Basket of Fries	\$2.00
Add chili and cheese \$1.50	
Basket of Onion Rings	\$2.25
Chicken wings (6)	\$4.25

Choice of wing sauce: Hot, mild, bbq, garlic parmesan

Choice of dipping sauce: Ranch, bleu cheese, honey mustard, sweet and sour, marinara

Soups and Salads

Soup of the Day cup - \$1.50 Bowl - \$2.50

Homemade Chili cup - \$1.50 Bowl - \$2.50

Side Salad (lettuce, tomato, cucumber) \$2.25

Garden Salad (lettuce, tomato, cucumber, onion, green pepper) \$4.50

Chef's Salad (garden salad with Ham, Turkey, shredded cheese and hard-boiled egg)

\$6.25

\$4.25

Tuna or Chicken Salad Cold Plate

Dressings available; Ranch, Bleu Cheese, Thousand Island, French, Golden Italian, Honey Mustard, Raspberry Vinaigrette, Vinegar & Oil





Sandwiches and More!

All sandwiches come with your choice of white, wheat or rye breads, toasted or cold; American, Swiss, Provolone or Cheddar cheese; lettuce, tomato, onion, pickle, mayo, yellow mustard or spicey brown mustard. Add fries or Onion rings for \$1.50

Ham or Turkey Sandwich (4 oz. of meat served on your choice of bread)	\$3.50
Add your choice cheese \$.25 per slice	
BLT (6 strips of bacon with mayo, lettuce and tomato on toasted white bro	\$3.50 ead)
Breaded Chicken Sandwich (served on a Ciabatta Roll)	\$3.75
Tuna or Chicken Salad	\$4.25
Grilled Cheese (3 slices of cheese!)	\$2.50
Country Fried Steak Sandwich (6-8 oz chopped steak breaded and fried to golden perfection. Serve Roll)	\$4.25 d on a Ciabatta
Fried Flounder Sandwich	\$4.50

Triple Decker Club

\$6.25

(this sandwich is for the hearty appetite! 2 oz of Ham, 2 oz of Turkey, 2 oz of Bacon, 2 slices of cheese with lettuce, tomato, mayo on 3 slices of toasted bread!)



(Served on a Ciabatta roll with tartar sauce; add cheese \$.25)

Burgers, Dogs and Subs

All burgers are cooked medium well or well done. Served on a roll with lettuce, tomato, onion, pickles, mayo, yellow mustard or spicy brown mustard. Add your choice of cheese for \$.25; add bacon for \$.50 Add fries or onion rings for \$1.50

½ pound Hamburger	\$3.75
½ pound Hamburger (served on a Ciabatta Roll)	\$5.00
Steak and Cheese Sub (steak, onions and green peppers grilled to perfection served with provolon a Sub Roll add mushrooms for \$.25)	\$4.95 e cheese on
½ pound HotDog (served on a hotdog roll)	\$2.75
Chili Cheese Dog	\$3.25

Check out our Lunch Specials Monday-Friday!

Saturday Specials: 12" Pizza and wings!

Sunday Specials; Tacos, Nachos, wings and more! During Football Season kitchen hours will change and the menu extended! Stay tuned!

Thursday night dinner specials will be posted in the newsletter!

Friday Night is Shrimp Night!

