



Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392
2408 Bowland Parkway
Virginia Beach, Virginia 23454-5207
(757) 486-5875
www.vfw392.org

2015 Membership Goal: 1,913
Current Goal Status: at 97.5% with 1,776 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

APRIL 2015 - VOLUME 26, NUMBER 10

2014 - 2015 OFFICERS

Post Commander.....	Steven C. Williams	Ladies Auxiliary President.....	Colleen Lewis
Sr. Vice Commander.....	Douglas M. Iles	Ladies Aux. Sr. Vice President ...	Jennifer A. Winn
Jr. Vice Commander.....	Steven E. Graves	Ladies Aux. Jr. Vice President...	Jessica T. Johnson
Quartermaster.....	John H. Phillips	Ladies Aux. Treasurer.....	Ellen Stogsdill
Chaplain.....	Robert G. Duvall	Ladies Aux. Chaplain.....	Dinah V. Devins
House Committee Chairman.....	Peter A. Gebelein	Ladies Conductress	Patty Stokes
Service Officer.....	Joseph G. Brady	Canteen Manager	Joe Halzack
Surgeon.....	Raymond J. Strawbridge	M.O.C. Seam Squirrel.....	David R. Goldstein
Judge Advocate	Mark K. Winn	M.O.C.A. President.....	Jennifer Winn



COMMANDER'S CALL

COMRADES AND SISTERS

Each month I ponder upon what to write in the newsletter. I want to write something that others are not writing. This month I've had a particularly tough time deciding upon a subject. Then I received a phone call which changed my whole prospective in life. I decided to write about gratitude and for whom I am grateful.

Gratitude, thankfulness, or appreciation is a feeling or attitude in acknowledgment of a benefit that one has received or will receive. The experience of gratitude has historically been a focus of several world religions, and has been considered extensively by moral philosophers.

Gratitude is not the same as indebtedness. While both emotions occur following help, indebtedness occurs when a

person perceives that they are under an obligation to make some repayment of compensation for the aid. The emotions lead to different actions; indebtedness can motivate the recipient of the aid to avoid the person who has helped them, whereas gratitude can motivate the recipient to seek out their benefactor and to improve their relationship with them.

Knowing that gratitude is a feeling, I know that I feel a kinship or brotherhood with my fellow Veterans. I am extremely grateful to be your Commander and to be able to aid the Post with my efforts. Prior to getting active at our Post, I was depressed and lonely because I wasn't doing what I could to assist other Veterans and their families. By staying active in the VFW, I found by helping others I was helping myself. I know all the Officers in the Post have the same commitment and feeling. This is the main reason we ask for

volunteers. By volunteering you are not only helping others but you will be helping yourself. If you
... continued on page 2

VOLUNTEERS NEEDED:

- **Post Meeting:** April 7th, at 1900. All members may attend
- **Texas Hold'em Tournament:** Apr 11th, 1800, set up / clean up, see any Officer
- **Golf Outing:** Apr 12th, noon, see any Officer
- **Cancer Dance:** Apr 18th, 5 PM, set up / clean up, see any Officer
- **VA Hospital Visits:** Apr 25th, 10 AM, Vets brunch at Post 392, see any Officer
- **Relay For Life:** June 6-7th, donations / Team Members needed, see any Officer
- **Cootie Breakfast:** Every Sunday. Set up, clean up, servers, see any Officer
- **Recruit Members:** applications at the Post, see any Post Officer

POST 392 - NEEDS YOU!

want to have the feeling of gratitude, volunteer at the Post. Not only will you feel better, but we can accomplish more.

Until next month, BE PROUD, BE PROFESSIONAL, AND PRESS ON.

DATES TO REMEMBER

- 4/6 US declares war on Germany (WW I) in 1917
- 4/14 US launches air strikes against Libya in 1986
- 4/17 The Bay of Pigs (Cuba) invasion begins in 1961
- 4/18 Doolittle Raid launches to strike Tokyo in 1942
- 4/18 Suicide bomber hits U.S. Beirut embassy in 1983
- 4/19 USS 'Iowa' gun turret explodes in 1989
- 4/29 Operation Frequent Wind: evacuates last of US personnel out of Saigon in 1975
- 4/30 The US establishes the Dept. of Navy in 1789

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New/Transfer/ Life Members:

Howard D. Belote, William J. Bennett, Hipolito L. Camacho, Thomas J. Powner, Nuvia M. Rivera

Life Installment:

William I. Leidigh Jr, Terry L. McGonigal Jr., Ravi Sookram

New / Transfer/ Re-Instated / Annual Members:

Steven C. Joachim, Jennifer L. Justesen, Michael J. Justesen, Caleb A. King, Carl W. Lowe, Gia M. Mate, Hernest Mojica, Frank E. Robbins, Steeven V. Stemple, Jesse J. Travella, Priestly A. Williams III

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish a "Happy Birthday" to Aaron M Auger, Robert G. Duvall, Edward L. Evans, Bernard T. Hanrahan, Ralph D. Stephens, Raymond J. Strawbridge, Holly A. Defilippo, Arlene E. Goldstein, Mary Ann Kenavan, Cathianne Porterfield, Jennifer A. Winn, and 175 other fine Comrades and Sisters!

Post Commander

Steven C. Williams

[commander@](mailto:commander@vfw392.hrcoxmail.com)

vfw392.hrcoxmail.com



SENIOR VICE COMMANDER

Comrades, time to Shake, Rattle and Roll in April! Looks like "Election of Officers" will kick off on the first meeting of the Post on Tuesday 7 April, so make plans to attend and vote!

At the last Post meeting, I was nominated to be your next Post Commander and accepted the nomination. It will be a great honor and privilege to serve in this capacity and work with this superb team of veterans who have given so much of themselves to their country, their VFW, their families, and their community. I look forward to the challenges ahead knowing that I am with the BEST of the Best!

A Cancer Dance is scheduled for Saturday 18 April and anticipate a great turn-out. We are hosting the VA Hospital Vets at the Post Saturday the 25th to have a brunch and some refreshments, and share camaraderie with our sick and ailing veterans.

There was a great turn-out for the

Community Service Awards on 11 March with a strong showing of winners in all areas (i.e., VA Beach Firefighter, EMT, Police Officer, Teachers), and also the Voice of Democracy and Patriot Pen winners were present.

The Post members who participated in the ST Patrick's Day Parade at Ocean View in Norfolk are to be highly commended for braving the inclement weather again. They were persevering and representing our Post; the VFW Ladies Aux in particular showed up in force! Good time had by all (I personally wish MORE OF OUR POST MEMBERS could have been there!)

Membership and recruiting are going "FULL BORE", however, would appreciate any and all assistance from our current Post members. If you have a little time, could really use your help. We anticipate an ALL-OUT assault to accomplish requirements to meet and/or exceed levels to attain ALL -AMERICAN and ALL-STATE Post standards. "We will be pushing in all directions to RETAIN current members, re-installments, continuous renewals, and of course - new members!

Trade shows, gun shows, door-to-door campaigns, and "Adopt-A-Unit are recruiting techniques that are currently being planned, so VOLUNTEER when and wherever you can. It will help tremendously! Talk to your friends, neighbors, parents, fellow workers, doctor, policeman, fireman, barber, lawyer, banker, religious leaders, garbage man, teachers, mailman, insurance agent, in-laws ... and ASK IF THEY ARE A VETERAN or KNOW OF A VETERAN that

would possibly like to become a VFW member! A lot of folks are just waiting to be asked!

Take care of yourselves, take care of each other, your families and your community.

"We never leave a Vet behind"!

CONTINUOUS MEMBERSHIP

AWARDS

The following Members have earned Continuous Membership Awards. Please attend the next Post Meeting to receive your lapel pin. If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

45 Years Continuous Service:

Dominick L. Garcia

35 Years Continuous Service:

Arthur F. Goodwin, Harry J. McCartney, Benjamin L. Wright

30 Years Continuous Service:

John L. Ellsworth

25 Years Continuous Service:

Richard I. Kimbrell

20 Years Continuous Service:

George A. Speckman Jr.

5 Years Continuous Service:

Merle W. Gootee III, Gary G. Gustafson, William H. Jones, Robert J. O'Neill, and Mark L. Turner

Thank you for your service and congratulations!

SR. Vice Commander

Douglas Iles

[sr-vicecommander@](mailto:sr-vicecommander@vfw392.hrcoxmail.com)

vfw392.hrcoxmail.com



JUNIOR VICE COMMANDER

Well Comrades, the Post elections are just around the corner, and I am truly honored to have been nominated to be the

next Senior Vice Commander. It is an honor and privilege to serve both VFW Post 392, and the VFW as a whole. I have accepted this nomination with great pride.

The spring months are just around the corner and this is where we step up our different drives that support the VFW and especially our Veterans. I hope to see more volunteers out helping this upcoming year. Just remember Comrades, you could be one of the Veterans we help.

We have the Annual Cancer Dance coming up on the 18th of April, this will be the last VFW sponsored cancer dance, as the VFW will be diverting funds to different Veteran support programs in order to ensure that our Veterans will be taken care of. But we should take pride in what we have accomplished for cancer research and all of our survivors. We will not forget and we will not stop fighting for a cure.

Comrade Mike "Breeze" Barea has taken the forefront, and is putting together a Relay for Life team represented by our Post to participate for the Relay for Life being held June 6th at noon until the 7th of June at 0700. If you would like to donate or even participate - please see Mr. Barea or stay tuned for further information to be distributed. I have had the pleasure of participating and it is truly an emotional 18hrs.

Also Comrades - don't forget the annual Buddy Poppy drive for the Memorial Day weekend is coming up in May. Sign up sheets will be posted as we get closer to the event. This is the first of two Poppy drives we have, with the 2nd one during the Veterans Day weekend. As always Comrades,

please think about donating an hour or two for this very worthy cause! Remember - everything we do is for the benefit of all our Veterans. We cannot, and will not, forget. And if the government will not fully support and help the same individuals who fought so bravely for our country, then somebody has to do it ... and it might as well be us, the Veterans of Foreign Wars.

April 11th, Comrades, we will be holding a Texas Hold'em tournament beginning at 1900 with check in at 1800. This is open for VFW members, Ladies AUX, and Men's AUX only for this event. Prizes will be awarded and all proceeds will benefit the VFW Post 392 Veterans relief fund. So sharpen your poker skills, practice your poker face, and we believe this will be a very fun event! Sign up sheet is posted in the Post.

Until next time, faithfully yours.

**Jr. Vice Commander
Steven Graves**

[jr-vicecommander@
vfw392.hrcoxmail.com](mailto:jr-vicecommander@vfw392.hrcoxmail.com)



QUARTER- MASTER

2015 MEMBERSHIP DUES

2015 annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters

Third Floor, Room 316

406 West 34th St.

Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a Life or Life Installment, and never have to worry about renewals again!

E-NEWSLETTER

The Post Newsletter and Calendar of Events are available online, for free! To view them online, go to www.vfw392.org and click on the appropriate link along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link.

Ensure that you add the domain "vfw392.org" to your address book, it will prevent Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

The best method would be to email it to the Post. If you drop it off or email it, please include your telephone number and email address.

Quartermaster
John H. Phillips
post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

THE MEANING OF EASTER

The month of April is here and the locale stores have set out Easter baskets, stuff animals, and candy that lures our children's eyes.

Many people are wondering what Easter actually means, as the true meaning of Easter has been lost. What I can tell you is that it isn't about cute little fluffy chickens, nor does it have anything to do

with Easter bunnies.

It isn't even about Easter eggs, that's all for the children. Although, as adults the egg can represent 'new life' because new life hatches from the egg, and Jesus Christ was resurrected on the third day- giving us new life in Him.

But just like Christmas, the real meaning has been forgotten. For those of us who are Christians, we understand what Easter is all about. We must teach our children the REAL meaning of Easter.

In the Old Testament times, the priest would bring bulls, goats, birds, or a spotless lamb without any blemishes to be sacrificed as a sin offering for himself and for the people. The blood would purify and make atonement (forgive, make amends) for their sins. When Jesus Christ, came He was a representation of the sacrificial lamb to take away the sin of the world to make atonement for our sins.

Jesus Christ has done this once and for all. It's His blood that cleanses us from all sin. He was crucified on the cross (the form of execution in those days) and the sin of the world was upon Him, yet He was without sin and blameless. He bore it all. This is why Jesus is referred to as the 'Lamb of God'. He was bodily resurrected (came back to life) on the third day. He appeared to many - even eating and drinking with them. He appeared to them for 40 days, then ascended (went up to Heaven).

Suggested Reading: Acts 1: 1-11

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized,

or experience the loss of a loved one - *please* contact us *ASAP*! It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Bulletin Board at the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care at the location listed below:

- **Alfred L. Cope**
(FL)
- **Jan Gebelein**
(Home)
- **Wanda Wood**
(Home)

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **Thomas L. Melvin**
US Navy (Retired)
(Vietnam Veteran)
Passed: 25 Feb 2015
- **Donald R. Driscoll**
US Army
(WW II Veteran)
Passed: 26 Feb 2015
- **Georgetta E. Wells**
Passed: 14 Feb 2015

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

District 2 Chaplain
Post 392 Chaplain
Robert Duvall
chaplain@vfw392.hrcoxmail.com



POST SURGEON

Comrades and Sisters, our Members have been busy supporting our Veterans through our active hospital programs and individual assistance to veterans and their families. During the month of February, three VFW/LAUX members participated in three projects that benefited 10 VA Hospital patients and Veterans in need of assistance. These volunteers travelled an impressive 117 miles at their own expense. Our Post truly appreciates your time and service to Vets in need.

In the Dept. of VA news, Veterans now have the ability to track the status of most of their prescriptions online, thanks to an innovative idea by a Department of Veterans Affairs' (VA) employee. The new 24/7 service allows online tracking for most prescriptions mailed from the VA Mail Order Pharmacy. This innovative tracking feature will also include images of the medication that has dispensed. And later this year, they plan to launch a secure messaging feature that will alert Veterans when a medication was placed in the mail.

For additional information and access to your VA pharmaceutical information visit:

www.myhealth.va.gov

The Department of Veterans Affairs (VA) is currently accepting applications for the 2015 National Veterans Wheelchair Games. Registration opened in early January and will close on April 15th. This is "a sports and rehabilitation program for military service Veterans who use wheelchairs for sports competition due to spinal cord injuries,

amputations, or certain neurological problems". For additional information, please visit: <http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2668>

In closing, please keep in mind that we wouldn't be able to accomplish very much without the selfless devotion of our dedicated hospital volunteers. You too can help us succeed in this critical area by resolving to participate in at least one of these hospital projects this year. Every month presents new opportunities to help a Vet and reasons to get involved in your Post activities.

**Post Surgeon
Raymond Strawbridge**



AUXILIARY PRESIDENT

I hope and pray that this finds you well and enjoying the spring weather! Weeding, seeding, pruning and fertilizing are added to our chore list while we attempt to beautify our homes. In a sense, that is what we are doing at the Post as well!

At the April 7th meeting is Election of Officers. It starts promptly at 7 PM, and I would hope that we have a packed house! Supporting our Officers is vital to this organization - "to keep our purpose moving forward, to foster true patriotism, to assist the Post and members, and extend the institutions of American freedom and equal rights and justice to all men and women, and to preserve and defend the United States of America from all her enemies whomsoever." (Bylaws, Ladies Auxiliary)

We should also be supportive of all of our hard working Chairmen. Their time, sweat, and

tears should never go unnoticed or unappreciated as they are the backbone of this organization.

On March 11th we held the Community Service Awards ceremony at the Post, and I want to congratulate Sue Sowers for a spectacular job! I only wish that more of our Sisters and Comrades could of heard the essays and met the winners. It was very heartwarming and enlightening.

April 25th is Vets visit at the Post, starting around 10:30 a.m. If you are able to lend an hour or two contact Betz Girouard.

April 18th is our annual Cancer Dance! I know Tina Brown and Judy Lupole have been working hard to make this night memorable! Check the rest of this newsletter for more information.

In May we will be doing Bingo at the Hampton VA Hospital with our hospitalized Vets.

As we start to clean out from old man winter, don't forget to add a little extra time to your busy schedules to volunteer. There is always something to do, things that need to be done, and we can accommodate you as much as possible! Just talk to one of the Officers and we will point you in the right direction.

May God bless and keep you all.

**Ladies Auxiliary President
Colleen Lewis**

post@vfw392.hrcoxmail.com



AUXILIARY MEMBERSHIP

CONTINUOUS MEMBERSHIP

AWARDS

The Sisters listed below are requested to attend the next regularly scheduled meeting of the Ladies Auxiliary. Our Auxiliary

President stands ready to decorate you with the awards indicated:

35 Years Continuous Service:

Helen Bovinette

20 Years Continuous Service:

Joyce Kidd, Irene A. Jordan,
Molly Colvin

5 Years Continuous Service:

Kendra G. Edwards

Thank you for your service and congratulations!

Ladies Auxiliary Treasurer

Ellen Stogsdill

post@vfw392.hrcoxmail.com



MOC

Listen up Cooties,

For those of you who missed it we had a lousy Fun Day, we now have six new Third Degree Cooties in Pup Tents 1, 2 and 9.

For those of you who have thought about working breakfast (non-Cooties as well as Cooties are welcome) we have opening for you. People, you don't have many reasons for not checking breakfast out:

"I don't know what you do?" Well, check us out one breakfast! Other than Easter Sunday (5 April) we have a breakfast every Sunday with the last one of the year being on Mother's Day (10 May).

"If I'm not interested, you will bother me trying to get me back." Don't worry, if you decide that you are not interested we will not bother you.

"I don't know what I can do to help." Not a problem, we can find something for you – hell, they found something even I could do!

"I'm not sure I can commit to all the breakfasts of the team." Not a problem, out of the 10 breakfasts each tem works, most people miss

1 or 2 of them. We don't expect anyone to cancel their activities to be there for every team breakfast – we all have things come up that we have to do.

I wish everyone a Lousy April Fool's day!

Seam Squirrel

David R. Goldstein

cheng186@cox.net



MOCA

Out with old man winter and in with lady spring, happy April fool's day.

Casino Day at McGuire VA Hospital with PT 14 was another big success! Not sure who enjoyed themselves more the patients or Cooties.

State Convention will be held June 12-14, 2015 at Fort Magruder Hotel and Conference Center (6945 Pocahontas Trail Williamsburg). Call 757-220-2250 to make your reservations. Call early for the hotel fills up fast.

Cootie Dance will be Friday night tickets are \$10.00 you can get them at the door and you don't have to be a cootie to attend. This will be Past Seam Squirrel Doug Keller's year to be State Commander, let's show our support.

Chaplain, Ellen Stogsdill, stands ready to assist any members in need, and can be contacted via email, at ellenstogsdill@cox.net or (757) 777- 6275.

MOCA Hospital Chairman, Gail Payne (gail101@cox.net) stands ready to receive your hospital, nursing home & rehab hours, mileage, and any donations/gifts of cloths, books, magazines or food. Please report them and dollar \$\$ amount.

Please join us for Cootie Breakfast each Sunday from 9 – 11:30 AM, for a donation of \$8.00

Wishing everyone a Happy Easter!!

You, the members of MOC/MOCA #9 and Post 392 & Ladies AUX make a difference in the lives of our hospitalized Veterans and their families with the work that you do each day. I thank you for keeping them smiling in beds of white. I pray all stay well and warm.

Sisters if you need a ride to a meeting please contact me I will be happy to help you.

MOCA President

Jennifer Winn

jen_moca@cox.net



**CANCER AID
AND RESEARCH**

**DREAM BIG
HOPE BIG
RELAY BIG**

Relay For Life of Virginia Beach
Saturday June 6-7, 2015 | 12:00PM - 7:00AM | Salem High School
1383 Sunset Dr, Virginia Beach

Tiffany.Putnam@Cancer.org

[facebook.com/RFLVirginiaBeach](https://www.facebook.com/RFLVirginiaBeach)

Text Updates: Text 5967 to phone #22723

www.RelayForLife.org/VirginiaBeachVA

www.RelayNation.org

RELAY FOR LIFE

Greetings VFW Brothers and Sisters, I'm Mike Barea, "Breeze", retired Navy. I served honorably for over 30 years. I am also a cancer survivor. I recently celebrated my one year anniversary since having my prostate removed. Prognosis: Hopeful.

I took the liberty of signing up and registering our Post for a really important event. This was after receiving positive feedback from our Post meeting on March 3rd when it was discussed during "The Good of the Order".

Your fellow VFW-392 Post members and I will be walking around, enjoying music, games, and hanging out with a great community of people. All while making a difference in the fight against cancer. We have also reserved a campsite on the infield where we can set up a tent and fly our colors. A good opportunity to recruit and tell people all the good work that we do.

Doesn't that sound like a great plan? I know many of you in the Post have been directly or indirectly impacted by this insidious disease.

I'm supporting the American Cancer Society and participating in Relay For Life® of Virginia Beach on June 6 and 7. The event will take place at Salem High School. It starts at 12 noon on Saturday (6 June) and continues through Sunday morning (7 June) to 7 AM. I would be honored for you to join our team.

If you are unable to join our team there will be a VFW-392 Team Donation Page. Click on the link provided. Here you'll see a line that refers to the number of teams and participants. Click on the number of teams then scroll down until you find VFW-392 team. There you can either join or donate. Our VFW-392's Fundraising Goal is \$1000

Every Relay For Life event is a time for family and friends to honor cancer survivors, remember those lost to this disease, and raise funds and awareness to help end cancer forever.

By joining Our VFW-392 Post Relay For Life team and/or donating, it'll help us fundraise, so people in more communities will:

- have the information and tools they need to avoid getting

cancer or find the disease early, when it's easiest to treat

- have a place to turn for help 24/7
- benefit from the progress being made toward finding cancer's causes and cures
- get access to lifesaving screenings and treatment

Too many people will be touched by cancer this year. Relay For Life events are our opportunity to inspire hope by raising funds and awareness to help those facing the disease. I hope you will join our team or donate!

Please use the links below to check out our team page and register!

RelayForLife.org/VirginiaBeachVA

Captain Mike "Breeze" Barea
US Navy (Retired)



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200

Friday..... 1100-0000

Saturday-Sunday.....1100-2200
(Sunday's with Cootie Breakfast, the Canteen opens at 10 AM)

KITCHEN HOURS

Monday-Friday..... 1100-1400

Saturday / Sunday closed

WEEKENDS AT THE VFW

Start the weekend with Friday's Social Hour Prices from 4-6 PM!

The Canteen opens at 11:00 AM on Saturdays and 10:00 AM on Sundays when breakfast is being served. Come out and enjoy a cold beer or beverage.

NASCAR starts up this month. We have 9 televisions, so you will definitely have a good view to support your driver!

Come down and join your Comrades and Sisters at the Post!

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

<u>April 2nd</u> <u>Roast Chicken</u> Potatoes au gratin, green beans, roll, salad, & dessert \$8.50	<u>April 9th</u> <u>Meatloaf</u> mashed potatoes, peas, roll, salad, & dessert \$8.50
<u>Apr 16th</u> <u>BBQ Ribs</u> potato salad, baked beans, roll, salad, & dessert \$8.50	<u>Apr 23rd</u> <u>Italian Sausage</u> noodles, spinach, roll, salad, & dessert \$8.50

Apr 30th

Grill Your Own Steak
bake potato, roll, salad, & dessert

\$12.00

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>Apr 3rd</u> Shane Johnson DJ	<u>Apr 10th</u> Tim Hopkins Live Music
<u>Apr 17th</u> Shannon Cooper DJ	<u>Apr 24th</u> Jim Berry Karaoke & DJ

If you have any comments or suggestions for our Canteen, please let us know! And thank you for your service!

Chairperson
Pete Gebelein

Manager
Joe Halzack

canteen@vfw392.hrcoxmail.com



POST ANNOUNCEMENTS

NEWSLETTER ADVERTISING

**All ads are paid advertisements,
and are not endorsed by the
Veterans of Foreign Wars**

The Veterans of Foreign Wars Post 392 is offering advertising space for our newsletter. We have a monthly circulation of over 2100. All ads must be submitted and approved by the Post prior to the 15th of each month.

If you are interested please contact John Phillips, Post Quartermaster, for pricing and availability. 757-486-5875.

STATE OF VIRGINIA VETERANS AFFAIRS REPRESENTATIVE

We welcome Mrs. Harmon as our local VA representative and look forward to working with her concerning our VA questions and interests. She is available weekdays at her Virginia Beach office:

Pembroke Office Park
287 Independence Blvd.
Pembroke Two, Suite 130
Virginia Beach, VA 23462
Office: (757) 552-1884
Fax: (757) 552-1882

MEMBERSHIP **Volunteers Needed**

There are still 97 *memberships* who's dues will expire by June 2015 (June being the current elected Officers 'Term of Office' coming to a close).

These are significant numbers that, with some focus on retention, we can use toward our membership goals, and potentially enable us for 'All State' and 'All

American' awards.

What we could use is volunteers to assist in these efforts. Take pride in your Post and the Post Awards, and lend the membership team a hand in reaching Post 392's membership goals! Contact the Sr. Vice, myself, or any Post Officer if you would like to volunteer.

**SR. Vice Commander
Douglas Iles**

COOTIE BREAKFAST

**Breakfast every Sunday
0900 - 1130**

No breakfast Easter Sunday (April 5)

Please come and join us, you won't be disappointed! For \$8.00 you will get a hearty breakfast, omelets to order, fruits, coffee, juice, or adult beverages, and friends & comrades to enjoy your morning with.

For new customers who don't know why we do breakfast, we'll explain briefly. All breakfast workers are volunteers, giving up their time for this worthy cause. All money raised goes to support our hospitalized Veterans. For example: The Cooties and Auxiliary do a Casino Day in May over at the VAMC in Hampton. We also do a Christmas in July and again in December, distributing gift bags full of essentials and goodies.

This is just some of what we do for our hospitalized Veterans. As we are sure you have heard in the news, VA Hospitals are in dire need of assistance and we try to do our part to help those who gave so much. So your continued support is very important!

Volunteers Needed

We can always use more volunteers! You don't have to be a Cootie to volunteer, we welcome

anyone who wishes to join us. We are all volunteers working for a worthy cause. If anyone is willing to help us, please contact us!

**Breakfast Chairpersons
Doug Keller & Patty Stokes**

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-Atlantic Blood Services Region serving southeastern Virginia has issued an urgent request for blood. All blood types are needed.

If you are able to donate, please do so and let MOCA Hospital Chairman, Gail Payne, know at: gail101@cox.net. Recording the number of donors reflects in our community services.

[www.redcrossblood.org/
midatlantic](http://www.redcrossblood.org/midatlantic)

1-800-RED-CROSS
(1-800-733-2767)

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall
- Joseph G. Brady

They are authorized to legally notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc. Please check with the VFW main office for appointment.

Be aware that under VA code the notary must acknowledge:

- Signer must personally appear before the notary
- Signer is positively identified
- Signer must affirm under oath the accuracy of the document.

Acceptable Forms of Identification:

To be acceptable, the ID must be one of the following and current:

- Driver's license or State issued

ID card

- U.S. Passport
- Foreign Passport (INS validated)
- Driver's license issued in Mexico or Canada
- U.S. Military ID Card.

We do not rely on Social Security cards or photo ID cards issued by non government entities. Under the law the notary has the right to refuse, if he /she suspects anything may be false or wrong.

TEXAS HOLD'EM TOURNAMENT

April 11th
Check In 6:00 PM
Starts 7:00 PM

We are holding a Texas Hold'em tournament at Post 392. This event is open for VFW members, Ladies AUX, and Men's AUX only. Buy-in will be \$25.00 and you will receive \$1,500 in chips.

Prizes will be awarded and all proceeds will benefit the VFW Post 392 Veterans Relief Fund. So sharpen your poker skills, practice your poker face, and we believe this will be a very fun event! Sign up sheet is posted in the Post

GOLF OUTTING

April 12th
12:00 PM

Post 392 will have it's first monthly golf outing on April 12th at Kempsville Greens commencing at 12 noon. Cost will be \$29. Signup sheet will be posted at the Post. The monthly golf outing is open to all members, friends and family. Come on out and have a great time!

CORRECTIONS

We welcome any comments, suggestions, or complaints about

errors that warrant correction.

They can be directed to any of the Post 392 Officers, or email them directly to the Newsletter Chairman at mcullen4@live.com, or to the Webmaster at webmaster@VFW392.org.



29th of April, 1975: Refugees from South Vietnam debark USMC CH-53 Sea Stallion helicopters on the flight deck of the USS Hancock (CVA-19) during Operation Frequent Wind, just before the fall of Saigon.

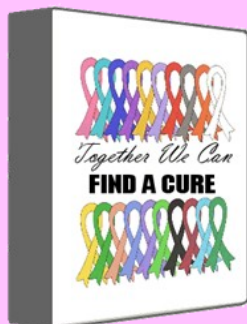


ANNUAL CANCER DANCE

Fundraiser
Presented By
THE LADIES AUXILIARY
On
APRIL 18th, 2015



"SPRING HAS SPRUNG FOR A CURE!"



Timetable:

1700 to 1800:	SOCIAL
1800 to 1900:	DINNER
1900 to 2200:	DANCING



DINNER:
**SPAGHETTI WITH
MEAT SAUCE, GARLIC BREAD,
& TOSS GARDEN SALAD**

\$12.00 PER PERSON

TERRIFIC RAFFLE PRIZES & GREAT MUSIC TO DANCE TO

VFW



VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392
 2408 Bowland Parkway
 Virginia Beach, VA 23454-5207

Phone: (757)486-5875
Fax: (757)486-3576
E-Mail: post@vfw392.hrcoxmail.com
Web Site: www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			<ul style="list-style-type: none"> • House Committee Meeting 7:00 PM • MCL Meeting 7:00 PM 	<ul style="list-style-type: none"> • Roast Chicken 6 - 7:30 PM 	<ul style="list-style-type: none"> • Good Friday • Entertainment Shane Johnson 	
5	6	7	8	9	10	11
<ul style="list-style-type: none"> • Easter • No Cootie Breakfast 	<ul style="list-style-type: none"> • VFW / LAUX Staff Meeting 6:30 PM 	<ul style="list-style-type: none"> • VFW / LAUX Post Meeting Officer Elections 7:00 PM 		<ul style="list-style-type: none"> • Meatloaf 6 - 7:30 PM 	<ul style="list-style-type: none"> • Entertainment Tim Hopkins 	<ul style="list-style-type: none"> • Texas Hold'em Tournament Check In: 6:00 PM Starts: 7:00 PM
12	13	14	15	16	17	18
<ul style="list-style-type: none"> • Cootie Breakfast 9 - 11:30 AM • Golf Outing 12:00 PM 	<ul style="list-style-type: none"> • FRA 166 Staff Meeting 	<ul style="list-style-type: none"> • MOC / MOCA Meeting 7:00 PM 	<ul style="list-style-type: none"> • Taxes Due 	<ul style="list-style-type: none"> • BBQ Ribs 6 - 7:30 PM 	<ul style="list-style-type: none"> • Entertainment Shannon Cooper 	<ul style="list-style-type: none"> • Cancer Dance 5-6 PM Social 6-7 PM Dinner 7-10 PM Dance
19	20	21	22	23	24	25
<ul style="list-style-type: none"> • Cootie Breakfast 9 - 11:30 AM 	<ul style="list-style-type: none"> • FRA 166 Branch Meeting 	<ul style="list-style-type: none"> • MCL Staff Meeting 7:00 PM • IOOB Meeting 7:30 PM 	<ul style="list-style-type: none"> • Earth Day • AOA Meeting 6:00 PM 	<ul style="list-style-type: none"> • VVA Chap. 969 Board Meeting • Italian Sausage 6 - 7:30 PM 	<ul style="list-style-type: none"> • Entertainment Jim Berry 	<ul style="list-style-type: none"> • VA Hospital 10:00 AM Vets brunch at Post 392
26	27	28	29	30		
<ul style="list-style-type: none"> • Cootie Breakfast 9 - 11:30 AM 	<ul style="list-style-type: none"> • HRVCO Meeting 7:00 PM 	<ul style="list-style-type: none"> • VVA Chapter 969 Meeting 7:00 PM 	<ul style="list-style-type: none"> • House Committee Meeting 7:00 PM 	<ul style="list-style-type: none"> • Grill Your Own Steak 6 - 7:30 PM 		

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