



Veterans of Foreign Wars of the United States  
 General MacArthur Memorial Post 392  
 2408 Bowland Parkway  
 Virginia Beach, Virginia 23454-5207  
 (757) 486-5875  
 www.vfw392.org

**2011 Membership Goal 1800**  
**Current 2010 Membership 1704 / 97.76 %**

## August 2010 - VOLUME 22, NUMBER 2

### 2010–2011 Officers

Post Commander.....Dave Curtis	Ladies Auxiliary President.....Denice Moran
Sr. Vice Commander.....Pete Gebelein	Ladies Aux. Sr. Vice President.....Denice Moran
Jr. Vice Commander.....Bill Sowers	Ladies Aux. Jr. Vice President.....Suzie Forehand
Quartermaster.....John Phillips	Ladies Aux. Chaplain.....Gail Stanley
Chaplain.....Bob Duvall	Ladies Aux. Treasurer.....Mary Richards
House Committee Chairman.....Ralph Stephens	Seam Squirrel.....Joe Brady
Service Officer.....Gunnar Gudjonsson	M.O.C.A. President.....Gail Payne
Surgeon.....Ernest Cox	Judge Advocate.....Lyle Soule

### COMMANDERS CORNER

Check the calendar on the bulletin board for what’s going on this month, you might find something that interests you. We’ll be doing bingo at the VA Hospital on the 28<sup>th</sup> and would like to have a few volunteers. The National Convention is being held in Indianapolis this year from 21 August through 27 August. Anyone who is going as a delegate can pick up their registration card from the Quartermaster or me at the office. Don’t leave home without it. At our business meeting in July the Post voted for an early bird membership discount of \$5.00. Renew your annual dues on or before 30 September to be eligible and the renewal is \$25 vice \$30. I have received Rx discount prescription cards that can provide a discount on medical

prescriptions from many local pharmacies. The discounts are up to 50% on generic and 40% on name brand drugs. They are free with no gimmicks and are available to anyone. If you know anyone who needs help with their prescriptions see me and pick up what you need. Bob Duvall was elected to fill the Chaplain’s position, John Burns agreed to be the Adjutant and Gordon Waite was elected to fill the vacant Trustee position. Thanks to them, we now have all the positions filled. The annual Post picnic is coming up on September 11<sup>th</sup> and we are looking forward to another good one. Jr. Vice Bill Sowers is the picnic Chairman and he could use some volunteers, from the Post and the Ladies Auxiliary. If anyone is interested see Bill. At our business meeting in July the Post was honored to have 2<sup>nd</sup> District Congressman Glenn Nye and 5 outstanding

Virginia Beach youth for a visit. Four were Eagle Scouts and one young lady was a Venturing Crew Leader. All had previously received the U.S. Congressional Gold Medal Award and had earned the highest BSA Venturing Silver Award. Combined the five have contributed over 5,000 hours of community service. It was an honor to present the VFW Citizenship Medal and Certificates to these outstanding young people. Thanks to Wes Gibson for arranging the ceremony.  
 Yours in Comradeship  
 Dave Curtis, Post Commander  
 david.ha.curtis@verizon.net

**2011 MEMBERSHIP**  
**RENEWAL**  
**2011 Early Bird**  
**Membership renewal.**  
**Renew by September 30,**  
**2010 and receive a \$5.00**  
**discount. Annual renewal**

**dues will be \$25.00 and return to \$30 on 1 Oct.**

**New Members:** I extend a warm welcome to the new members who were voted into our Post at the July regular meeting.

**New Annual Members**

Louis J. Luedtke II

Terrance A. Nolan Jr. Gregory

J. Schleyer

Earl B. Smith

James F.

Szewczyk

Richard

J. Wert

Robert C. Wolfe

**Transfer & Returning Members**

**Michael S. Keane**

**Jenny L. McCorkle**

Thank you for your service and welcome aboard.

**Birthdays:** I wish a very "Happy Birthday" to William F. Briesacher, William H. Clark, James J. Drew, Deborah K. Sou, David H. Weast and 148 fine comrades. I also extend Birthday Wishes to Roseann Briesacher, Pamela Strickland and 22 other fine sisters.

**Post Meetings:** Post meetings are held the first Tuesday of each month. Our next meeting is at 19:00 (7 pm) on 3 August, I am looking forward to seeing all of you at the meeting.

**Membership Eligibility**

**Question:** Can a Post require a DD214 before accepting an individual's application?

**Answer:** No. Section 103, Paragraph 3, of the National By-Laws, provides that "**the Post Reviewing Committee shall not recommend acceptance of**

**an application unless eligibility has been fully determined.** The Post is accountable for the eligibility of every member accepted into membership." There is nothing in the National By-Laws stating that a **DD214** is the only document that can substantiate eligibility. Copies of orders, LES, etc., are other sources of eligibility.

**Therefore, all applicants are required to provide proof of eligibility prior to being voted into the VFW.**

**SENIOR VICE COMMANDER**

Hello Fellow Comrades, I am honored to be the Senior Vice Commander of General MacArthur Memorial Post 392. On July 10th the Post held a picnic for the Veterans of the Hampton, Va. Hospital, that day left an impression on me. The smiles on their faces made me feel proud of what we did for them. I want to thank everyone that volunteered.

For Early-Bird Renewals (by September 30, 2010) - the cost is \$25.00. On 1 Oct renewals will return to the standard rate of \$30.00 a year.  
Senior Vice Commander  
Peter Gebelein

**JUNIOR VICE COMMANDER**

**BILL SOWERS 641-0471  
BOSN@SPRYNET.COM**

**"My country may be right or my country may be**

**wrong...,but it is still my country and serve it I shall"**

*(unknown)*

The first Tuesday of each month we meet in the main hall. Some meetings are simple and short and some are longer and more complex. **ALL** are necessary to keep our post operating well. Many of you are members of other organizations and able to compare experiences and know that, like them or not, our post leadership has been very successful for many years. These dedicated men and women are our representatives and are here to serve us. Come to the meetings, get involved, chair a committee, donate some time!!!

Recent events were worthy and went off well. We presented Congressional Scouting medals to 4 Eagle Scouts and 1 venturing Crew Leader. Congressman Glenn Nye spoke to us and the ladies had a well attended **DISABLED VETS** picnic.

Upcoming events that still need some help are as follows:  
August-- We will hold 2<sup>nd</sup> District meeting in our post on the 7<sup>th</sup>. Lunch at 1200 with the meeting at 1:00PM  
September... 11<sup>th</sup> is patriots day at 0800, we need volunteers to help us.  
The post picnic is the 11<sup>th</sup>, the co-chairs are the Junior Vice and Gail Stanley of the ladies auxiliary. We are looking for volunteers. Please sign up in clubroom.  
Golf tournament is September 24<sup>th</sup>. Sign ups for all these events

are in the post. We need more volunteers.

The following comrades have earned the Continuous Membership Award indicated below. Please attend the next General Membership Meeting to receive your lapel pin. If you are unable to attend the meeting, contact any Post officer and your pin will be presented. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

**THIRTY (30) YEARS OF CONTINUOUS SERVICE**

Peter A. Herranen  
Albert S. McCarthy  
Edwin A. Schoen

**TWENTY (25) YEARS OF CONTINUOUS SERVICE**

Harold M. Barks  
William L. Dean  
Charles D. Shoemake

**TWENTY (20) YEARS OF CONTINUOUS SERVICE**

John W. Cake III  
James J. Drew  
William G. Glenn  
Kenneth C. Hash

**FIFTEEN (15) YEARS OF CONTINUOUS SERVICE**

Heinrich W. Bracker  
Serge Drillock  
James F. Mahoney  
Kent E. Osborn

**TEN (10) YEARS OF CONTINUOUS SERVICE**

Noel L. Bankston  
Gary L. Felder  
William S. Holloman  
Robert C. Paul  
Rodney F. Schall  
Harry R. Stewart

**QUARTERMASTER**

**MEMBERSHIP LIFE INSTALLMENT PLAN**

Attained Age by 12/31			
.....1-Time Pmt	12-mo...	24 mo	
To Age 30..	\$425	40.39...	20.23
31-40.....	410	39.02...	19.58
41-50.....	375	35.84...	18.05
51-60.....	335	32.20...	16.32
61-70.....	290	28.11...	14.36
71-80.....	225	22.20...	11.53
81 & over...	170	17.20.....	9.14

Using the Installment Plan requires \$35 at application, with 11 or 23 Monthly payments, which includes a \$1.75 per month administration fee. The member will be issued a provisional Life Membership card initially, followed by a permanent card when all payments have been made. A member may elect to pay by check, credit card or ACH Debit. Non-payment could potentially result in being dropped from the payment plan and applying any funds received to future years' dues.

**John H. Phillips**  
**Quartermaster**

Email: [post@vfw392.hrcoxmail.com](mailto:post@vfw392.hrcoxmail.com)

**CHAPLAIN'S CORNER**

The following members of the

Post have fallen ill or have been hospitalized:

Tommy Jo Camp VBG Rm 362  
Ed Wilkerson VBG  
Nick Nickerson VA Hospital  
Nursing Home  
Ron Jones PNH

Our thoughts and prayers are with you, and we wish you all a speedy recovery.

**TAPS**

The following comrades and sisters have answered the final summons:

Walter Ciechon 9 July 10

The march of our comrade is over and he lieth down in the house appointed for all the living. May the Lord give his grace and comfort to his family in this time of sorrow.

**NOTE: Comrades, when you or a family member falls ill, please contact the Post and let us know. It is important that we extend our hand in any way possible to aid and comfort our fellow comrades in their time of need. We each maintain a certain degree of self-reliance and independence but if we cannot fall back upon our VFW Family, upon who are we to call?**

**Bob Duvall**  
**Chaplain**

## **LADIES AUXILIARY** **PRESIDENT**

I would like to thank all of my sisters for their votes of confidence in electing me their President. Together we will have a great year doing great work for our Veterans. At our first meeting of the year, on July 6<sup>th</sup> we had good turnout of members (considering summer vacations and the heat). It is important to attend our Aux. meetings so that you can have a say and a vote in what we do for our Vets. Getting involved is fulfilling and rewarding. We need you, and so do the Veterans we serve.

At the June meeting, our Past President Chris Cassirer presented the many awards our auxiliary received at state convention in June for the past year's accomplishments. Chiefly among them were the awards for number one in the state for Cancer Aid & Research Fundraising and our Banner for 100% membership. We should all be very proud and a special thank you to our Co-Chairs for Cancer Aid & Research Tina Brown and Judy Lupole and our Membership Chair Mary Richards.

The Post and Ladies have a monthly visit to the VA hospital in Hampton on the 4<sup>th</sup> Saturday of each month. We have a movie, or play bingo and have refreshments for the Vets. There will be a sign up sheet in the canteen for volunteers. The same few people from both the Post and the Ladies do this every month and we could use some fresh help.

Upcoming Events to put on your calendars are: District 2 Meeting August 7 hosted by our own Post 392 and District School of Instruction on August 14 10:30am at Post 4809.

I'm so looking forward to this coming year with all the wonderful things we will do for our Veterans. To quote author, Katherine Graham, "To love what you do and feel that it matters – how could anything be more fun". So, let the fun begin!

Denice Moran  
Ladies Auxiliary President  
Email: d Moran@specialtyproducts.net

## **LADIES AUXILIARY** **MEMBERSHIP**

Dear sisters:

The sisters listed below are requested to attend the regularly scheduled meeting of the Auxiliary to be held on August 3rd, 2010. Auxiliary President Denice Moran stands ready to decorate you with the Continuous Membership awards indicated.

### **TWENTY (20) YEARS OF CONTINUOUS SERVICE**

Anna L. Edwards

### **FIFTEEN (15) YEARS OF CONTINUOUS SERVICE**

Mary J. Mitchell  
Hope Pulju

### **TEN (10) YEARS OF CONTINUOUS SERVICE**

Patricia Goodwin  
Judy Inman  
Sally J. Knapp

### **VETERANS/FAMILY**

## **SUPPORT**

### **VFW National Home for Children**

Do you know that the VFW and its Ladies Auxiliary has a National Home for Children? It was established in 1925, located on 629 acres in Eaton Rapids, Michigan, it consists of a neighborhood of custom homes (One is the Virginia Home), service buildings and recreational land. The home receives no government funding, so donations are essential to maintaining the residential programs available on campus.

The Ladies Auxiliary promotes funding for the National Home for Children through the Health and Happiness/Christmas Cheer Fund. Auxiliaries are asked to contribute 10 cents per member. (Ladies Auxiliary VFW Post 392 contributes 25 cents per member each year)

### **Ladies Auxiliary Continuing Education Scholarship**

One scholarship of \$1,000 is awarded to a candidate for each of the four Ladies Auxiliary VFW Conferences. Begun in 2006, this scholarship is available to members, their spouses or children over 18 years of age who are pursuing a college degree or technical trade. Membership in the Ladies Auxiliary for at least one year prior to the application is required. Applications can be downloaded from the Web site and must be received at National Headquarters by February 15, 2011.

We need to promote and encourage participation in this unique educational opportunity offered exclusively for the Sisters in our organization and their families.

**MEMBERSHIP** Ladies the time is here for you to help our VETERANS by paying your 2011 dues. Annual dues are \$20.00 per year, but if you pay before September 30, 2010 we will give you your annual dues for \$16.00. Get your dues in by July 30, 2010 and you will have 3 chances to win a Life Membership, by August 30 2 chances and by September 30, 1 chance. The earlier you pay your dues the better chance you have to win a Life Membership for yourself. Make check (Payable to LAVFW Post 392) in the amount of \$16.00 and send to Mary V Richards, Treasurer, 6351 Tappahannock Drive, Norfolk, VA. 23609.

**HOSPITAL PROGRAM** I want to thank all the volunteers that worked the picnic for the Veterans from the Hampton VA Medical Center on July 10, 2010. We had 40 Veterans that came by bus with 5 VA Hospital workers. We had 26 VFW and Ladies Auxiliary Volunteers. **GREAT WORK!** We served hamburgers, hot dogs, baked beans, potato salad, coleslaw, soda and all kinds of deserts. All was made by the members of this Post. We also had entertainment for the Veterans by Captain Moose. Fun was had by all. Come join us with working with our Veterans at the VA Hospital

Mary Richards

Treasurer

## **M.O.C. / M.O.C.A.**

Well we made it through my first scratch without any problem. We all had a LOUSEY time.

Remember that you do not have to be a Cootie to help, events coming up are a good way to get involved and help Vets.

Christmas in AUGUST any way you can help step up to the plate; Gail and I would Love to have your help.

A reminder Summer is here and just because the sky is overcast that does not mean you won't burn, sun block works; use it.

The Golf Tournament is scheduled for Friday 24th September, check the attached flyer.

Still can use some help with the Vets on two Saturdays each month. Do you have ideas you want to share, come to the monthly VFW meetings. We would like to fill our PUP Tent with NEW Cooties, interested?

You must be asked to join, by volunteering you come to the attention of current Cooties and get asked to join the Pup Tent.

Well enough for now, have a good summer and look forward to starting up breakfast again.

SEAM SQUIRREL

Joe Brady

As we begin a new year of serving our Veterans we have decided to add a new event, **Christmas in Summertime.** Tentatively on August 21<sup>st</sup>, we will be visiting the VA hospital along with Santa (in his vacation clothes) to deliver goodie bags to the patients in the spinal and psych wards, and the nursing

home. I urge everyone to come along as it is a great event. Remember, you need not be a member of the Cooties to volunteer!

I would like to welcome our new members, Phyllis Bledsoe and Maureen "Mo" DeGrush. They have been working so hard at volunteering; we decided to give them more to do!

As our Chaplain Annette Bush has moved back to Texas and has had to tender her resignation (boo hoo), we will be holding an election for the office of Chaplain at our August MOCA meeting. If anyone is interested please contact me or come to the next meeting. Unless I have a letter of acceptance of office, you must be present for elections.

As always, I urge the donation of blood. The stock levels in the Tidewater area are shockingly low. If you donate, please contact Denice Moran, Hospital Chairman.

Your officers and I stand ready to serve at any time.

**Gail M. Payne**

**M.O.C.A. President**

**Email: [gpayne@specialtyproducts.net](mailto:gpayne@specialtyproducts.net)**

## **Thank God It's Friday!!**

This is the time of the week to unwind from the rat race enjoying a quiet evening of entertainment, socializing with your friends and taking a great opportunity to make new friends. Social hour prices are in effect from 4 to 6 PM.

From 6:00 to 8:00 PM the kitchen will offer steamed shrimp and our full menu is available.

## THURSDAY NIGHT DINNERS

August 6th, 2010

Fried Chicken  
Mashed Potatoes & Gravy  
Green Beans  
Hot Rolls  
Fresh Salad Bar  
Desert  
Cost \$7.50

August 13th, 2010

Spaghetti & Meatballs  
Garlic Bread  
Fresh Salad Bar  
Dessert  
Cost: \$7.50

August 20th 2010

Ham & Cabbage  
With Peas & Carrots  
Hot Rolls  
Fresh Salad Bar  
Dessert  
Cost: \$7.50

August 26th 2010

Grill Your Own Steak  
Sautéed Mushrooms &  
Onions  
Baked Potatoes  
Hot Rolls  
Fresh Salad Bar  
Dessert  
Cost: \$9.50

**CANTEEN NOTICES**  
**CHECKS & LARGE**  
**BILLS Help! Help!**  
**Remember we are not a**  
**Bank, please try to keep**  
**your checks and big bills**  
**(100s & 50s) to a**

**minimum; we have an  
ATM machine for your  
convenience.**

**MEMBER BOTTLES &  
PERSONAL GLASSES** We are  
being overwhelmed with  
members' bottles and have run  
out of room. Some members  
have 3, 4 and even 5 bottles – this  
is **NOT** acceptable. We will start  
dating bottles and any bottle left  
over 90 days will be removed  
from behind the bar. There are  
still lockers available at \$12.00 a  
year.

**Personal glasses** (over 20) and  
beer holders are also becoming a  
problem. This is not intended for  
patrons who frequently participate  
in post/canteen functions.

Looking forward to your  
patronage.

### **SUNDAY AT THE VFW**

Sunday at the VFW is a day with  
something for everyone. The  
Canteen will open at 11 AM with  
all your favorites on tap and in  
bottles. We have six (6) TV's,  
five (5) are large Flat Screens.  
The 2010 NEXTEL Cup Season  
is in full swing. Social hour  
prices will be in effect for all  
Official NASCAR races. The  
NFL pre-season is kicking off.  
Come down and spend a Sunday  
afternoon with your comrades and  
sisters at the Post.

**Ralph Stephens**  
**House Committee Chairman**  
**Betty Stephens**  
**Manager**

### **ENTERTAINMENT**

## **TOMMY SCHRYVER GOLF TOURNAMENT**

The tournament will be held at  
NAS Oceana on Friday 24  
September. After the tournament  
there will be a grill your own  
steak/award ceremony/raffle  
drawing at the Post. The cost for  
the day will be \$60.00. Payment  
is due prior to tournament day.  
Sign-Up sheets are posted in the  
Post canteen. We are looking for  
hole sponsors and raffle  
donations. For further  
information contact me/Tina  
Brown at the Post or email me at  
jellsworth1@cox.net.

**Jack Ellsworth**  
**Chairman**

**Tina Brown** **Co-  
Chairman**

## **STATE OF VIRGINIA VETERANS AFFAIRS REPRESENTATIVE**

Every Tuesday from **11 AM to  
4 PM**, Ms Elizabeth Bonin is at  
the Post to answer your questions  
concerning veteran's affairs. She  
has provided this valuable service  
and helped many of our comrades  
and sisters get the benefits they  
solely earned. She stands ready  
to assist you. So, please come out  
and talk to her.

**Liz Bonin**

## GET OFF THE COUCH

Hi landlubbers. I am remiss in not giving a post (return) cruise report last month. We had a ball. To make the cruise more enjoyable we received a \$486.00 per room credit and a nice iced bottle of Champagne in each room. It does not get any better than that. All this plus the fact cruise liner Royal Caribbean outdid themselves in providing all kinds of activities for everyone and outstanding nightly live shows. I have posted some photos of the motley cruise partners to show what you were missing. I am sorry to report that Royal Caribbean will not be stopping at Norfolk anymore so we will be looking for another liner for next

year. You really do not know what you are missing and enjoying – Total Relaxation. Now if you would please go to [www.vfw392.org](http://www.vfw392.org) and observe the fun.

Thank You, Chuck Ember  
Cember1580@verizon.net

## September 2010 VFW PICNIC

Meeting number 2 was held on 27 July at the post home.

Present were:

BILL SOWERS - GAIL  
STANLEY- DAVE CURTIS-  
DOUG- MAUREEN  
DEGRUSH -CHRIS  
CASSIRER- PATSY STOKES-  
ROSA LEE ELLISON-  
GUNNAR

The proposed menu is grilled chicken, hamburger/hotdogs, BBQ, Cole slaw, potato salad and beans by our cooks.

Melons, brownies, cookies, watermelon, soda, keg beer,, buns, plastic ware, and small bottled water will be purchased during the week prior to the picnic. We can have the kitchen Friday and Saturday mornings. We will be using the back soda machine and the Junior Girls will assist with it. If we do our own cooking w will have nothing but great food.

A volunteer signup sheet was posted

We are anticipating having the following events:

Moon Walk

Dunker Booth

Sno Cones

Cotton Candy

Band

Dare

EVMS

K9 Police

Fire Truck

Media Coverage

Chicken Bingo (2 Chickens)

Sack races, kids games, cup cake decorating, -Junior girls

K of C color guard

Drum and Bugle (Kedive)

Face painting, hula hoop, sack race, egg throw, and balloon toss

## EVENT SCHEDULE

Friday 9/10/10 - Tents and decorations are set up

Saturday 9/11/10-

Picnic 1200-1700

0800-Set up

1130-Commence cooking,

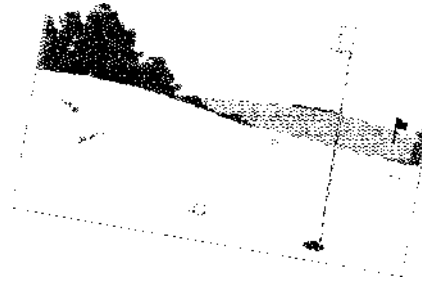
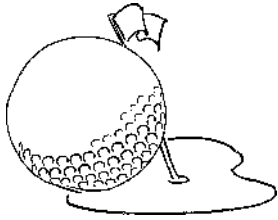
Opening ceremonies in place

1200– Remembrance Day  
Ceremony

Volunteers are needed for the Picnic. The signup sheet is posted on the bulletin board. It will be more fun if you jump in and help.

## HELP WANTED

**We are still looking for volunteers for our monthly visit at the VA Hospital in Hampton on the fourth Saturday of the month. It would be ideal if we could have 15 or 20 volunteers to make up 3 or 4 teams.**



**VFW POST 392**

**Annual Tommy Schryver  
GOLF TOURNAMENT**

**Friday,**

**September 24th , 2010**

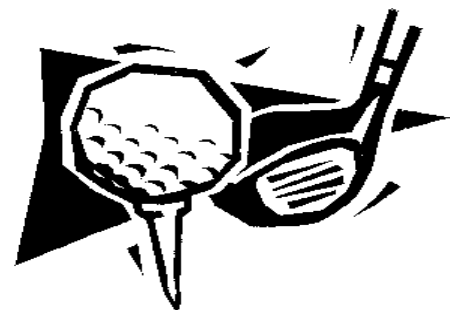
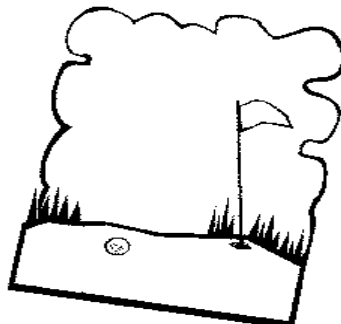
**NAS Oceana Golf Course The game is  
"Four Man Florida Best Ball"**

**Price \$60.00 per player.**

**Shotgun Start at 8:00 A.M.**

**Sign up list is posted in the Canteen  
or call 486-5875.**

**A wonderful cook your own steak dinner  
at the Post will follow the day of golf.**



# **VFW POST 392 ANNUAL PICNIC**

**SEPTEMBER 11, 2010  
12:00 - 5:00PM**

**DOOR PRIZES  
PLAZA RESCUE  
MOONWALK  
COTTON CANDY  
CLOWN  
DARE**

**CHILDRENS CONTESTS  
50/50 RAFFLE  
VFW MEMORABILIA  
CHICKEN BINGO  
FIRE TRUCK  
DUNKING TANK**

**BBQ PICNIC LUNCH AND AVAILABLE DRINKS FREE TO ALL  
POST MEMBERS AND THEIR FAMILIES.**

**QUUESTS ARE \$5.00 PER PERSON**

**VOLUNTEERS ARE NEEDED  
SIGN SHEET ON POST BULLETIN BOARD**

**NEED MORE INFO?  
CONTACT  
BILL SOWERS 641-0471  
GAIL STANLEY 368-4268**



# VFW



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**THE RED, WHITE AND BLUE - 392**

SUN	MON	TUE	WED	THU	FRI	SAT
<b>AUG 1</b>	<b>2</b> VFW/LAUX Staff Meeting 5:30 PM	<b>3</b> Post /LAux Meetings 7 PM	<b>4</b> Marine Corps League Mtg 7PM	<b>5</b> Fried Chicken 6 - 7:30 PM	<b>6</b> Steamed Shrimp 6 - 8 PM Premium Blend	<b>7</b> 2nd District Lunch 12 PM Mtg. 1PM
<b>8</b> Salty Dawg Mtg	<b>9</b> FRA 166 Staff Mtg 7PM	<b>10</b> MOC / MOCA Meetings 7 PM	<b>11</b> American League Mtg 7PM	<b>12</b> Spaghetti & Meatballs 6 - 7:30 PM	<b>13</b> Steamed Shrimp 6 - 8 PM Entertainment DEMI	<b>14</b> VJ Day
<b>15</b>	<b>16</b> FRA 166 Mtg. &PM	<b>17</b>	<b>18</b> USMC League' Mtg AO Assn Mtg	<b>19</b> Ham & Cabbage 6 - 7:30 PM	<b>20</b> Steamed Shrimp 6 - 8 PM Entertainment Mr. Kean	<b>21</b> National Conv. 21-28 August.
<b>22</b>	<b>23</b>	<b>24</b> Vietnam Vets Mtg	<b>25</b>	<b>26</b> Grill Your Own Steak 6 - 7:30 PM	<b>27</b> Steamed Shrimp 6 - 8 PM Entertainment Jim Hopkins	<b>28</b> VA Hospital Visit 12:30 PM Bingo
<b>29</b>	<b>30</b>	<b>31</b>	<b>SEPT 1</b> House Committee Meeting 7 PM	<b>2</b>	<b>3</b>	<b>4</b>

**AUGUST 2010-VOLUME 22, NUMBER 2**