

August 2013 - VOLUME 25, NUMBER 2

State of Bunker Hill (Hill 122, Korea) begins in 1952State of Bunker Hill (Hill 122, Korea) begins in 1952COMMADES AND SISTERS What a great year 2012-2013 was. Check out our website to see the awards that the Post received at our last meeting from the District Two Commander. The Post should do as good this year, if not better but we need the volunteers to step up to the plate and lend a hand. We still have some vacancies to fill in order to accomplish our goals. See the Senior Vice Commander and he will fill you in with our needs. Let's not forget membership. Our strength is in our membership, so let's get out and recruit. The Post finished the year with 1,760 members. Let's shoot for 1,800 this year!have a handle on setting it up, but we will still need Volunteers to stot for 1,800 this year!have a handle on setting it up, but we will still need Volunteers to stot for 1,800 this year!have a handle on setting it up, but we will still need Volunteers to stot for 1,800 this year!have a handle on setting it up, but we with 1,760 members. Let's shoot for 1,800 this year!have a post finished the to an A-bomb (WWII) over Nagasaki in 1945S/10S/10S/10S/10S/11Last US ground combat unit departs from South VietnamS/12Battle of Bunker Hill (Hill 122, Korea) begins in 19528/12Battle of Bunker Hill (Hill tage and have your say.S/12S/12S/12S/12S/128/13Sattle of Bunker Hill (Hill tage and have your say.S/12S/12S/12S/12S/128/14USCG established in 1790 to C RU and and get involvedS/12S/12	2013 - 2014 OFFICERSPost Commander							
 DATES TO REMEMBER PATES TO REMEMBER POSE Staff Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 17th, VA Hospital, 'Christmas in August'. See any Post Officer Post Picnic: Sept 8th, see any Post Officer Post Picnic: Sept 8th, see any Post Officer Campbell Soup Labels: benefits NHC, see Amy Kiger Funeral Services: as required, see Chap. Bob Duvall Chairpersons Needed: various programs, see any Post Officer Recruit Members: applications at the Post, see any Post Officer 	CALL COMRADES AND SISTERS What a great year 2012-2013	we will still need Volunteers to assist. Always remember that this is your Post! Come to the meetings and have your say.	 122, Korea) begins in 1952 8/14 Official announcement of Japan's unconditional surrender in 1945 					
Junior vice Commanuel and caparts non South Vietnam I Door 200 Nappe Voy	received at our last meeting from the District Two Commander. The Post should do as good this year, if not better but we need the volunteers to step up to the plate and lend a hand. We still have some vacancies to fill in order to accomplish our goals. See the Senior Vice Commander and he will fill you in with our needs. Let's not forget membership. Our strength is in our membership, so let's get out and recruit. The Post finished the year with 1,760 members. Let's shoot for 1,800 this year! The Post Picnic is on track, our	 DATES TO REMEMBER 8/4 USCG established in 1790 8/6 Chinook helicopter shot down in Wardak Providence, Afghanistan killing 38 people including 17 US DEVGRU special operation forces in 2011 8/6 The Enola Gay drops worlds 1st atomic bomb over Hiroshima in 1945 8/7 Operation Desert Shield begins, US forces arrive in Saudi Arabia in 1990 8/9 The Bockscar drops the 2nd A-bomb (WWII) over Nagasaki in 1945 8/11 Last US ground combat unit 	 Post Staff Meeting: Aug 5th, at 1730. All Officers & Chairmen Post Meeting: Aug 6th, at 1900. Attend and get involved VA Hosp Visits: Aug 17th, VA Hospital, 'Christmas in August'. See any Post Officer Post Picnic: Sept 8th, see any Post Officer Campbell Soup Labels: benefits NHC, see Amy Kiger Funeral Services: as required, see Chap. Bob Duvall Chairpersons Needed: various programs, see any Post Officer Recruit Members: applications 					

- 8/20 US Marines deployed to Lebanon in 1982
- 8/24 British invasion of Washington DC begins in 1814

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

<u>New / Transfer</u> <u>Life Members</u>:

Deborah E. Howard, Leon A. Hickey, Sr., Wayne J. Bebout

<u>New / Transfer / Re-Instated</u> <u>Annual Members</u>:

Mark R. Barca, Kenneth L. Johnson, Paul F. Bollen

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish "Happy Birthday" to Richard C. Bowersox, John N. Sutton, Michael E. Gaughan, Samuel M. Nanney, Jack D. Harper, Mark L. Turner, Shanna K. Matthews, John J. Torres, Bjorg G. Matthews, Sue C. Sowers, Ingrid L. Epperson, Carolyn M. Kelly, Pamela Strickland, Kathleen A. Halzack, and 174 other fine Comrades and Sisters!

> Post Commander Mike Gaughan <u>commander@</u> <u>vfw392.hrcoxmail.com</u>

SENIOR VICE COMMANDER

As some of you have noticed, the parking lot has been re-sealed and the curbs and lines restriped. I was canvassing the parking lot yesterday when I noticed a great deal of cigarette butts thrown all over the parking lot. I believe every member needs to take responsibility in keeping our Home clean. The organization of the VFW requires cooperation and participation for its very existence. Because of your cooperation and participation we have one of the largest and most successful Posts in the world. Your officers are striving to obtain the status of All-State and All-American this year, which will be a wasted effort if the current members do not assist and cooperate with the officers and treat the post as **THEIR** home. In stating this we have several cigarette disposals outside the building. Please use these for extinguishing you cigarettes. If you see debris around and you are able, please pick up the debris and dispose of it in one of our outside trash containers. Remember you are a member and thus the VFW is your home. Treat the facilities with respect and help keep it cleaned.

Currently the kitchen renovation is behind but has picked up pace. Joe and Ralph have been pushing it along. From what I have seen, I believe the kitchen will be state of the art and much more functional.

We have received 1 bid thus far for the improvement of the ventilation system. We will request several others then will make a decision. Our goal is to complete the upgrade in segments that will neither impinge upon the canteen's business nor require a large outlay of monies in order to have better quality air.

We need everyone to help our recruiting efforts. I would like to challenge all members to help recruit at least one new member each this year. If you do not feel comfortable asking someone to join, I would suggest that you ask an "eligible" person to be your guest at the Post, and one of the Officers or members can assist in the application process.

In closing I would like to thank each of you that have been helpful supporting our efforts. Hope to see you around the Post, but love to see you at the monthly meeting.

<u>Continuous Membership</u> <u>Awards</u>

The following Comrades have earned Continuous Membership Awards. Please attend the next Post Meeting to receive your lapel pin. If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster at the Post.

45 Years Continuous Service:

Francis B. Lane

40 Years Continuous Service:

Michael E. Gaughan, Charles R. Holmes

<u>35 Years Continuous Service:</u> Paul F. Hill

<u>30 Years Continuous Service:</u> Robert E. Fillmore

25 Years Continuous Service:

Richard J. Meacham

20 Years Continuous Service:

Richard E. Duff, Jack D. Harper, Harry A. Jacques

<u>15 Years Continuous Service:</u>

Donald E. Merkel, Delbert M. Penn Jr., Roger G. Fournier, Russell W. Harris

10 Years Continuous Service:

Lauren P. Bands Sr., Donald R. Gallardo, Robert W. Simpkins, Lawrence G. Cowell

<u>5 Years Continuous Service:</u>

John D. Wood, Michael L. Rexroad, Eril A. Coop

Thank you for your service and congratulations!

SR. Vice Commander Steven Williams <u>sr-vicecommander@</u> <u>vfw392.hrcoxmail.com</u>

JUNIOR VICE COMMANDER

The Post Picnic is just around the corner, September 8th. We could use lots of help, and we need some of you to volunteer for a Committee, or to help on a Committee. The following areas is where we could really use your help please:

- Set up (Saturday before)
- Set up / clean up (day of)
- Cooks
- Welcoming Table
- Games & Event organizers

Sign up sheets are posted near the restrooms in the Canteen. Please sign up and give us a hand. It's your volunteer time and effort that make our annual picnic a success every year.

Also, keep in mind that November is not that far away. We will be looking for volunteers for Buddy Poppies sales starting the 7th of November and ending the 11th on Veteran's Day. In that same time frame, we will definitely need your help putting out and picking up flags for our Veterans graves.

> Jr. Vice Commander Ron Jones <u>ir-vicecommander@</u> <u>vfw392.hrcoxmail.com</u>

QUARTERMASTER

2013 MEMBERSHIP DUES

Renew your **2013** Annual Membership today. Dues are \$30.00. They can be paid at Post 392, online at <u>vfw.org</u>, or mailed directly to VFW National:

VFW National Headquarters Third Floor, Room 316 406 West 34th St. Kansas City, MO 64111 (please include your membership #)

Please consider changing your Annual Membership to a LIFE Membership, and never have to worry again about renewals!

NEWSLETTER - BY EMAIL

The newsletter is available via email! To sign up, go to our website at <u>www.vfw392.org</u>, select 'Monthly Newsletter' on the left side of the page, scroll down to the "Newsletter Subscription Form", enter all of the information (including your Membership ID #) and submit.

CHANGE OF ADDRESS

As Members, we all need to maintain a current address at our Post and at National. So when your mailing address changes, be sure to fill out an address change form, and mail it, or drop it off at the Post.

> Quartermaster Donald E. Brown post@vfw392.hrcoxmail.com

CHAPLAIN'S CORNER

<u>Temporary short term</u> <u>Illness / Injuries</u>

Please read the Bulletin Board at

Page 3

the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

LONG TERM ILLNESS & INJURIES

The following members have serious, long term illness, or injury, requiring continuous care at the location listed below:

• Millie Branyan

(Liza's Residential Care)

Please keep our members in your thoughts and prayers for a speedy recovery.

HELP US TAKE CARE OF Each Other

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP*!

It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- James V. Babilon US Air Force 15 June 2013
- Patrick J. Callahan US Marine Corp 27 June 2013
- Thomas "TK" Kennon US Navy (Retired) 19 July 2013

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

VOLUNTEERS NEEDED FOR <u>FUNERAL MEMORIAL</u> SERVICES / COLOR GUARD

Our Post has become shorthanded of volunteers to perform required duties for Memorial Services of our deceased VFW members and veterans. The Post's participation of these honorable and formal procedures are requested from veterans, or their families.

If you would like to participate, please contact the Post Chaplain Bob Duvall, or the Post Service Officer Joseph Brady.

District 2 Chaplain Post 392 Chaplain Robert Duvall chaplain@vfw392.hrcoxmail.com

LADIES AUXILIARY PRESIDENT

Sisters and Comrades,

Well ladies, here we go again! In all seriousness, I would like to thank the membership for their continued support and pledge to do my best for the Auxiliary and Post. I will be working closely with our new Commander, Mike Gaughan, who supports the Auxiliary in all ways.

Ladies, enjoy these quiet days of summer, now, while you can. Once August rolls around, we will be diving into our programs and activities!

I would like to remind the membership that the American Red Cross has issued an Emergency Appeal, urging all eligible donors to give blood. Blood supplies are very low. There is less than a one-day supply of critical blood types on the shelves. Please, if you are able to donate, do so now. For additional information call (800) 448-3543 or visit the website at <u>redcrossblood.org/midatlantic</u>. If you are able to respond, please report to our Hospital Chairmen, Judy Lupole.

Should anything happen to any of our sisters or their families, our Chaplain Lucy Bailey, stands ready to respond. But remember, if she isn't informed, there is nothing that she can do.

Our District 2 Meeting will be held at Post 392, on 10Aug with lunch at noon, and meeting to follow. On 25Aug there will be a District School of Instruction at Post 3160, Norfolk. All are invited to attend, lunch at noon. On 30Aug we will have a special meeting to get the dues cards out for our continuous members. If anyone cares to help lick & stick, meet us at 6PM!

Our next meeting will be held on August 6th at 7:00PM. Please come on out and join us.

For those sisters who cannot be with us, due to illness or locale, our hearts and prayers are with you.

If any information or assistance is needed, I can be reached on my cell at all times. Please call me at 438-4689.

Auxiliary President Gail M. Payne post@vfw392.hrcoxmail.com

LADIES AUXILIARY MEMBERSHIP

The sisters listed below are requested to attend the next regularly scheduled meeting of the Ladies Auxiliary. Our Auxiliary President stands ready to decorate you with the Continuous Membership awards indicated.

25 Years Continuous Service:

Karen S. Cabral

<u>5 Years Continuous Service:</u>

Donna L. Albrecht, Lori A. Andersen

Thank you for your service!

Ladies Auxiliary Treasurer Elizabeth Moynihan post@vfw392.hrcoxmail.com



Fellow Coots,

Just a few notes from your Seam Squirrel as a new year begins. Our first scratch of the year was very successful. Here are a few upcoming dates to remember, August 17th Christmas in August at the VA Hospital, contact Sister Denice for the times. In September, on the 8th is the Post Picnic, the 14th Pup Tent 9 will host the Fall Council of Administration for the Grand of Virginia. Sept 15th is the start date for our breakfast, beginning with Team two, and finally on the 21st is the annual Poker Run

Anyone interested in joining a breakfast team there will be a sign up list posted in the Canteen or contact a team leader: Team 1 Doug "Pimp Daddy" Keller, Team 2 Larry Peterson or Brad Inman, and Team 3 Bill Moran.

Our organization is successful only through the hard work of our volunteers. I want to thank ALL the volunteers who make Pup Tent 9 a great success. Looking forward to a fun and successful year. Remember - increase and multiply. Our next Scratch is scheduled at 7 pm on Aug. 13th. Until the Next Scratch may God Bless our Troops, our Veterans and their families.

Seam Squirrel Willie Dean

POST SURGEON

The virus that causes shingles may already be inside you. As we get older, we may be paying more attention to our health than we used to. One of the things that you should be aware of is that if you ever had chickenpox, the virus that causes Shingles is inside you. That means the painful, blistering rash of Shingles can happen to you at any time.

Fortunately, there is a vaccine to help prevent the outbreak of this painful rash. If you are over age 50 and a TRICARE member, you can receive the Shingles vaccine at any of the Navy Branch Medical facilities including at NAS Oceana. The Immunizations Department at NAS Oceana can be reached at (757) 953-3933, and is open from 0700 – 1530 M-F.

> Post Surgeon Jonathan L. Harnden, Sr.

CANCER AID AND RESEARCH

Finding Support Programs and Services

(excerpt from cancer.org Support & Treatment Resources)

The American Cancer Society has programs and services to help people with cancer and their loved ones to understand cancer, manage their lives through treatment and recovery, and find the emotional support they need. And best of all, it is free.

Online Communities & Support

If you're facing a cancer diagnosis, connecting with others who've been through one already can be a source of comfort and support. Learn more about the American Cancer Society's online communities including <u>whatnext.com</u> (firsthand insight cancer support network), <u>circleofsharing.cancer.org</u> (personalized cancer information), and <u>csn.cancer.org</u> (Cancer Survivors Network).

Road to Recovery (Rides to Treatment)

Every day, cancer patients need rides to treatment. Some may not be able to drive themselves, and family and friends cannot always help. Call the South Atlantic Division at (888) 227-6333 for more information.

Hope Lodge

Getting the best care sometimes means cancer patients must travel away from home. This can place an extra emotional and financial burden on patients and caregivers during an already challenging time. The American Cancer Society is trying to make this difficult situation easier for both cancer patients and their families through Hope Lodge. Call (800) 227-2345 for more information.

Additional Help Programs

There are many cancer related support programs at <u>cancer.org/</u> <u>treatment/supportprogramsservices</u> like cancer education, help with cancer appearance-related side effects, programs for teens coping with cancer, etc. Visit the link above for more information.

Let's celebrate less cancer and more birthdays!

Chairpersons Tina Brown Ellen Stogsdill post@vfw392.hrcoxmail.com

CANTEEN

THANK GOD IT'S FRIDAY!!

It's Friday! Time to unwind and enjoy a quiet evening of great entertainment and socializing with your Comrades and Sisters.

Social hour prices from 4 - 6 PM.

WEEKENDS AT THE VFW

Weekends at the VFW has something for everyone. The Canteen will open at 11:00 AM on Saturdays and Sundays with your favorites on tap or in bottles.

We have six (6) TVs, five (5) of which are large flat screens. With NASCAR in season, you will definitely have a seat with a good view to watch your driver!

Come down and spend a great afternoon with your Comrades and Sisters at the Post.



Tired Marines of Company F, 2d Battalion, 1st Marines, unwind during a pause in the fighting on Bunker Hill.

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

<u>Aug 1st</u>		Aug 8th
	Ribs	Lasagna
	\$8.50	\$8.50
Aug 15th		
	Aug 15th	Aug 22nd
	<u>Aug 15th</u> Roast Chicken Breast	<u>Aug 22nd</u> Boneless Pork Chops

Aug 22nd

Grill your own Steak \$11.00

<u>Please Note</u>: Thursday Dinner schedule is tentative pending completion of kitchen renovation. Please contact the Canteen for more information.

MENU PRICING

Please note that due to increases in supply costs over the past two years, it's inevitable that some menu item's prices have been increased in order to maintain a self-sufficient operation.

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

Aug 2nd	Aug 9th			
Captain Moose Karaoke & DJ	Tim Hopkins Live music			
<u>Aug 16th</u>	Aug 23rd			
Captain Moose Karaoke & DJ	Jim Berry Karaoke & DJ			
Aug 30th				

<u>Aug 30th</u> TBA

If you have any comments or suggestions, please let us know.

And thank you for your service!

ChairpersonManagerRalph StephensJoe Halzack

<u>canteen@</u> vfw392.hrcoxmail.com

POST ANNOUNCEMENTS

STATE OF VIRGINIA VETERANS AFFAIRS REPRESENTATIVE

Liz Bonin comes to Post 392 once a month to answer questions concerning veteran's affairs. Her scheduled availability will be posted here each month. For this month, she will be available:

15th August (11:00 AM - 3:30 PM)

She is also available weekdays at her Virginia Beach office:

Pembroke Office Park 287 Independence Blvd. Building 2, Suite 130 (757) 552-1884

Ms. Bonin has provided this valuable service for many years helping Veterans obtain benefits they've solely earned. So please, let her address your concerns and questions.

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Gunnar Gudjonsson
- Bob Duvall

They are legally authorized to notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc.

Please check with any Post 392 Officers for additional details and for an appointment.

NRA GUN SAFETY COURSE

The Post is sponsoring a gun Safety Course for those interested in learning about gun safety and either wanting to obtain a Concealed Carry permit or others who are considering the purchase of a firearm for personal / home protection. There is no age limit to participate. If you have a firearm in your house and also have children - it would be to their advantage to obtain knowledge about firearm danger and safety.

Class Size is a minimum of 10 and a maximum of 25. They will be scheduled on Saturdays and conducted in the Post's small meeting room.

Normally duration of the class is 8 hours, but this will be condensed to approximately $3\frac{1}{2}$ to 4 hours, will

be conducted by NRA certified instructors, and is open to any Post Members and their family.

The price for class materials is \$75.00 per person up to 20 people. If the class goes over 20, the price will drop to \$70.00 per person. These prices do not include fees for range time nor ammo.

The signup sheet is on the bulletin board next to the ladies rest room. Please come out and join us, you won't be disappointed!

VETERANS ADMINISTRATION MEDICAL CENTER

Volunteers Needed

Every month we visit the Veterans at the VA Hospital. We provide them camaraderie, some fun, and a break from their everyday life at the hospital. Sometimes it's a popcorn & movie night, BINGO, or Casino games. Sometimes we host them at the Post for lunch. We also do holiday events with them, including Christmas in non-Christmas months.

These events are supported by volunteers, who are organized into teams (Team 1, Team 2, etc). The Teams are rotated each visit as not to overwhelm anyone's schedules.

Here lately we have been running short on volunteers to help support these events, especially Team 2.

It is **urgent** that we get at least 3 or 4 volunteers soon so as **not** to cancel any VA Hospital visits.

If you feel you would like to participate, please contact me at <u>luvedale88@cox.net</u> or at (757) 581-2702. Or Tina or Mike Gaughan, or any Post Officer.

Please, we could seriously use the help, and I promise you will have a great time! The Vets enjoy our visits, and it's just as fun for us as it is for them!

Hospital Chairperson Judy Lupole

VFW Post 392 Annual Tommy Schryver Golf Tournament

27th of September 2013 (Friday)

It is an Open Golf Tournament at Lake Wright Golf Course (6282 Northampton Blvd Norfolk, VA 23502). We will be playing "Four Man Florida Best Ball" with a shotgun start at 8:30 AM. Price will be \$65.00 per player to participate. It will be a good tournament, lots of fun, and there will be many prizes awarded! Registration Forms are posted in the Canteen or you can call 486-5875 if you have any questions.

POST 392 PICNIC

Volunteers Needed

8th of September 2013, we are planning our annual Post Picnic! Details concerning time, menu, drinks, cost, and entertainment will follow in next months newsletter.

Until then, we are looking for volunteers to assist in set-up, clean up, entertainment, events, etc. Sign up sheets are posted in the Canteen (by the bathrooms).

If you have any questions, please contact Ron Jones (Junior Vice Commander), or any Post Officer.

AMERICAN RED CROSS Volunteers Needed

American Red Cross's Mid-Atlantic Blood Services Region serving central and southeastern Virginia has issued an **emergency** request for blood and platelets. All blood types are needed, especially types O-, A-, and B-.

Please call the American Red Cross to schedule an appointment for one of their upcoming blood drives:

> 1-800-RED-CROSS (1-800-733-2767)

CORRECTIONS

Last month's Newsletter identified incorrect years for both Membership Goal and for Officer Terms. These have been corrected for all future Newsletters.

Please accept our apologies for any confusion or issues these errors may have caused.

We welcome any comments, suggestions, or complaints about

errors that warrant correction. They can be directed to any of the Post 392 Officers.

INCOMING



'The services justifying the many camouflage pattern utilities."

INCOMING Cartoons provided by John Sheppard. Visit his website at: <u>www.incomingcartoons.com</u>

John Sheppard has a new Book: 'INCOMING Military Cartoons'! Visit his website to order a copy!

DISTRICT 2 MEETING

At Post 392

The next VFW District 2 meeting will be held at our Post. Come out and see what the other Posts in our district are doing.

> August 10th, 2013 Lunch: 12:00 PM (noon) Meeting: 1:00 PM.

Hope to see many of you there!

TROOP 392

Post 392 Scouting Program

Please come out and join Cub Scout Pack 392, Boy Scouts Troop 392, and Venturing Crew 1911!

For more information call Wes Gibson at (757) 615-8300.

YIS Wes Gibson



General MacArthur Memorial Post No. 392 2408 Bowland Parkway

Virginia Beach, VA 23454-5207

Phone:	(757)486-5875
<u>Fax</u> :	(757)486-3576
E-Mail: post@vfv	w392.hrcoxmail.com
Web Site:	www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				• Ribs 6 - 7:30 PM	• Entertainment Capt. Moose	
4	5	6	7	8	9	10
• Happy B-Day USCG (1790)	• VFW / LAUX Staff Meeting 5:30 PM	• VFW / LAUX Post Meeting 7:00 PM	MCL Meeting 7:00 PM Troop 392	• Lasagna 6 - 7:30 PM	• Entertainment Tim Hopkins	• District 2 Meeting Post 392 Lunch: 12:00 PM Meeting: 1:00 PM
11	12	13	14	15	16	17
	• FRA 166 Staff Meeting	• MOC / MOCA Meeting 7:00 PM	• Troop 392	• VA Rep (Post 392) 11 AM - 3:30 PM • Roast Chicken Breast 6 - 7:30 PM	• Entertainment Capt. Moose	• VA Hospital Christmas in Aug
18	19	20	21	22	23	24
	• FRA 166 Branch Meeting	MCL Staff Meet 7:00 PM IOOB 7:30 PM	• AOA Meeting 6:00 PM • Troop 392	• VVA Chapter 969 Board Meeting • Boneless Pork Chops 6 - 7:30 PM	• Entertainment Jim Berry	
25	26	27	28	29	30	31
		• VVA Chapter 969 Meeting 7:00 PM	House Committee Meeting 7:00 PM Troop 392	• Grill Your Own Steak 6 - 7:30 PM	• Entertainment TBA	
AUGUST 2013 - VOLUME 25, NUMBER 2						