



Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392
 2408 Bowland Parkway
 Virginia Beach, Virginia 23454-5207
 (757) 486-5875
 www.vfw392.org



2017 Membership Goal: 2,025
Current Status: 1,972 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

JULY 2016 - VOLUME 28, NUMBER 1

2016 - 2017 OFFICERS

Post Commander.....	Steven E. Graves	VFW Auxiliary President.....	Jennifer A. Winn
Sr. Vice Commander.....	Mark K. Winn	VFW Aux. Sr. Vice President	Dinah V. Devins
Jr. Vice Commander.....	Theresa J. DeChamplain	VFW Aux. Jr. Vice President....	Lorraine K. Crain
Quartermaster.....	John H. Phillips	VFW Aux. Treasurer.....	Ellen Stogsdill
Chaplain.....	William P. Moran	VFW Aux. Chaplain.....	Ingrid L. Epperson
House Committee Chairman.....	Peter A. Gebelein	VFW Conductor	Robert DeChamplain
Service Officer.....	Joseph G. Brady	Canteen Manager	Colleen Lewis
Surgeon.....	Robert Cordona	M.O.C. Seam Squirrel.....	Peter A. Gebelein
Judge Advocate	David R. Goldstein	M.O.C.A. President.....	Colleen Lewis



COMMANDER'S CALL

COMRADES AND SISTERS

"It is amazing what you can accomplish if you do not care who gets the credit"

(Harry S. Truman)

Well, July has come and gone and we got off to a good start. Now we need to concentrate on August. We have a lot going on for the next couple of months and we're going to need help from our Comrades, and our brothers and sisters from the Auxiliary.

Our new recruiting year is off and running, but we need everyone's part to help bring in new members. We have a few recruiting opportunities coming up and information will be posted on the bulletin board. If you can help out, please see Sr. Vice Commander Mark Winn.

After all recruiting is the key to our Post's success along with volunteering for the projects we

have going on.

Major VFW functions this month: the VFW's School of Instruction at Post 9808 (Mechanicsville) on Aug 6th. AUX School of Instruction at Post 1115 (Hillsville). There is also the District Two meeting being held at Post 392 on the 13th of August. It also starts with the School of Instruction at 0900, followed by a luncheon at noon, and the meeting is at 1300. If you would like to help with the luncheon (set up and clean up), please see the sign-up sheet posted between the double doors. It takes both the Post and Auxiliary to make this successful.

If you have children that would like to write for the Patriots Pen and / or Voice of Democracy, we are currently taking applicants. The deadline for student entries will be November 1, 2016.

It is a fantastic contest for our young Americans to express themselves. Please see Past Post ... continued on page 2

VOLUNTEERS NEEDED

- **Post Staff Meeting:** Aug 1, 1830. All Officers & Chairmen
- **Post Meeting:** Aug 2 at 7 PM. All members may attend
- **District Two Meeting:** Aug 13, at Post 392, set up / clean up lunch, and/or attend the meeting, see any Officer
- **Patriots Pen/Voice of Democracy:** student entries due by Nov 1st, see any Officer
- **Thursday Night Dinner:** every Thurs, cash register attendant, dish washers, servers, see Canteen Manager or any Officer
- **Membership Committee:** assist in retention and recruiting new members. Oceana Air Show and Gun Show upcoming events, see any Officer
- **American Red Cross:** Urgently need blood donors, call 1-800-448-3543, or see any Officer
- **Funeral Services:** as required, see Chaplain Bill Moran

POST 392 - NEEDS YOU!

Commander Bill Sowers or his wife Sue, or the Commander for more information.

Let's remember our membership mission for the Veterans of Foreign Wars, which is to "recruit, retain, and mentor a stable membership base, including ALL generations of Veterans, well-versed in institutional knowledge and actively involved at all levels of the organization." We MUST build a strong organization for the future.

DATES TO REMEMBER

- 8/4 USCG established in 1790
- 8/6 Chinook helicopter shot down in Wardak Providence, Afghanistan killing 38, including 17 US DEVGRU special operation forces in 2011
- 8/6 The *Enola Gay* drops worlds 1st atomic bomb over Hiroshima in 1945
- 8/7 Operation Desert Shield begins in 1990
- 8/11 Last US ground combat unit departs from South Vietnam in 1972
- 8/12 Battle of Bunker Hill (Hill 122, Korea) begins in 1952
- 8/14 Official announcement of Japan's unconditional surrender in 1945
- 8/20 US Marines deployed to Lebanon in 1982

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New / Transfer/ Re-Instated Annual Members:
Danny F. Scott, Jr.

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish a "Happy Birthday" to William F. Briesacher, Stuart W. Carson, Michael E. Gaughan, Gerald E. Haueter Jr., Edward A. Martin, Ingrid L. Epperson, Tami Guy, Fredrick Jennings, Sue Sowers, Mildred H. Voight, Sherry L. Weber, and 207 other fine Comrades and Sisters!

**Post Commander
Steven E. Graves**

commander@vfw392.hrcoxmail.com



SENIOR VICE COMMANDER

Comrades, looking for support with recruiting at the following events: NAS Oceana Air Show (Sept 9-11, 2016), and the Virginia Beach Gun Show (Oct 15-16, 2016). Please let me know if you're available for a few hours to help recruit members.

We're also looking for volunteers for cash register attendants, dish washers, and food servers for our Thursday night dinners and shrimp specials on Friday nights. If you are willing to help or have questions please see the Canteen Manager or any Post Officer. This will help keep the prices of dinners down and increase our profits.

I would like to thank Tom Tumilty for stepping up as our Americanism Chairman. I know he will need support with his upcoming events, so please volunteer to help with some of the projects he will be coordinating.

Update on VFW department School of Instruction: it will now be at Post 9808 in Mechanicsville, VA. The School of Instruction will still start at 0900.

CONTINUOUS MEMBERSHIP

AWARDS

The following individuals have earned Continuous Membership Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

50 Years Continuous Service:

Larry J. Guthrie

40 Years Continuous Service:

Edward J. Hunter, Jr.

30 Years Continuous Service:

Benton S. Ramsey, Joseph M. Hanley, Johnny W. Phillips, Edward L. Della Penna

25 Years Continuous Service:

Carl P. Baker, John C. Sandhoff, Sherman L. Johnson, Charles H. Walker, David O. Riordan

20 Years Continuous Service:

John E. Nadlicki, Charles T. Harrell, Timothy Cushman, Kevin M. Kennedy, Joseph Streuli, Mike W. Hoiles, Joseph G. Stowell

15 Years Continuous Service:

Burton D. Benson, Stephen M. Fisher, Richard J. Gill, Russell J. Bostwick, Thomas C. Johnson, Andrew J. Udziela

10 Years Continuous Service:

Edward F. Hoffman, Thomas W. Spellman, William C. Cupper, Robert Chenier, David G. Watson, Patrick J. Yost, James M. Jones

5 Years Continuous Service:

Gary W. Houze, Christopher L. Nusselt

Thank you for your service and congratulations!

**SR. Vice Commander
Mark K. Winn**

sr-vicecommander@vfw392.hrcoxmail.com



JUNIOR VICE COMMANDER

Comrades and Auxiliary,

I am going to begin this Newsletter by once again saying, "Congratulations" to Past Post Commander Doug Iles on achieving All-American status for Post 392. Great Job, well done Commander!

Our 4th of July Picnic was great! Lots of people showed up and all had a good time! Thank you Colleen and Josh, job well done!

The dog days of summer are upon us! I would like to take a second and remind people to be careful in the heat! Lots of crazy things happen in this heat, number 1 being heat stroke. Take breaks, drink lots of water if you are outside doing chores (mowing lawns) and such. If you have elderly neighbors, please check on them. Also keep our furry friends inside if possible, if not, make sure they have shade and water.

At our last meeting I don't believe we had more than twenty-five, maybe thirty people, in attendance. I know it was the day after the 4th of July, but once again I am asking, where are you? A healthy Post needs its members to participate in decision making. Don't leave it up to the 1%.

We need volunteers. That is what runs the Post. I know the older Vets and Aux "have been there and done that". It's time we, the younger generation, start to get involved. We still need everyone in one way or another to help. It's about helping the Veterans. Please, if you have an hour or two, think about volunteering for one of our many, many events!

Speaking of which, one of our biggest events is coming up in

September - the Post Picnic! Many volunteers are needed to make this a successful event. It takes a lot of work. I will be posting volunteer sign-up sheets in the Post.

Other upcoming events:

- Aug 6th Department School of Instruction, Williamsburg VA.
- Aug 13th School of Instruction and District 2 meeting at Post 392.
- Sept. 4th Post Picnic (Volunteers needed) See JVC T.J. DeChamplain or Aux JVC Lorraine Crain, or any Post Officer.
- Sept. 17th Tommy Schryver Golf Tournament.

Until next month always remember our Veterans and God Bless America.

Jr. Vice Commander
T.J. DeChamplain
jr-vicecommander@vfw392.hrcoxmail.com



QUARTER-MASTER

2017 MEMBERSHIP DUES

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters
Third Floor, Room 316
406 West 34th St.
Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a Life Membership and make a life long commitment to serving your fellow service members and Veterans. Life Installment plan is available as an option to the one time payment for Life Membership.

E-NEWSLETTER

The Post Newsletter and Calendar of Events are available online, for free! To view them online, go to www.vfw392.org and click on the appropriate link along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link.

Ensure that you add the domain "vfw392.org" to your address book, it'll prevent the Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

The best method would be to email it to the Post. If you drop it off or email it, please include your telephone number and email address.

Quartermaster
John H. Phillips
post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

As this is my first official input and my first time as the Post Chaplain, I will keep it short.

It is with heavy heart that we said good bye to our Comrades George Kemmerer, Michael King, and Ed Powers last month. May their spirits be at peace, and please keep the families in your hearts and prayers.

Among my many duties is to visit those veterans who are not

well, so I ask the members to assist me in keeping track of who among us may need some assistance. Drop me a line at chaplain@vfw392.hrcoxmail.com or leave a note at the Post for me.

I feel it is important to remind everyone that the purpose of our organization is the welfare of our Veterans and their families, especially the widows and orphans of our falling Comrades. So with that in mind, may God Bless our Troops, our Veterans, and their families.

MONTHLY BREAD

Almighty, Eternal, and Loving God, we are so thankful for the men and women that You have raised up to serve our country with honor, dignity and commitment in the past and present, in war time and times of peace, in combat or on the home front. May we always remember and respect them as they have served with honor, dignity, courage, and commitment.

We ask You to bless them in the sacrifices they have made to give of themselves for the cause of freedom. We ask You to surround them and their families with your love and protection as many continue to serve on the front lines.

In their times of loneliness and despair, we ask You to be their unseen hand that will lift them up to see a brighter day.

We remember those who have lost their lives in service, and we applaud their selfless acts as well as their families that support them.

As You have blessed this nation, we extend this blessing to every branch of our military, and ask that your continued strength and power be with us in the days ahead.

We thank You that their service has not been in vain, and we salute them with honor today and every day. In Your Holy Name we pray. Amen

Suggested Reading: *Joshua 1:9, Samuel 22:2-4*

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP!* It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Bulletin Board at the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

- **Bob Clark**
(CCU, VA Beach General, No Visitors)
- **Bobby Gallagher**
(Sentara Princess Anne, Room 439)
- **Joseph C. Palmer Sr.**
(Sentara Nursing Home, Room 211)
- **Sue C. Sowers**
(Sentara Norfolk General, Room 672)

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **Donald E. Howard**
US Navy (Retired)
Passed: 17 July 2016
- **Floyd D. Newkirk**
USMC (Korean War)

Passed: 7 July 2016

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

Post Chaplain
William P. Moran
chaplain@vfw392.hrcoxmail.com



AUXILIARY PRESIDENT

Sisters and brothers - we are off to a good start this year, as I stated in my July newsletter. I was in Williamsburg at the State Convention. We received lots of awards and recognition for all of our outstanding hard work. I'd like to congratulate everyone that participated in helping, the committee, chair people, the Post, and the Auxiliary for achieving all of our goals!

CONGRATULATIONS goes out to all!

Historian taking first place in the Department was Dinah Devins Doyle, Membership (104%) was Ellen Stogsdill and Tina Brown, Veteran's and Family - Judy Lupole, Legislation & Hospital - Gail Payne, Youth Activities taking second place for the most rap coins distributed in the Department - Lorain Crain, Healthy Auxiliary & Americanism - Colleen Lewis, Young America Patriotic Art, Patriot's Pen & Voice of Democracy - Sue Sowers. Past President Colleen Lewis and myself would like to say thank you all very much!

A few important dates to keep in mind; August 6th, 9am is the Department of Virginia's *Auxiliary* School of Instruction in Hillsville VFW Post 1115.

August 13th is the District Two at Post 392, which also has a School of Instruction. It starts at 9 AM, lunch is from 12 -1, and Joint opening is at 1pm. **I would like to ask for donations of desserts and side dishes for lunch, please.**

September 4th at 12 PM is the Post 392 Family Picnic. If you wish to help or donate any baked goods please contact the Lorraine Crain or any Post Officer. September 9th - 11th is the NAS Oceana Air Show. We have a recruiting booth and are looking for volunteers in the Auxiliary to help. October 15th - 16th is the Virginia Beach gun show and we are looking for Auxiliary members to help at that recruiting booth also. You do not have to volunteer for all day, we're only looking for a few hours at a time. If you are able to volunteer, please see any Post Officer or myself. Thank you all so much for your participation.

If you would like to volunteer or participate in any programs that the Auxiliary has, please contact me or any of the chair people.

With the extreme heat that we have had, and that we will probably continue to get more of, please stay cool and safe indoors, and drink plenty of water. If you find yourself in need of anything, please don't hesitate to contact the Chaplain or myself for assistance.

As I write this newsletter, I am packing for National Convention in Charlotte, North Carolina where I hope to bring back some more exciting news. I look forward in sharing the information at our next meeting. Please join us for our next meeting on August 2 at 7 p.m.

You, the Auxiliary members & Comrades of Post 392, make a difference in the lives of our Veterans and their families with all

the work you do each and every day. I'd like to extend a big thank you, and may God bless you all. Please feel free to contact me if you need anything. I can be reached at (757) 721-0002 or at the email below.

VFW Auxiliary President
Jennifer Winn
jen-laux@cox.net



**AUXILIARY
MEMBERSHIP**

2017 ANNUAL DUES NOTICE

It's about that time of year again where we start thinking of our membership dues. I'm sure you are thinking that "wait, it's only April and I just paid my dues! My dues aren't due until December 31!"

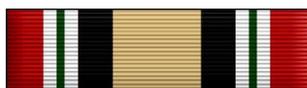
Well that is true, but this notice is for us Early Birds! Remember "The early bird catches the worm" and you could be the lucky one to never have to pay dues again.

In the months of June through September 30, 2016, your dues will be \$20.00, and you will have TWENTY (20) chances to win a Life Membership! Starting in October 1, 2016 renewal dues will increase to \$30.00.

The drawing for the Life Membership will take place during our meeting on October 4, 2016.

Tired of paying yearly dues? Why not consider becoming a Life Member? If you have any questions or concerns please contact the Post at (757) 486-5875 and one of our Auxiliary Officers will be glad to help you!

Tina Brown
Ellen Stogsdill



*Iraq Campaign Medal
(Mar 19, 2003 - Dec 31, 2011)*

CONTINUOUS MEMBERSHIP

AWARDS

The Sisters listed below are requested to attend the next regularly scheduled meeting of the VFW Auxiliary. Our Auxiliary President stands ready to decorate you with the awards indicated:

35 Years Continuous Service:
Linda S. Colley

30 Years Continuous Service:
Teresa Determan

20 Years Continuous Service:
Linda M. Bass, Norma J. Critelli,
Teresa K. Custer

10 Years Continuous Service:
Paige LeClear

5 Years Continuous Service:
Delores Foley, Jessica T. Heger

Thank you for your service and congratulations!

VFW Auxiliary Treasurer
Ellen Stogsdill
post@vfw392.hrcoxmail.com



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200

Friday..... 1100-0000

Saturday-Sunday1100-2200

Cootie Breakfast Sunday 1000-2200

NEW KITCHEN HOURS

Monday-Thursday.... 1100-1400

Friday 1100-2100

Only Appetizers available after 2100

Saturday / Sunday 1200-1700

CANTEEN MANAGER NOTES

Thursday Dinners

As most of you know, we did not have any Thursday night dinners in July so that we could re-group and attempt a menu that would hopefully please all of our members and guests. I believe we

have achieved that! As I am writing this, we are still working on a dinner menu for Thursday and Friday night dinners!

Some of you have visited us for lunch during the week. So you know we run a lunch special in addition to a regular menu! We will be continuing that concept with Thursday night dinner.

Dinner will start at 5 p.m. and end at 8 p.m. On Friday, the kitchen is open from 11:00 a.m. until 9:00 p.m. The Steamed Shrimp starts at 6 p.m. until 9. There will be a full menu as well as a dinner special! And it will be served directly to you in either the large hall OR the small hall!

In order for this to be successful we need volunteers to help serve, run the cash register, and someone washing dishes for BOTH Thursday and Friday nights!

In July, our Sr. Vice Commander and the President of the Auxiliary volunteered on the first two Friday night dinners washing dishes, running the register, and serving! July 22 our Commander and his lovely wife volunteered, and on July 29th we had the Sr. Vice President, the Guard of the Auxiliary, and the Guard for MOCA volunteering! We ALL thank you!

I am excited about these changes and I hope you will be too! As always, I welcome your suggestions or comments! This Canteen cannot survive without you!

WEEKENDS AT THE VFW

Start the weekend with Friday's **Social Hour Prices** from 4-6 PM!

Saturday / Sunday the kitchen's open from **noon to 5 PM!**

The Canteen opens at 11:00 AM on Saturdays and Sundays (10:00

AM on Sundays when Cootie Breakfast is being served).

Come out and enjoy a cold beer or beverage and enjoy NASCAR on multiple big screen TV's. Bring the family, the Canteen is smoke free and Wi-Fi is readily accessible.

THURSDAY NIGHT DINNER

New Hours / New Menu

Below is the dinner menu now available every Thursday from **5:00 - 8:00 PM:**

<u>Aug 4th</u> <u>Spaghetti with Meatballs</u> with garlic toast, salad or vegetable of the day, coffee/iced tea \$7.50	<u>Aug 11th</u> <u>Beef & Broccoli Stir Fry</u> with white rice, salad or vegetable of the day, coffee/iced tea \$7.50
<u>Aug 18th</u> <u>Roasted Pork Loin</u> w/ mash potatoes and gravy, salad or vegetable of the day, coffee/iced tea \$7.50	<u>Aug 25th</u> <u>Chicken Enchiladas</u> with rice, refried beans, salad or vegetable of the day, coffee / iced tea \$7.50

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>Aug 5th</u> TBD	<u>Aug 12th</u> TBD
<u>Aug 19th</u> Shannon Cooper DJ	<u>Aug 26th</u> Jim Berry DJ

CANTEEN SPECIALS

Friday: Shrimp Special

6 - 9 PM

EZ Peel Shrimp are back & larger! 1/2 lb for \$6.00 or 1 lb for \$12.00

Saturday: Pizza / Wings

Noon - 5 PM

12" PIZZA

homemade crust & sauce! cheese & pepperoni \$6.00, additional topping are 50¢ each

WINGS

hot, mild, BBQ, garlic parmesan, or teriyaki
\$.65 ea (min. order 6 each)

Sunday: New Menu

Noon - 5 PM

Hard or Soft Shell Tacos \$.75 ea
meat, cheese, lettuce, tomato, sour cream, salsa

Nachos \$3.75
chips, cheese, jalapenos

Nachos Supreme \$7.50
chips, meat, cheese, lettuce, tomatoes, onions, sour cream, and salsa

Wings \$.65 ea
mild, hot, BBQ, garlic parmesan, teriyaki

Sample Platter \$9.95
4 mozzarella sticks, 4 jalapeno poppers, 4 egg rolls, 4 chicken tenders

Basket of Fries \$1.75

Basket of Onion Rings \$1.75

If you have any comments or suggestions for our Canteen, please let us know! And thank you for your service!

Chairperson Pete Gebelein
Manager Colleen Lewis

canteen@vfw392.hrcoxmail.com



NEWSLETTER ADVERTISING

All ads are paid advertisements, and are not endorsed by the Veterans of Foreign Wars

The Veterans of Foreign Wars Post 392 is offering advertising space for our newsletter. We have

a monthly circulation of over 2100. All ads must be submitted and approved by the Post prior to the 15th of each month.

If you are interested please contact John Phillips, Post 392 Quartermaster, for pricing and availability at (757) 486-5875.

STATE OF VIRGINIA
VETERANS AFFAIRS
REPRESENTATIVE

Please welcome **Virginia Pauley** as our new local Veterans Claims Representative (Va Beach)!

She is available weekdays to work with you concerning your VA questions and interests at:

Pembroke Office Park
287 Independence Blvd.
Pembroke Two, Suite 130
Virginia Beach, VA 23462
Office: (757) 552-1884
Fax: (757) 552-1882

virginia.pauley@dvs.virginia.gov

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-Atlantic Blood Services Region serving southeastern Virginia has issued an urgent request for blood. All blood types are needed.

If you are able to donate, please do so and let MOCA Hospital Chairman, Gail Payne, know at: gail101@cox.net. Recording the number of donors reflects in our community services.

www.redcrossblood.org/midatlantic
1-800-RED-CROSS
(1-800-733-2767)

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall

- Joseph G. Brady

They are authorized to legally notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc. Please check with the Post for an appointment.

Be aware that under VA code the notary must acknowledge:

- Signer must personally appear before the notary
- Signer is positively identified
- Signer must affirm under oath the accuracy of the document.

Acceptable Forms of Identification:

To be acceptable, the ID must be one of the following and current:

- Driver's license or State issued ID card
- U.S. Passport
- Foreign Passport (INS validated)
- U.S. Military ID Card.

We do not rely on Social Security cards or photo ID cards issued by non government entities. Under the law the notary has the right to refuse, if he /she suspects anything may be false or wrong.

MEMBERSHIP

Volunteers Needed

There are still many memberships whose dues have expired / will expire soon.

These are significant numbers that, with some focus on retention, we can use toward our membership goals, and potentially enable us for 'All State' and 'All American' awards.

We could use volunteers to assist in these efforts. Take pride in your Post, and lend a hand in reaching Post 392's membership goals! Contact any Post Officer if you would like to volunteer.

NASCAR AT THE VFW

Start the weekend with Friday's **Social Hour Prices** from **4-6 PM!**

The Canteen opens at 11:00 AM on Saturdays and Sundays, and the kitchen is open from **12 to 5 PM!**

Come out and enjoy a cold beer or beverage with your comrades and sisters. Enjoy **NASCAR's Sprint Cup Series** races on multiple big screen TV's. Bring the family, the Canteen is smoke free, and Wi-Fi is readily accessible.

For the month of July, there will be three Sprint Cup Series races:

- Sunday, Aug 7 at 2:30 PM
Cheez-It 355 at Watkins Glen International Speedway
- Saturday, Aug 20 at 8:00 PM
Bass Pro Shops NRA Night Race at Bristol Motor Speedway
- Sunday, Aug 28 at 2:00 PM
Pure Michigan 400 at Michigan International Speedway

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction.

They can be directed to any of the Post 392 Officers, or email them directly to the Newsletter Chairman at mcullen4@live.com, or to the Webmaster at webmaster@VFW392.org

KITCHEN CLOSURE NOTICE

September 3-4

The Post's kitchen will be closed the weekend prior to Labor day. We apologize for any inconveniences this may cause, please know that this closure is to allow us full kitchen use for the Post 392 Picnic preparations.



VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392
 2408 Bowland Parkway
 Virginia Beach, VA 23454-5207

Phone: (757)486-5875
 Fax: (757)486-3576
 E-Mail: post@vfw392.hrcoxmail.com
 Web Site: www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
	1 • VFW / AUX Staff Meeting 6:30 PM	2 • VFW / AUX Post Meeting 7:00 PM	3 • MCL Meeting 7:00 PM	4 • Happy B-day USCG (est. 1790) • Spaghetti w/ Meatballs 5 - 8:00 PM	5 • Entertainment TBD	6 • VFW SOI Post 9808 • Aux SOI Post 1115
7	8 • FRA 166 Staff Meeting	9 • MOC/MOCA Meeting 7:00 PM	10	11 • Beef and Broccoli Stir Fry 5 - 8:00 PM	12 • Entertainment TBD	13 • Dist. Two Meeting Post 392 SOI 9:00 AM Lunch 12:00 PM Meeting 1:00 PM • Poker Tournament
14	15 • FRA 166 Branch Meeting	16 • MCL Staff Meeting 7:00 PM • IOOB Meeting 7:30 PM	17 • AOA Meeting 6:00 PM	18 • Roast Pork Loin 5 - 8:00 PM	19 • Entertainment Shannon Cooper	20
21	22	23	24	25 • VVA Chap. 969 Board Meeting • Chicken Enchiladas 5 - 8:00 PM	26 • Entertainment Jim Berry	27
28	29 • HRCVO 7:00 PM	30 • VVA Chapter 969 Meeting 7:00 PM	31 • House Committee Meeting 7:00 PM		• EVERY FRIDAY: Social Hour Prices 4:00 - 6:00 PM Shrimp Special 6:00 - 9:00 PM • EVERY SATURDAY: Pizza & Wing Specials	