



Veterans of Foreign Wars of the United States
 General MacArthur Memorial Post 392
 2408 Bowland Parkway
 Virginia Beach, Virginia 23454-5207
 (757) 486-5875
 www.vfw392.org

2010 Membership Goal 1800
Current 2009 Membership 1596 / 91.2 %

FEBRUARY 2010 - VOLUME 21, NUMBER 8

2009 –2010 Officers

| | |
|---|---|
| Post Commander.....Joe Brady | Ladies Auxiliary President.....Chris Cassirer |
| Sr. Vice Commander.....Dave Curtis | Ladies Aux. Sr. Vice President.....Denice Moran |
| Jr. Vice Commander.....Nancy Hobart | Ladies Aux. Jr. Vice President.....Suzie Forehand |
| Quartermaster.....John Phillips | Ladies Aux. Chaplain.....Gail Stanley |
| Chaplain.....Larry Bush | Ladies Aux. Treasurer.....Mary Richards |
| House Committee Chairman.....Ralph Stephens | Seam Squirrel.....Doug Keller |
| Service Officer.....Gunnar Gudjonsson | M.O.C.A. President.....Gail Payne |
| Surgeon.....Ernie Cox | Judge Advocate.....Pete Gebelein |

COMMANDERS CORNER

Comrades and Sisters

Well here it is 2010 the year anew has begun; did you accomplish all that you wanted to in 2009? Your chance to start again has arrived so make that resolution and try to keep it. We've had a heck of a start , a great New Years Eve party, with plenty of good times. Many thanks go out to Gramps, Larry and Millie and all who helped to make it great. Next year we will have beer and wine; so everyone will be happier.

The year ended in sorrow with the loss of my brother and began with the loss of a Post brother. Please keep all in your prayers for the years to come.

I am hoping that we can have more gatherings at the Post to share in fellowship, stories and

happiness. The idea is get more members for this year then ever before so we can continue to grow.

A special thanks goes out to our District Commander Doug Keller for all the assistance he has given the Post in making us stand out.

Membership - Membership
- Membership

NEW MEMBERS: I extend a warm welcome to the new members who were voted into our Post at the January regular meeting.

New Life Members:

Clarence P. Osborn

New Annual Members:

John C. Gebelein

Carl B. McGowan

Micah T. Walters

Transfer & Returning

Members:

Mark J. Santos – Life

John A. Smith - Annual

Thank you for your service and welcome aboard.

Birthdays: I wish a very “Happy Birthday” to James F. Benson, Kimberly A. Frost, Charles E. Gallant II, Joseph W. Gaskill, Burton H. Jones, William H. Poppett, James C. Stephens and 120 fine comrades. I also extend Birthday Wishes to Brenda Demoulin, Mary A. Harnden, Kristen Isfield, Colleen Lewis and 25 other fine sisters.

SPECIAL DATES:

- 1/27 - House Committee Meeting 7 PM
- 2/1 - Staff Meeting 5:30 PM
- 2/2 - Post & Auxiliary Meetings 7 PM
- 2/7 - Super Bowl Potluck 6 PM
- 2/9 - MOC Scratch 7 PM
- 2/15 - Sinking of U.S.S. Maine
- 2/24 - House Committee 7 PM
- 2/25 - 2010 New Years Eve Planning Mtg 7 PM
- 2/27 - VA Hospital Visit

Post Meetings: Post meetings are held the first Tuesday of each month. Our next meeting is at 1900 (7 pm) on 2 February. I am looking forward to seeing all of you at the meeting.

Joe Brady
Post Commander
Email: trngo@cox.net

ANNUAL **LEGISLATIVE DAY**

On 14 January 2010, I went up to VFW Post 9808 (in Mechanicsville VA. to participate in the VFW Day on the Hill. The purpose of the visit to the Capital of the Commonwealth of Virginia by the members of the Veterans of Foreign Wars and its Men's & Ladies Auxiliaries is to meet with the Governor and Lieutenant Governor, plus all members of the General Assembly, to discuss issues of importance to the veterans and their families (my team visited 15 General Assembly members on the 7th floor).

These are the Veterans of Foreign Wars Department of Virginia 2010. Legislative Objectives were:

- **Real Estate Tax Exemption for 100% Disabled Veterans. Support the Department of Veterans Services FY11-FY12 Budget.**
- **Virginia War Memorial FFE (furniture, fixtures, and equipment) and Operating Funds.**
- **Burial Vaults for Virginia State Cemeteries.**
- **Military and Veterans Court Programs.**
- **Military Family Relief**

Fund.

• **Criteria for Names on the Virginia War Memorial.**

If you need to know more about the above objectives check with your Post Legislative Chair person, myself, or the Virginia VFW Legislative Chairman, Past Department Cdr. Dan Boyer.

Doug Keller
Second District Commander

SENIOR VICE **COMMANDER**

As of this writing (1/18/2010), we are still behind in our efforts to renew the annual membership dues. If you have not renewed your dues for the 2010 Membership Year please mail your dues to the Post or contact the Quartermaster. Comrades and Sisters, we are in the 2010 membership year, if you sponsored a member in 2009, check the Post roster and see if that member renewed for 2010. If not, contact the comrade and get him to renew for 2010. As of this writing we still have 316 members that are not current in their dues. Why are we so concerned about your continued membership in the VFW? Read the following excerpt from the 1992 newsletter?

“Together we are a powerful voice. Together we form an organization that continually MEETS THE CHALLENGES” facing veterans as well as other social issues in communities across our country.

The name of the game is "numbers". We need to play the game and play it successfully. Congress controls the budget and they understand one thing - - -

"numbers". When the Commander-in-Chief of the Veterans of Foreign Wars of the United States goes before Congress representing 2.2 million veterans, believe me, Congress listens.

Membership is the strength that allows us to be heard, but VFW membership in Post 392 has so much more to offer. I hate to think how many of you are missing out on the camaraderie that is so much a part of this Post. Become actively involved in our programs by volunteering and you'd be surprised at the friends you can meet and the personal pleasure you will feel by helping others in their time of need.”

If you receive your Newsletter by mail, look at the address label. If you see a red NP in the label, it indicates that this is your last newsletter because you are not current in your dues. Don't be left out.

This month's quiz question is: On what date was the Ladies Auxiliary of Post 392 installed? Remember the winner is selected by the time and date of the email with the correct answer sent to me at (david.ha.curtis@verizon.net).

MEMBERSHIP AWARDS

The following comrades have earned the Continuous Membership Award indicated below. Please attend the next General Membership Meeting to receive your lapel pin. If you are unable to attend the meeting, contact any Post officer and your pin will be presented. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

THIRTY (30) YEARS
CONTINUOUS
SERVICE

William H. Clark
Frank B. Nickerson

TWENTY (20) YEARS
CONTINUOUS
SERVICE

Paul E. Gietzenauer
Larry G. Nelson
Robert B. Rabuse

FIFTEEN (15) YEARS
CONTINUOUS
SERVICE

Richard R. Gallmeyer
Harry F. Richards
Arthur L. Scarborough

TEN (10) YEARS
CONTINUOUS
SERVICE

Bennie Bacle
Lawrence L. Brice
John D. Howard
Daniel F. Jenkins
C. D. McDonald
William T. Peterson
Donald V. Smith
Mark K. Winn

FIVE (5) YEARS
CONTINUOUS
SERVICE

Ferdinand F. Angeles
Robert G. Branyan II
Joseph D. Cush
Edward A. Foxwell
Kenneth B. Glover
Paul A. Hanes
Robert C. Madinabeitia
David L. McInturff
James B. McKinzie
William L. Norris Jr.
Brad M O'Neal
Donald J. Smith III
Peter J. Smith

Dave Curtis
Senior Vice Commander
Email: david.ha.curtis@verizon.net

JUNIOR VICE
COMMANDER

The Post had a terrific VA Hospital Veterans visit on January 9. Thanks Denice Moran for the fabulous food! And thanks to all those who welcomed the Vets with conversation, dancing and Karaoke: Bill Moran, Ellen Stogsdill, Stu Carson, Patsy Stokes, Mark Stephens, Mary Richards, Robert and Millie Branyan, Mary U. Stogsdill, Molly Tribble, Ralph Stephens, Dave Curtis, Joe Brady, Doug Keller, Annette and Larry Bush, Chris Cassirer, Carol Leszcynski, Ernie Cox, Rosa Lee Ellison, Joe Fosnocht, and Dorita Thomas.

General MacArthur Memorial Post 392 would not be successful without our volunteers. Thank you for your continual support!

UPCOMING EVENTS

Buddy Poppy Drive, 3 MAR
Cootie Fun Day, 6 MAR
St. Patrick's Day Parade, 13 MAR
Community Awards, 24 MAR
District 2 Mtg, 27 MAR
Post 4411, Franklin, VA

Please contact a Post Officer if you can assist with any Post event. Our strength is in our volunteers.

Nancy Hobart
Junior Vice Commander
Email: nancyhobart@cox.net

QUARTERMASTER

NEWSLETTER
AVAILABLE ONLINE
AND BY EMAIL

Go to our website at www.vfw392.org, select NEWS and scroll down, enter the

following, first name, last name, email address, Member ID No. and sign up. The Post has realized a significant savings by members choosing this option.

CHANGE OF ADDRESS

Even though we are no longer mailing out the newsletter to all members we need to maintain a current address on our members, here at the post and at national headquarters. So please keep in touch and email me at post@vfw392.hrcoxmail.com or fill out an address change form and mail it to me at the post.

MEMBERSHIP LIFE
INSTALLMENT PLAN

Attained Age by 12/31
.....1-Time Pmt 12-mo...24 mo
To Age 30..\$425 40.39... 20.23
31-40.....410 39.02...19.58
41-50.....375 35.84...18.05
51-60.....335 32.20...16.32
61-70.....290 28.11...14.36
71-80.....225 22.20...11.53
81 & over...170 17.20....9.14

Using the Installment Plan requires \$35 at application, with 11 or 23 Monthly payments, which includes a \$1.75 per month administration fee. The member will be issued a provisional Life Membership card initially, followed by a permanent card when all payments have been made. A member may elect to pay by check, credit card or ACH Debit. Non-payment could potentially result in being dropped from the payment plan and applying any funds received to future years' dues.

John H. Phillips
Quartermaster
Email: post@vfw392.hrcoxmail.com

CHAPLAIN'S CORNER

SICK CALL

The following members of the Post have fallen ill or have been hospitalized:

Fred Kidd Bay Point Rm 111
Burt Jones Kings Grant Hse
Rm 145
Tommy Jo Camp VBG Rm 362
Charles Bledsoe VBG Rm 308

Our thoughts and prayers are with you, and we wish you a speedy recovery.

TAPS

The following comrades and sisters have answered the final summons:

Jan Bowersox 24 Dec 09
James Rosenthal 5 Jan 10
Joseph Walsh 9 Jan 10
(Past Cdr)
Maureen Kennon 17 Jan 10

The march of our comrade is over and he lieth down in the house appointed for all the living. May the Lord give his grace and comfort to his family in this time of sorrow.

NOTE: Comrades and Ladies Auxiliary sisters, when you or a family member fall ill, please contact ourselves directly or the Post and let us know. Your contact with any information ensures that we can get cards, flowers, hospital visits, or whatever it takes to our members and Veterans.

If we cannot fall back upon our VFW Family, upon who are we to call?

Larry Bush
Gail Stanley
Email: joegy50@yahoo.com
Post Chaplains

LADIES AUXILIARY

YEH! I am out of jail!!! Thanks to the efforts of all the lades who pulled together with phone calls, we attended the Winter Council with **103%** membership! Special thanks to Mary Richards, our treasurer, for constant follow-ups of letters, cards and phone calls. As Department Treasurer she also had her hands full with all the districts in State as well. We had 8 members attending: President Chris Cassirer, Senior Vice Denice Moran, Treasurer Mary Richards, Patriotic Instructor Gail Payne, Historian Ellen Stogdill, Mary Stogdill, Pam Myers and Annette Bush. So far we are 100% reported and if all goes well, we should bring home our banner this June!!

The ladies Auxiliary had the Vets from the VA Hospital over for breakfast on the 9th of January and as always, they had a wonderful time. Captain Moose was there for entertainment and many of the Vets got up and sang. With so many volunteers attending this time, all (who wanted to) could dance and those in wheelchairs got a spin around the floor. We had 24 volunteers this time. 12 from the Post and 12 from the Auxiliary. I think we may have set a record. **Outstanding!!**

As I write this newsletter, we are preparing to visit the Vets at the hospital for a movie and popcorn and will have a return visit on February 27th. All who would like to help are welcome as usual.

The post will conduct a one-day Buddy Poppy Drive March

3rd. All who are not working are asked to help out by signing up for at least one shift to help raise much needed funds to help our Veterans. This is what we are all about!

Still looking ahead, St. Patrick's Day Parade will be held on March 13th and a fun day for all so be sure to add it to your calendar.

CHAPLAIN Gail Stanley or Annette Bush stands ready to respond to all needs. Please call the post with any information the membership may need to know and the message will be passed on quickly.

For those sisters who cannot be with us due to illness or locale, our thoughts and prayers are with you. With this thought in mind, after a long struggle with many complications, it was indeed a pleasure to have both my Secretary **Tina Brown** and Conductress **Patty Stokes** at our last meeting. It is my sincere wish that all will be smooth sailing for both of you from now on. And so

**I remain,
Dedicated,
Chris Cassirer
Ladies Aux. President
E-mail: ccassirer@cox.net**

LADIES AUXILIARY MEMBERSHIP

The sisters listed below are requested to attend the regularly scheduled meeting of the Auxiliary to be held on December 1, 2009. Auxiliary President Chris Cassirer stands ready to decorate you with the Continuous Membership awards indicated.

TWENTY (20) YEARS
CONTINUOUS
SERVICE

Gloria J. Beckwith

TEN (10) YEARS
CONTINUOUS
SERVICE

Helen Andrasz

Angel J. Neth

Amy L. Schwartz

Kathleen E. Thomas

FIVE (5) YEARS
CONTINUOUS
SERVICE

Mary Ann Kenavan

Dana I. McKinzie

Mary Richards
Ladies Aux. Treasurer

M.O.C. / M.O.C.A.

**“Whether you think
you can or you think you
can’t, you’re right”**

Well Cooties just returned from Winter Council and a lot of information was given out.

On January 23, Grand will be standing up Pup Tent No.3 in Charlottesville VA. any Cooties interested are welcome to attend.

• March 6th we are having a fun day at 3160. (Pup Tent No.1) Starting at 0900 until done (\$5/\$5 for breakfast/lunch). Get your list to the Blanket Bum.

• The **Grand Council Meeting** was held January 16th in Williamsburg. Thank you to all who attended. The **Cootie Contest of “Famous Sexy/Funny Duos”** was held to raise funds for the Supreme Presidents Special Project, Alzheimer’s. Of course our own Frank Burns & Hot Lips

Hoolihan were in attendance. Frank (**Pam Myers**) and Hotlips (**Larry Bush**) made a wonderful showing. Of course they were the **Sexiest Couple** in the room. A total of \$4033.00 was raised during this function. Thank you for all your support.

• **Elections** will be held at our February meeting, so please plan to attend. Joint installation March 20 at Phoebus.

• We (District 2) have a meeting on the 27th March at Post 4411 Franklin VA. Fried Chicken and ??? Meeting starts at 1300. We always have a good time at Franklin.

• Trying to set up a secret surprise visit on the 21st Feb to 5-47-19-3-31-33-15-11. Bus tickets @ \$25.00 each. Grand will pick up the extra cost. They will have a breakfast before their scratch (Milk and cookies after).

• I also have **THE MILITARY ORDER OF THE COOTIE OF THE U.S. SUPREME BY-LAWS**. Adopted by the **90th SUPREME SCRATCH**, PHOENIX, ARIZONA August 22, 2009

We (Pup Tent 9) lost another Great Cootie #43 (Past Seam Squirrel, Past All American Post Commander & Past All State Post Commander) Joseph Patrick Walsh. Joe knew everyone and everyone knew Joe. **“The highest reward for a person’s toil is not what he gets for it, but what he becomes by it.”** He will be surely be missed by all.

We continue to repeat that there is a severe need for blood supplies in our locality. If you are able to donate, please do so and report to Hospital Chairman, Denice Moran.

We and our officers stand ready to serve you and our Veterans in any capacity.

Doug Keller
Seam Squirrel

Email: drellek@cox.net

Gail M. Payne

M.O.C.A. President

Email: gpayne@specialtyproducts.net

HOUSE COMMITTEE
AND CANTEEN

House Committee meetings are open to all membership. If you have any problems, complaints, suggestions or if you just want to get involved in the operation of the Canteen, please come to the meeting.

CANTEEN HOURS

Sat - Thurs 11 am - 10 pm

Friday 11 am - 11 pm

LUNCH

Monday thru Friday
Full Menu & Daily Specials
11 am - 2 pm

TGIF

Social Hour 4 - 6 PM
Steamed Shrimp or Full Menu
6 - 8 PM

THURSDAY NITE DINNER

Enjoy the “Chef of the Night”
dinner 6 - 7:30 PM
Children 6 - 12 are half price;
Under 6 are free.

February 4th, 2010

Spaghetti w/meatballs

Garlic Bread

Corn

Fresh Salad Bar

Dessert

Cost: \$7.50

Continued Page 6

February 11th, 2010

Pork Roast
Mashed Potatoes & Gravy
Green Beans
Hot Rolls
Fresh Salad Bar
Dessert
Cost: \$7.50

February 18th, 2010

Cream of Chicken
W/ Broccoli Over Noodles
Hot Rolls
Fresh Salad Bar
Dessert
Cost: \$7.50

February 25th, 2010

Baked Ham
Au Gratin Potatoes
Peas & Carrots
Fresh Salad Bar
Dessert
Cost: \$7.50

Pass on your gratitude to the cooks and volunteer for one night yourself. See Betty Stephens.

ENTERTAINMENT

**Saturday
February 6th, 2010**

**Dave Weisel
DJ & Karaoke**

SUNDAY AT THE VFW

Sunday at the VFW is a day with something for everyone. Cootie Breakfast is in full swing from 9 to 11:30 AM. Breakfast is open to the general public. The Canteen will open at 10 AM with all your favorites on tap and in bottles.

We have six (6) TV's, four (4) are large Flat Screens. The

Direct HDTV NFL Sports Package was a great success and everyone gets to see the game of their choice, hopefully we will do it again for the 2010 season.

The NFL playoffs are over and the Super Bowl is Sunday February 7th, 2010. We are having a Super Bowl Party. The Post will provide potluck food and everyone is asked bring a covered dish of their choice. Super Bowl kick off is at 6 PM.

The 2010 NEXTEL Cup Season will kick off on February 14th with the Daytona 500. We are currently planning a NEXTEL NASCAR Season kick off party to be held during the Daytona 500. Social hour prices will be in effect for the Super Bowl and all Official NASCAR races.

The Fantasy Race Pool will be starting up with the Daytona 500. Come by the Post and see your friendly bartender for details.

Come down and spend a Sunday afternoon with your comrades and sisters at the Post.

**Ralph Stephens
House Committee Chairman
Betty Stephens
Manager**

**STATE OF VIRGINIA
VETERANS AFFAIRS
REPRESENTATIVE**

Elizabeth Bonin, Veterans Claims Representative is at the post every Tuesday, 1 - 4 PM. She can answer your questions, provide valuable information and assistance to the benefits you have earned.

**Liz Bonin
455-0814**

Email: Elizabeth.bonin@dvs.virginia.gov

GET OFF THE COUCH

(we are back)

Are you sick and tired of the cold weather? Have the 4 walls been closing in on you and you can't take it anymore? ARE YOU READY. Well it's time to get out of that rut and look forward to some sunshine, warmth, and fun in a tropical surrounding. LET'S DO IT.

We have a cruise with Royal Caribbean on Empress of the Seas leaving dear old Norfolk on 20 May and returning in the morning of the 29th. That is 9 full nights of complete relaxation and fun. We will visit the ports of San Juan, St Thomas, Samana, and Labadee. Labadee is in the Haiti earthquake area and may be changed. If we get enough people, we will get a discount that will be shared equally with each other. The last cruise was really outstanding and this one looks to be even better.

The prices that we now have for 2 are: inside cabin - \$1,958.52, ocean view cabin - 2,258.52, and balcony - \$3,158.52. This includes taxes. We need a \$500.00 deposit to confirm your reservation and the final payment will be by 11 March. The sooner we know how many are going, the sooner we can make accommodations to get our cabins close together and for seating at the evening meal. If you have any questions please call.

We are also looking at a 6 night cruise to the Bahamas on 30 May for 6 nights. They stop at Nassau and Freeport. We understand that some people may not be able to get the time off for a 9 night cruise and a 6 night cruise might be better. Also

cheaper. A inside cabin for 2 is \$1,412.58, ocean view is \$1,612.58, and balcony is \$1,992.58 on Carnival Cruise lines. Please contact me as soon as possible so we can make arrangements.

Chuck Ember
757-463-5562

Email: cember1580@verizon.net

NEW YEAR'S EVE **SOLD OUT/SUCCESS**

I want to thank some people who helped make our New Year's Eve party the SUCCESS that it was. **FIRST**, to my wife Millie, who lived as a widow on so many days and nights as I worked on this event. Next is CDR JOE BRADY, who trusted me to make this an event that reflects proudly on the Post. THANKS JOE. Next comes the 84 people who bought tickets and enjoyed an evening of dining and dancing to bring in the new year. I truly believe that you got your money's worth.

What a tremendous job LARRY PETERSON did with the Prime Rib. He spent all day in the galley preparing our wonderful meal. I'm sure all of you agree that it was "Time Well Spent". Next is a student of Princess Anne, who is interested in the culinary arts, MEGAN BEACHY. MEGAN spent three days working in the galley with me preparing the meal, helping serve and cleaning up after the dinner. I am sure that she learned many new things helping out the volunteers who worked on this party. NANCY HOBART showed up early on the 31st and helped prepare the "Twice

Baked Potatoes" and then took one of the Prime Ribs home to cook, because there was not enough room in the ovens to hold all of the meat. The Decoration Committee, CHUCK & JOAN EMBER, BARB LADUE helped make sure that the hall looked beautiful. DANA JOHNSON was invaluable working the serving line, bar and cleaning up after the party. DANA, you are a TRUE JEWEL when you help me. JAKE JOHNSON did his usual superior job of doing the dishes and cleaning up the galley before leaving to enjoy the evening with his friends. JAKE, you're a real "work horse" like your mom. Thank you DAVE CURTIS for the many "Door Prizes" you donated. ANNETTE BUSH was responsible for giving the BLESSING before the dinner and evening festivities. A SPECIAL thanks to our designated drivers, Mr. & Mrs. DAVID MOLLER and a VERY SPECIAL THANKS to the couple who realized they had too much to drink and needed a ride home. ALLAN PETERSON and his "All Star Melodies" were responsible for the wonderful music and fulfilling the many requests given to him by those in attendance. BETTY STEVENS and JOHN PHILLIPS were such a help working with my many requests. THANKS to the both of you.

2009 Chairman
Robert "Gramps" Branyan

TOMMY SCHRIVER GOLF
Time to start planning is **NOW**. See the Cdr. Joe Brady to volunteer.

2009 Chairman
Robert "Gramps" Branyan

2010 NEW YEAR'S EVE **PLANNING MTG**

A PLANNING Meeting for next **New Year's Eve** will be held on THUR 25 FEB @ 1900 (7 PM) in the small meeting room at the Post. We will go over what was done this year and plan on a proposed budget and activities for next year. Those of you, who said they wanted to help plan for NEXT YEAR, now is the time to STEP UP and become involved. I hope to see more than one or two of you show up for this meeting. You will have to select a CHAIRPERSON for next year at this meeting.

2009 Chairman
Robert "Gramps" Branyan

BOY SCOUTS OF AMERICA

There will be a "Breakfast of Champions" for the Boy Scouts of America, at the Virginia Beach Conference Center on 23 March 2010 commencing at 7:15 AM. The guest speaker will be Frank Beamer the Coach of Virginia Tech. The Admission price is \$50 per person, please contact Commander Brady for tickets.

MEETINGS

Other organizations holding meetings at the Post on the following dates:

- 2/3 - Marine Corp League
- 2/8 - FRA 166 Staff Mtg
- 2/10 - American Legion Post 110
- 2/14 - Salty Dawgs Mtg
- 2/15 - FRA Branch 166 Mtg
- 2/16 - Mayor's Vets Cmte Mtg
- 2/17 - AO Association
- 2/17 - USMC League Staff
- 2/18 - Vietnam Veterans
Planning Mtg
- 2/22 - American Legion
Post 81
- 2/23 - Vietnam Veterans Mtg



VFW



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THE RED, WHITE AND BLUE - 392

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|---|--|---|---|---|
| JAN 31 Cootie B'Fast Team 1 | FEB 1 Staff Meeting 5:30 PM | 2 Post /LAux Meetings 7 PM | 3 | 4 Spaghetti w/ Meatballs 6 - 7:30 PM | 5 Steamed Shrimp & Menu 6 - 8 PM | 6 Entertainment Dave Weisel DJ Karaoke |
| 7 Cootie B'Fast Team 2 Super Bowl Potluck Party 6 PM | 8 | 9 MOC / MOCA Meetings 7 PM | 10 | 11 Pork Roast Mashed Potatoes 6 - 7:30 PM | 12 Steamed Shrimp & Menu 6 - 8 PM | 13 |
| 14 Cootie B'Fast Team 3 2010 NEXTEL Cup Season Starts | 15 Sinking of U.S.S. Maine, 1898 | 16 | 17 | 18 Cream of Chicken W/ Broccoli Over Noodles 6 - 7:30 PM | 19 Steamed Shrimp & Menu 6 - 8 PM | 20 |
| 21 Cootie B'Fast Team 1 | 22 | 23 | 24 House Committee Meeting 7 PM | 25 Baked Ham Au Gratin Potatoes 6 - 7:30 PM | 26 Steamed Shrimp & Menu 6 - 8 PM | 27 VA Hospital Visit 12:30 PM |
| 28 Cootie B'Fast Team 2 | MAR 1 | 2 | 3 | 4 TBD 6 - 7:30 PM | 5 Steamed Shrimp & Menu 6 - 8 PM | 6 |

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