





# VFW

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## THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
JUN 28	29	30	JUL 1 House Committee Meeting Marine Corps League Meeting	2 Pork Chops in Gravy 6:00 - 7:30PM	3 Steamed Shrimp & Menu	4
5	6	7  Post/LAux Meetings	8	9 Meatloaf 6:00 - 7:30 PM	10 Steamed Shrimp & Menu	11 Entertainment Johnny Rystl
12	13 FRA 166 Staff Meeting	14  MOC/MOCA Meetings	15	16 Fried Flounder 6:00 - 7:30 PM	17 Steamed Shrimp & Menu	18 Vets Breakfast at Post 8:30 - 2:30
19	20 FRA 166 Meeting	21 Mayor's Vets Committee Meeting 5:30 PM	22	23 Fried Chicken Breasts 6:00 - 7:30 PM	24 Steamed Shrimp & Menu	25
26	27 Hampton Roads Council of Veterans Organizations	28 Vietnam Veterans of America	29 House Committee Meeting	30 Grill Your Own Steak 6:00 - 7:30 PM	31 Steamed Shrimp & Menu Halloween	AUG 1

JULY 2009 - VOLUME 21, NUMBER 1