



Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392
2408 Bowland Parkway
Virginia Beach, Virginia 23454-5207
(757) 486-5875
www.vfw392.org

2014 Membership Goal: 1780
Current Goal Status: at 96.5% with 1,702 Members

Since 1969: 12 'All State Post' and 38 'All American Post' Awards

MARCH 2014 - VOLUME 25, NUMBER 9

2013 - 2014 OFFICERS

Post Commander.....	Michael E. Gaughan	Ladies Auxiliary President.....	Gail Payne
Sr. Vice Commander.....	Steven C. Williams	Ladies Aux. Sr. Vice President.....	Colleen Lewis
Jr. Vice Commander.....	Douglas Iles	Ladies Aux. Jr. Vice President ..	Denice E. Moran
Quartermaster.....	Donald E. Brown	Ladies Aux. Treasurer.....	Elizabeth Moynihan
Chaplain.....	Robert G. Duvall	Ladies Aux. Chaplain.....	Lucille Bailey
House Committee Chairman.....	Ralph D. Stephens	Ladies Conductress	Patty Stokes
Service Officer.....	Joseph G. Brady	Canteen Manager	Joe Halzack
Surgeon.....	Jonathan L. Harnden, Sr.	M.O.C. Seam Squirrel	Willie Dean
Judge Advocate	Douglas R. Keller	M.O.C.A. President.....	Ellen Stogsdill



COMMANDER'S CALL

COMRADES AND SISTERS

I am commencing the final 4 months of term as your Post Commander. And I must say that the first 8 months were an adventure. The Post has had a lot of wonderful things occur over the year and some very sad things have occurred also.

One of our biggest losses of this year was Comrade Gunnar Gudjonsson who recently passed on, but will never be forgotten. As we remember his legacy, we will honor him by renaming the Chili Cook Off as the "Gunnar Chili Cook Off" and designating the 12th of July Gunnar Gudjonsson Day, the day of his birth. I'd like to thank all the individuals who participated in the funeral service and the reception at the Post. The Ladies Aux, under the leadership of Colleen Lewis, her right hand man, Brad Lewis, and John

Phillips did a marvelous job.

March 12th will be the Community Service awards at the Post at 1800. Please join us to celebrate our community servants who will receive these awards. Let's give formal recognition to the participating organizations and the selected servants who made significant contributions to our community.

On March 15th we will be participating in the Saint Patrick's Day parade at Ocean View, which is the 2nd largest St. Paddies day parade in the United States. I am hoping for a large turnout from our membership for this event.

The Senior Vice Commander, Steven Williams, has made arrangements for a rental van to shuttle members from the Post to Ocean View so they can participate in the parade and the van will transport our disabled members who wish to participate in the parade, and enjoy the festivities at Post 3160.

We still need to have volunteers to contact those members whose dues have not been paid in order
... *continued on page 2*

VOLUNTEERS NEEDED:

- **Post Meeting:** Mar 4th, at 1900. Office Nominations, All members may attend
- **St. Patrick's Parade:** Mar 15th, fall-in 0900, see Steve Williams
- **Community Service Awards:** Mar 12th, see any Post Officer
- **VA Hosp Visits:** Mar 22nd, Movie, see Sue Sowers
- **Cancer Dance:** Apr 5th, see Tina Brown or Ellen Stogsdill
- **Annual Member Renewals:** make calls to remind Members to renew, see Steve Williams
- **Cooties Breakfast:** Sign up sheets at Post, see MOC/MOCA
- **American Red Cross:** Urgently need blood donors, call 1-800-448-3543, or see Judy Lupole
- **Recruit Members:** applications at the Post, see any Post Officer

POST 392 - NEEDS YOU!

that we might renew their membership. See the Senior Vice or Junior Vice if you have and questions about membership. We are within reach our goals to become "All-State and All American" and would like to have the necessary membership quotas met and surpassed by next month. And remember: there is still the \$100.00 bonus for recruiting the most members.

The status for the Post with the most is posted on the bulletin board. We are ranked number 5 in the world. Let's move it up one and to number 4!

Nominations for all elected positions will be held at the Post meeting in March. Nominations may also be held in April along with the elections for 2014-2015. Please come to the meetings and vote. Installation will be held on 10 May and the change of command will be on 9 June 2014.

DATES TO REMEMBER

- 3/2 Battle of Bismarck (WW II) started in 1943
- 3/8 US Marines land at Da Nang, Vietnam in 1965
- 3/11 US Army Corps of Engineers established in 1779
- 3/14 US / UN forces recapture Seoul, Korea in 1951
- 3/16 Pres. Regan orders troops into Honduras in 1988
- 3/17 Civil War's Battle of Kelly's Ford in 1863
- 3/19 US and coalition forces initiates Iraq War in 2003
- 3/29 Last of US troops withdraw from Vietnam in 1973

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New / Transfer Life Members:

Ryan C. Ralph

New / Transfer / Re-Instated Annual Members:

Clifton J. Williams, Luis H. Garcia, John S. Adams Jr., William H. Argenbright

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish "Happy Birthday" to Robert E. Dunn, Joseph C. Palmer Sr., Raymond C. Clark, Patrick O'Leary, William L. Hickey, William L. Dean, William P. Moran, Joseph S. Szczyradlowski, Betty J. Norris, Russell J. Bargy Sr., Maureen O. Gibson, Michael P. Fehr, Joseph W. Cool, Harry I. McBrien, Josephine A. Johnson, Mary F. Nickerson, Betty L. Stephens, Adriana Grillo, Terry Steinbaugh, Melissa Sue Larvick, Jennifer Turner, Sara S. McCabe, and 147 other fine Comrades and Sisters!

**Post Commander
Mike Gaughan**

[commander@
vfw392.hrcoxmail.com](mailto:commander@vfw392.hrcoxmail.com)



SENIOR VICE COMMANDER

CONTINUOUS MEMBERSHIP

AWARDS

The following Members have earned Continuous Membership Awards. Please attend the next Post Meeting to receive your lapel pin. If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

30 Years Continuous Service:

Nicholas W. Twigg Jr., John W. Combs

25 Years Continuous Service:

Gerald E. Turbin, Jack G. Wilson

20 Years Continuous Service:

Samuel M. Nanney, Vincent L. Argiro, James E. Fleming, Donald S. Jurkowski, Roger L. Manz, Mark Mergard, Michael J. Orth, Edward M. Stack

15 Years Continuous Service:

Wayne H. Sandlin, Edward A. Demorest

10 Years Continuous Service:

Melvin L. Richardson, Michael Stallworth, Darryl W. Stubblefield, Bernard P. McSherry

5 Years Continuous Service:

Wesley A. Gibson

Thank you for your service and congratulations!

**SR. Vice Commander
Steven C. Williams**

[sr-vicecommander@
vfw392.hrcoxmail.com](mailto:sr-vicecommander@vfw392.hrcoxmail.com)

JUNIOR VICE COMMANDER

It is with heavy hearts indeed that we all proceed into March with the loss of a great Comrade and a friend to all, Major Gunnar Gudjonsson, USMC (Retired). He left a superb legacy of outstanding service and devotion to country and assisting veterans ... SEMPER FIDELIS!

March looks to be another eventful month with plenty of volunteer jobs to do, priorities to be set, and goals to be accomplished!

For the new members of the Post, if you have any spare time at all,

your talents can be used in helping with membership registration, taking on any number of vacant committee positions, assisting with Buddy Poppies distribution (which kicks off May 22nd thru the 25th), putting flags out for Memorial Day weekend on May 24th over five cemeteries (we put out over 5,000 flags last year), retrieving and stowing the flags from Memorial weekend ... So new Members, you see we do keep busy. Roll up your sleeves, pick a few events, and come feel the pride of our volunteer work!

SIGN UP and SHOW UP for SAINT PATRICK'S DAY PARADE to be held MARCH 15 , 0900 fall in and parade commences at 10:00 AM. It's about a mile and a half stroll. And it's one of the few times the public has a chance to say 'THANK YOU FOR YOUR SERVICE,' and they will !

It is recommend that you read the BULLETIN BOARDS and READ FILE that are available in the Canteen to stay up to speed on events and actions at the Post as well as the VFW nationally.

Again, I find the need to say that we really need more AUDIENCE PARTICIPATION at our monthly Post 392 Meetings! This is a Team effort here. So we implore that you to take an hour out of your busy schedules once a month and attend the meeting. We welcome your insights, recommendations, talents, and experience to the group.

Lets press on, fight the fight, and don't ever leave a VET behind!!

Jr. Vice Commander
Douglas Iles
jr-vicecommander@vfw392.hrcoxmail.com



QUARTER-MASTER

2014 MEMBERSHIP DUES

Effective 1st of January 2014, National has increased **annual dues to \$40.00.**

Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to the VFW National:

VFW National Headquarters
 Third Floor, Room 316
 406 West 34th St.
 Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a LIFE or LEGACY LIFE Membership, and never have to worry about renewals again!

E-NEWSLETTER

The newsletter is available via email, for free! To sign up, go to our website at www.vfw392.org, select 'Monthly Newsletter' on the left side of the page, and then follow the links to "Subscribe to the VFW Post 392 Mailing List".

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

Quartermaster
Donald E. Brown
post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

ILLNESS / INJURIES

Please read the Bulletin Board at

the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care at the location listed below:

- Post 392 Commander
Michael E. Gaughan
(Home)
- Millie Branyan
(Liza's Residential Care)
- Stuart W. Carson
(Home)
- Joseph F. Costello
(Lake Taylor Transitional Care)
- Robert E. Fillmore
(Nursing Home)
- Janice Gebelein
(Home)
- Judith E. Lasseter
(Home)
- James R. Puckett
(Home)
- Gail Stanley
(Va Beach Healthcare and Rehabilitation Center)

Keep them in your thoughts and prayers for a speedy recovery.

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP!*

It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **Gunnar Gudjonsson**
USMC (Retired)
31 January 2014
- **Clyde G. Patterson**
US Army (WWII, Bronze Star)
31 January 2014
- **Andrew A. Lask**
US Navy (Retired)
5 February 2014
- **Donald H. Ostroski**
US Navy (Retired)
10 February 2014
- **James B. Lusk, Jr.**
US Navy (Retired)
13 February 2014
- **Robert S. Schaefer**
US Navy (Retired)
15 February 2014
- **William E. Babin**
US Army (Retired)
28 January 2014

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

VOLUNTEERS NEEDED FOR FUNERAL MEMORIAL SERVICES / COLOR GUARD

Our Post is shorthanded for volunteers to perform required duties for VFW Memorial Services of our deceased veterans. The Post's participation in these honorable and formal procedures are requested from veterans, or their families.

If you would like to participate, please contact the Post, Chaplain Bob Duvall, or the Post Service Officer Joseph Brady.

**District 2 Chaplain
Post 392 Chaplain
Robert Duvall**

chaplain@vfw392.hrcoxmail.com



POST SURGEON

Your Post and Ladies Auxiliary are always busy supporting our Veterans in need of assistance.

The projects typically included taking Vets to the hospital or to doctor's appointments, visiting Vets in the hospital, assisting Vets in obtaining medical benefits, taking food to JCOC for Vet's use, taking reading materials to homebound Vets, and doing Bingo or movies at the VA Hospital in Hampton.

You can be proud of your Post at work supporting Veterans in so many ways. If you are interested in participating in this important work of your Post, contact any Officer who will put you in touch with the people in charge of the projects.

Stay healthy and get involved in your Post activities, you'll feel better for it.

Post Surgeon

Jonathan L. Harnden, Sr.



AUXILIARY PRESIDENT

Welcome new members Lori Mitchell, Diane Lawson, Lorain Crain, Audrey Cole, Tara Fassler, and Janice Silcox. Don't be afraid to come out and play. We love willing hands!

Thanks to Beth Moynihan and Ellen Stogsdill, we are now over 104% in membership. We are 1st in District 2 and District 2 is 1st in Virginia!!!!

I continue to remind the membership that the American Red Cross has issued an Emergency Appeal, urging all eligible donors to give blood.

Blood supplies are very low. For additional information call 1-800-448-3543. If you are able to respond, please report to our Hospital Chairpersons, Sue Sowers

District 2 meeting will be on Saturday, March 8th at the new location of VFW Post 4411. Their address is 3385 Beaverdam Road, Franklin. It is off of Business 58, Carrsville Hwy., about 3 miles before former Post location.

The meeting is schedule as follows: joint meeting at 10:00, followed by Post meeting. Lunch (which I believe is at noon), then the Ladies Auxiliary Meeting after lunch.

The Ocean View St Patrick's Day Parade will be held on March 15th. Come out & march with your brothers and sisters. If you can't march, autos will be available for riding. Posts 3160 and 4809 will be hosting huge parties after the parade from noon to 3:00 PM.

April 5th is our annual Cancer Dance. Chairpersons' Tina Brown & Ellen Stogsdill have their own input in this newsletter so please read carefully.

Elections will be held at our April 1st meeting. No, this is not a joke! Colleen Lewis will need assistance next year, so please step up and let her know you will take a chair or an office. Colleen does so very much for our organization, so please lend her a hand!

There is a brunch for the Hampton VA patients, in the works for April...more to follow.

Chaplain, Lucy Bailey, stands ready to respond to any needs. Please call the Post with any information the membership may

need to know. Tina Brown will always relay the info quickly.

For those sisters who cannot be with us, due to illness or locale, our hearts and prayers are with you.

Ladies Auxiliary President
Gail M. Payne

post@vfw392.hrcoxmail.com



AUXILIARY MEMBERSHIP

The Sisters listed below are requested to attend the next regularly scheduled meeting of the Ladies Auxiliary. Our Auxiliary President stands ready to decorate you with the awards indicated:

15 Years Continuous Service:

Georgiann Allen

Thank you for your service!

Ladies Auxiliary Treasurer
Elizabeth Moynihan

post@vfw392.hrcoxmail.com



CANCER AID AND RESEARCH

CANCER DANCE

Mark your calendars to help us FIGHT this devastating disease! We are proud to announce that our annual Cancer Dance fundraiser will be held on:

April 5th, 2014 Saturday

5:00 - 6:00 PM	Social Hour
6:00 - 7:00 PM	Dinner
7:00 - 10:00 PM	Dancing

We will have spaghetti for dinner (sauce made by you know who!), toss salad, and garlic bread.

Ticket prices are \$12.00 per person. There will be 50/50 raffles along with a lot of great raffle prizes!

With every dollar we give, and

every volunteer hour we sacrifice ... we take another step closer to celebrating less cancer and more birthdays!

Chairpersons

Tina Brown
Ellen Stogsdill

MARCH: COLORECTAL CANCER AWARENESS

Colorectal cancer is cancer of the colon or rectum. It's as common in women as it is in men. Last year, over 143,360 people will be diagnosed with colorectal cancer and an estimated 51,690 will die of the disease. With certain types of screening, this cancer can be prevented by removing polyps (grape-like growths on the wall of the intestine) before they become cancerous.

Risk Factors:

- Age 50 and older
- People who smoke
- People who are overweight or aren't physically active
- People who drink alcohol in excess, especially men
- People who eat a lot of red or processed meat
- People with personal or family histories of colorectal cancer, benign colorectal polyps, or inflammatory bowel disease (such as ulcerative colitis or Crohn's disease).

Symptoms:

Early stages of colorectal cancer don't usually have symptoms. Later on, people may have these symptoms:

- Bleeding from the rectum or blood in or on the stool
- Change in bowel habits or stools that are more narrow than usual
- General problems in the abdomen such as bloating,

fullness, or cramps

- Diarrhea, constipation or a feeling that the bowel movement isn't quite complete
- Weight loss for no apparent reason
- Vomiting

Early Detection:

If you're at average risk for colorectal cancer, start getting screened at age 50. If you're at higher risk, you may need to start regular screening at an earlier age and be screened more often. If you're older than 75, ask your doctor if you should continue to be screened. Early detection = more successfully treatment.

Treatment:

Surgery is the most common treatment. When the cancer has spread, chemotherapy or radiation may also be given.

For more information on any cancer, visit the National Cancer Institute online at:

www.cancer.gov.

Chairpersons

Tina Brown & Ellen Stogsdill
post@vfw392.hrcoxmail.com

CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200

Friday..... 1100-0000
(Live entertainment)

Saturday.....1100-2200

Sunday.....1100-2200
(Sunday's with Cootie Breakfast, the Canteen opens at 10 AM)

KITCHEN HOURS

Monday-Friday..... 1100-1400

Saturday / Sunday closed

Thursday Dinner 1800-1930

WEEKENDS AT THE VFW

Start the weekend on **Friday** with **Social Hour Prices** from 4-6 PM!

The Canteen **opens at 11:00 AM** on **Saturdays** and **Sundays** with tap or bottle beer and beverages.

We have plenty of TVs, in the smoking and non-smoking rooms. With NASCAR in season, you will definitely have a good view to support your driver!

Come down and join your Comrades and Sisters at the Post!

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

<u>Mar 6th</u> <u>Lasagna</u> spinach, roll, salad, & dessert \$8.50	<u>Mar 13th</u> <u>Corned Beef & Cabbage</u> \$8.50
<u>Mar 20th</u> <u>Baby Back Ribs</u> rice, corn, roll, & dessert \$8.50	<u>Mar 27th</u> <u>Prime Rib</u> baked potato, green beans, roll, salad, & dessert \$11.00

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>Mar 7th</u> Captain Moose Karaoke & DJ	<u>Mar 14th</u> Tim Hopkins Live music
<u>Mar 21st</u> Captain Moose Karaoke & DJ	<u>Mar 28th</u> Jim Berry Karaoke & DJ

If you have any comments or suggestions for our Canteen, please let us know!

And thank you for your service!

Chairperson **Manager**
Ralph Stephens **Joe Halzack**
canteen@vfw392.hrcoxmail.com

POST ANNOUNCEMENTS

VIRGINIA VETERANS AFFAIRS REPRESENTATIVE

Liz Bonin comes to Post 392 once a month to answer questions concerning veteran's affairs. Her scheduled availability will be posted here each month. For this month, she will be available at the Post:

March 20th, 2014
11:00 AM - 3:30 PM

She is also available weekdays at her Virginia Beach office:

Pembroke Office Park
287 Independence Blvd.
Building 2, Suite 130
(757) 552-1884

Ms. Bonin has provided this valuable service for many years helping Veterans. So please, contact her and let her address your concerns and questions.

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall
- Joseph G. Brady

They are legally authorized to notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc.

Please check with any Post 392 Officers for additional details and for an appointment.

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-

Atlantic Blood Services Region serving central and southeastern Virginia has issued an **emergency** request for blood and platelets. All blood types are needed, especially types O-, A-, and B-.

Please call the American Red Cross to schedule an appointment for one of their upcoming blood drives:

1-800-RED-CROSS
(1-800-733-2767)

COOTIE BREAKFAST

Breakfast Every Sunday
0900 - 1130

Where else can you have a fantastic breakfast with family and friends for \$7.00 per adult ... and know that all the proceeds go directly to support our local hospitalized Veterans? Please come and join us for a wide variety of breakfast foods, meats, eggs, fruit, and more. There's always coffee, or maybe have something a little stronger if you wish. You won't be disappointed!

Volunteers Needed

We could still use volunteers. You don't have to be a Cootie to volunteer, we welcome anyone who wishes to join us. We are all volunteers working for a most worthy cause. Every penny we make goes to our hospitalized Veterans. In addition to the work, we have a lot of fun and make some great friends.

If anyone is willing to help us, please contact Doug Keller (757-418-3178), or Patty Stokes (757-468-9249), or any Post Officer.

Breakfast Chairpersons
Doug Keller & Patty Stokes

VA HOSPITAL PROGRAM

Volunteers Needed

Just about every month we visit

the Veterans at the VA Hospital. We're provide them camaraderie, some fun, and a break from their everyday life at the hospital. This month we are proving the following:

- March 22nd, Movie for the Vets at the VA Medical Center from noon to 3 PM

These events are supported by volunteers. If you would like to participate, please contact me or any of the Officers at the Post.

Please, we could seriously use the help, and I promise you will have a great time! The Vets enjoy our visits, and it's just as fun for us as it is for them!

**Hospital Chairperson
Sue Sowers**

INCOMING



"They're right, Sarge! You have no heart!"

INCOMING Cartoons provided by
John Sheppard
www.incomingcartoons.com

BOOK SPECIAL!

"INCOMING Military Cartoons"

**Free shipping for Post
Members!**

That's not all! For \$15.00 you can get a signed and personalized copy (upon request)!

For address and information email:
shepart@aol.com

NEW SECURE VETERAN HEALTH ID CARDS

Feb. 20, 2014: The Department of Veterans Affairs today announced the phased roll out of newly designed, more secure Veteran Health Identification Cards. The new cards are distinguished by additional security features and will have a different look and feel.

In addition to being more secure, the card has been transformed into a Veterans Health Identification Card (VHIC). Similar to a typical health insurance card, the VHIC displays the Veteran's Member ID, as well as a Plan ID, reflecting the Veteran's enrollment in VA health care.

"VA is committed to providing high quality health care while ensuring the personal security of Veterans," said Secretary of Veterans Affairs Eric K. Shinseki. "These new identification cards are an important step forward in protecting our nation's heroes from identity theft and other personal crimes."

The VHIC is personalized to display the emblem of the Veteran's branch of service. It also provides features that make it easier to use, such as the addition of "VA" in Braille to help visually impaired Veterans, and the printing of VA phone numbers and emergency care instructions on the cards.

The card replaces the Veteran Identification Card (VIC), which was introduced in 2004. As part of a phased rollout, starting this month, the card will only be offered to newly enrolled and other Veterans who have not been issued a VIC. Then, in early April, VA will begin to automatically

issue the more secure VHIC to current VIC cardholders. VA recommends Veterans safeguard their VIC as they would a credit card, and cut up or shred the card once it is replaced. While not required to receive VA health care, all enrolled Veterans are encouraged to get a VHIC.

Both currently enrolled Veterans, and Veterans not yet enrolled can get more information about the VHIC by visiting their local VA medical facility, calling 1-877-222-VETS (8387), or visit the website at: www.va.gov/healthbenefits/

**US Dept. of Veterans Affairs
News release February 20, 2014**

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction. They can be directed to any of the Post 392 Officers, or email them directly to the Newsletter Chairman at mcullen4@live.com

IN MEMORY OF



Major Gunnar Gudjonsson
United States Marine Corp
(Retired)
1942 - 2014



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E-Mail: post@vfw392.hrccoxmail.com
Web Site: www.vfw392.org

SUN	MON	TUE	WED	THU	FRI	SAT
2 • Cootie Breakfast 9 - 11:30 AM Team 1	3 • VFW / LAUX Staff Meeting 5:30 PM	4 • VFW / LAUX Post Meeting & Nominations 7:00 PM	5 • MCL Meeting 7:00 PM	6 • Lasagna 6 - 7:30 PM	7 • Entertainment Capt. Moose	8 • VFW District 2 Meeting At Post 4411 10:00 AM
9 • Daylight Savings • Cootie Breakfast 9 - 11:30 AM Team 2	10 • FRA 166 Staff Meeting	11 • MOC / MOCA Meeting 7:00 PM	12 • Community Service Awards 6:00 PM	13 • Corned Beef & Cabbage 6 - 7:30 PM	14 • Entertainment Tim Hopkins	15
16 • Cootie Breakfast 9 - 11:30 AM Team 3	17 • FRA 166 Branch Meeting	18 • MCL Staff Meeting 7:00 PM • IOOB Meeting 7:30 PM	19 • AOA Meeting 6:00 PM	20 • VA Rep at Post • Baby Back Ribs 6 - 7:30 PM • VVA Chap. 969 Board Meeting	21 • Entertainment Capt. Moose	22 • VA Hospital: Movie 12 - 3 PM
23 • Cootie Breakfast 9 - 11:30 AM Team 1	24	25 • VVA Chapter 969 Meeting 7:00 PM	26 • House Committee Meeting 7:00 PM	27 • Prime Rib 6 - 7:30 PM	28 • Entertainment Jim Berry	29
30 • Cootie Breakfast 9 - 11:30 AM Team 2	31					
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