

Veterans of Foreign Wars of the United States General MacArthur Memorial Post 392

2408 Bowland Parkway Virginia Beach, Virginia 23454-5207 (757) 486-5875 www.vfw392.org

2016 Membership Goal: 1,913

Current Status: 94.11% with 1,773 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

MARCH 2016 - VOLUME 27, NUMBER 9

2015 - 2016 OFFICERS

Post Commander	Douglas M. Iles	Ladies Auxiliary President	Colleen Lewis						
Sr. Vice Commander	Steven E. Graves	Ladies Aux. Sr. Vice President	. Jennifer A. Winn						
Jr. Vice Commander	Hipolito Camacho	Ladies Aux. Jr. Vice President	. Dinah V. Devins						
Quartermaster	John H. Phillips	Ladies Aux. Treasurer	Ellen Stogsdill						
Chaplain	Robert G. Duvall	Ladies Aux. Chaplain	Ingrid Epperson						
House Committee Chairman	Peter A. Gebelein	Ladies Conductress	Lorraine Crain						
Service Officer	Joseph G. Brady	Canteen Manager	Joe Halzack						
Surgeon	Nuvia Rivera	M.O.C. Seam Squirrel	Mark Winn						
Judge Advocate	. David R. Goldstein	M.O.C.A. President	Jennifer A. Winn						



COMMANDER'S CALL

COMRADES AND SISTERS

Comrades and Sisters, February has blown by as a month of recovery from the holidays, fresh renewal of spirit, and getting our Post back up to speed in the areas keeping our continuous of members, reinstating Comrades, and recruiting new members. We have recouped somewhat. however, March is critical and we need an "All Hands" effort to reach our goal!

I am requesting volunteers to help out and get involved in our recruiting efforts. I haven't seen many Comrades step up to the plate yet. Now is the time!

The Saint Patrick's Day Parade is scheduled for March 19th and anticipate a "sea of green". As usual – always a fun time with the luck of the Irish!

Community Service Awards Ceremony is scheduled to take place on the 23rd of March here at Post 392. And anticipate a large group as awards will be given for the top Law Enforcement Officer of the Year, Deputy Sheriff, Firefighter. **EMS** Technician. Teacher of the Year, Scout awards as well as winners of the Patriots Pen and Voice of Democracy contests!

Comrades, it is that time of year where Post members need to be seriously considering their new slate of Officers as nominations are open. We have a lot of Comrades with the talent and experience to hold office. Talk it get and involved providing the leadership and desire to continue to maintain our Post number one in the VFW.

Comrades, thanks for all you do, take care of yourselves, each other, your families, and always remain vigilant! Nobody takes

better care of Veterans, than other Veterans!

... continued on page 2

VOLUNTEERS NEEDED

- **Post Meeting**: Mar 1st at 7 PM. All members may attend
- St. Patrick's Day Parade: March 19th, 9 AM, sign up sheets at Post 392, see any Officer
- **Community Service Awards:** Mar 23rd, time 7 PM, see any Officer
- VA Hospital Visit: Mar 26th, 10:30 AM BINGO, see any Officer
- Cootie Breakfast: every Sunday, see Cooties or any Post Officer
- American Red Cross: Urgently need blood donors, call 1-800-448-3543, or see any Officer
- **Recruit Members**: applications at the Post, see any Officer

POST 392 - NEEDS YOU!

DATES TO REMEMBER

- 3/2 Battle of Bismarck (WW II) started in 1943
- 3/8 US Marines land at Da Nang, Vietnam in 1965
- 3/11 US ArmyCorps of Engineers established in 1779
- 3/14 US / UN forces recapture Seoul, Korea in 1951
- 3/16 Pres. Regan orders troops into Honduras in 1988
- 3/17 Civil War's Battle of Kelly's Ford in 1863
- 3/19 US and coalition forces initiate Iraq War in 2003
- 3/29 Last of US troops withdraw from Vietnam in 1973

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New / Transfer/ Installment Life Members:

Larry M. Williams, Timothy A. Cushman, Marcus S. Smith, Ester Cushman

New / Transfer/ Re-Instated Annual Members:

Eric M. Mattone, Maris E. Cassidy, Larry G. Bailey II, Randall E. Strickland

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish a "Happy Birthday" to Harry I. McBrien, William P. Moran, Clara M Moran, Joseph C. Palmer Sr, Warren F Raine, Sara S. McCabe, Bryan D. Norton, Ruth H. Spencer, Terry Steinbaugh, Betty L Stephens, Jennifer T. Turner-William, and 191 other Comrades and Sisters!

Post Commander Douglas M. Iles

commander@ vfw392.hrcoxmail.com



SENIOR VICE COMMANDER

Comrades, March is upon us and it's time to get ready for the shift of Post officers, I am extremely proud to be a nominee as the next Commander of VFW Post 392, I will work very diligently to continue to make this one of the most successful posts in the District and the Department. With that being said, this cannot be accomplished without the help and support of ALL OUR Comrades, both new and old, this Post needs everyone to be successful, even if it's just a little bit, any help is appreciated.

We have a lot going on within the Post, we are trying to create some new ideas to help the Post become a great place to socialize and have a good time doing it. Feel free to submit any ideas that you might like to do or see in the Post. But remember to make it happen we need all the support of our Post and Auxiliary members, so I ask all our brothers and sisters to become a little more active in the Post, if you don't like the direction we are going, don't sit back and complain, be proactive and attend a meeting; your voice will be heard. A lot of members feel that they cannot make a difference; well, comrades I assure you, you can. Every voice is heard.

Now you also have to remember if anything brought before the Post needs to be voted on there will be pro and cons just as everything else in life, but if we do things in a fair and equal way, the Post will benefit from all of us, we just have to care.

As you all know the annual St. Patrick's Day parade is always

a huge success; I want to thank all those who will participate. Remember Comrades, this is our Post and we are the ones who make or break it. I want to thank all those who will support me in the upcoming campaign and together, we can all make a difference. Till next time faithfully yours.

CONTINUOUS MEMBERSHIP AWARDS

The following individuals have earned Continuous Membership Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

35 Years Continuous Service: Noel J. Santos

30 Years Continuous Service: John H. Phillips

25 Years Continuous Service: Virgil W. Asbury, Robert J. Varljen, Larry D. Gregory, Herman L. Turk, Gregory J. Hallinan, James M. Temple

20 Years Continuous Service: John W. Faulkner, Bill D. Zelms, Robert P. Olson, Bruce A. Bass, Larry O. Utter

15 Years Continuous Service: Roberto Garcia, Kenneth H. Ferguson, Leonard J. Santivasci

10 Years Continuous Service:
James S. Campbell, Darrell L.
Cole, Larry R. Lavigne, Daniel J.
Fuentes, Michael J. Bobby, Jaime
Ibanez-Estevez, Charles K.
Leathers, Gary K. Lulfs, William
T. Tucker

5 Years Continuous Service: Jonathan K. Detwiler, Richard Wernikowski, Franklin C. Haskins

Thank you for your service and congratulations!

SR. Vice Commander Steven Graves

sr-vicecommander@yfw392.hrcoxmail.com



JUNIOR VICE COMMANDER

To the members, family, and friends of VFW Post 392, as we enter the month of March 2016, our key focus continues to be centered on RECRUITING and RETENTION. As the Commander VFW Post 392 continues to reemphasize, ALL-STATE and ALL-AMERICAN are still within reach, but we need an "ALL-HANDS" effort to reach these goals. With that said, we need your continuous support and your active participation in order to meet those challenges "head-on." As I mentioned in last month's newsletter, without the unparalleled support, and professional dedication of our Post and Auxiliary members, this Post will cease to exist....and we can only remain strong, so long as we continue to prosper in our membership enrollment initiatives.

On a different note, VFW Post 392 will participate in the Saint Paddy's Day Parade on 19 March with our fellow Comrades of VFW Post 3160 and 4809. Over 20 members of VFW Post 392 will march alongside our fellow Veterans in support of this annual event, and fun will be had by all!

Remember, Memorial Day is 30 May 2016, and we have sufficient Buddy Poppies on-hand in order to meet our next upcoming fund raising event. So, please sign up to support our Buddy Poppies drive and more information will be

posted as we get closer to this event.

Finally, VFW Post 392 elections are coming up and I can't overstress the importance of "getting involved," especially in a leadership role. So, if you think you are up for the challenge, step up to the plate.

In closing, the months of January and February have come and gone, and we must continue to press forward in the execution of our 2016 calendar. "Unity of Effort" is of the utmost importance, and your continued support and dedication to the vitality of the VFW Post 392 is greatly appreciated.

Jr. Vice Commander Hipolito Camacho

<u>jr-vicecommander@</u> <u>vfw392.hrcoxmail.com</u>



QUARTER-MASTER

2016 MEMBERSHIP DUES

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at <u>vfw.org</u>, or by mail directly to:

VFW National Headquarters

Third Floor, Room 316 406 West 34th St. Kansas City, MO 64111 (please include your membership #)

Consider changing your Annual Membership to a Life Membership and make a life long commitment to serving your fellow service members and Veterans. Life Installment plan is available as an option to the one time payment for Life Membership.

E-Newsletter

The Post Newsletter and Calendar of Events are available

online, for free! To view them online, go to www.vfw392.org and click on the appropriate link along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link.

Ensure that you add the domain "vfw392.org" to your address book, it'll prevent the Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

The best method would be to email it to the Post. If you drop it off or email it, please include your telephone number and email address

Quartermaster John H. Phillips

post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

CHRISTIAN OBSERVANCE OF EASTER, AN ALL IMPORTANT EVENT

When we look at Christians now days, we must think of the Chameleon, we probably think of its ability to change colors according to its surroundings. But the lizard has another interesting characteristic. On several occasions I've watched a chameleon walk along a pathway and wondered how it ever reached its destination. Reluctantly, the

chameleon stretches out one leg, seems to change its mind, attempts again, and then carefully plant a hesitant foot, as if afraid the ground will collapse under it. That why I can't help from laughing when I heard someone say, "Do not be a chameleon church member who says, 'Let me go to church today; no, let me go next week; no, let me wait for a while!""

"The house of the Lord" at Jerusalem was King David's place of worship, and he was far from being a "chameleon" worshiper, Rather, he rejoiced with those who said, "Let us go to the house of the Lord" (PS.122:1). The same was true for believers in the early church. "They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

Every day they continued to meet to gether in the temple courts" (ACTS 2:42-46). What a joy it is to join with others in in worship and fellowship! Praying and worshiping together, studying the Scriptures together, and caring for one another are essential for our spiritual growth and unity as believers. Before our Father's throne we pour our ardent prayers; our fears, of "death" our hopes, our aims are one, our comforts and our cares. This is the only time when we cry out to God.

This is why our children are turning away from Christianity, you must be their mentor show by example.

WHY DOES GOD LET MY FRIENDS LEAD ME TO TEMPTATION

Q: I was asked the other day by comrade the following. I don't have any problem until I get

around some of my old and new friends, who always tempt me to do things that mess up my life. They just laugh when I tell them to stop. Why do they keep pushing me like this?

A: I feel one reason they keep pressuring you, I suspect, is because they don't want to be told that they're actually on the wrong road in life. In other words, they're convinced they are right and everyone else is a fool. But the Bible warns, a violent person entices their neighbor and leads them down a path that is not good" (Proverbs 16:29).

In reality you have two problems -and we all hope you'll face them honestly and (with God's help) deal with them. First you have a problem with your so-called friends. Yes, you call them "friends"-but are they really? A true friend wants to help you, not tear you down. But these so called "friends" are only interested in themselves. To put it bluntly, you need to leave these friends behind and seek new ones. The Bible wisely says, "Do not be misled: Bad company corrupts good character" (1 Corinthians 15:33) But you also face another issueand that's your inability to resist temptation and do what's right.

This is why you are urge to turn your Christian belief. Recently we started a new year. -why not make it the best year you've ever had by asking God, to come into your life. Then ask Him to lead you to friends who can help you to grow strong in responsibilities and faith.

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP*! It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Bulletin Board at the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

- Joseph C. Palmer Sr. (Sentara Nursing Home, Room 211)
- Hugh R. McCabe (Home)
- Kenneth E. Golden (PA Rehab, Room 229)
- Shirley M. Gaughan (Home)
- Clara Moran (Home)
- Carol A. Jones (Rosemont Rehab)
- Robert J. Single, Jr. (Lake Taylor, Room 30)

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

• Ronald C. Jones (USAF, Air National Guard, and Air Reserve) Passed: 20 Jan 2016

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

District 2 Chaplain Post 392 Chaplain Robert Duvall

chaplain@vfw392.hrcoxmail.com



AUXILIARY PRESIDENT

Hello Comrades, Brothers and Sisters! What a crazy month February was! Weather didn't know if it was still winter or spring! We were honored with a visit from our National President Francesca Guillford on February Our Chairman, DeChamplain, did an awesome job coordinating the breakfast for her. Thank you to all the volunteers that came out and helped with setup and clean up! I also want to congratulate our members for their outstanding efforts with membership! Because of you, Department of Virginia Auxiliary made 100%! Great job everybody!

This month our meeting will be March 1 promptly at 7 pm. I need to remind everybody that if you come up to the meeting and the doors are closed, please knock and wait for the Guard to open the door. Also, please be prepared to show your current membership card.

March 19th is the annual St. Patrick's Day parade in Ocean View. It starts at 9 a.m. so you might want to get there early for parking purposes! More information is at the Post.

The Community Service Awards is scheduled for March 23 at 7 p.m.. Come on out and show support for these most deserving award recipients!

This month our monthly Bingo visit at the Hampton VA Hospital is March 26th. If you haven't joined us in this event yet, come on out and enjoy the fun! We meet at the Post at 10:30 a.m. to load up on supplies, then head on out there! Bingo starts at 1 p.m. for those that want to meet us there.

Just a reminder that at our April Meeting we will be electing new Officers! Rules and procedures are located in the Bylaws section of your rituals. Don't have a new book yet? They are now offered for Kindle! And did you know that on the website they have online courses, blogs, and great information on all of the programs that we have!

And last, but probably not least, the Dept. of Virginia Auxiliary website is up and running:

myvfwaux.org/virginia

Feel free to check it out! And as always, we all hope and pray that everybody is doing well, and if there is anything we can do to help those in need we are just a phone call away! God bless all of you!

Ladies Auxiliary President Colleen Lewis

lewiscolleen2@gmail.com



AUXILIARY MEMBERSHIP

CONTINUOUS MEMBERSHIP AWARDS

The Sisters listed below are requested to attend the next regularly scheduled meeting of the Ladies Auxiliary. Our Auxiliary President stands ready to decorate you with the awards indicated:

30 Years Continuous Service: Carol E. Frevele

25 Years Continuous Service: Teresa V. Gaughan

20 Years Continuous Service: Joann G. Bedeaux

15 Years Continuous Service: Patricia F. Lidtke

10 Years Continuous Service: Carol Denning

Thank you for your service and congratulations!

Ladies Auxiliary Treasurer Ellen Stogsdill

post@vfw392.hrcoxmail.com



MOCA

ATTENTION MOC AUXILIARY MEMBERS On February 9, our regularly scheduled meeting of the MOCA, we were to hold elections. However, as only 8 members were present, we did not have the quorum needed to hold the election of officers.

According to our By-Laws, we must hold Elections and Installation prior to March 31, 2016. As such, elections will be held at our next meeting on Tuesday March 8th.

As President, I urge all members in good standing to appear for this important function. If elections are not held, our MOCA folds and we surrender our charter.

Please sisters, plan on being here next month as our Veterans sorely need our services. Installation of all new officers of the MOC & MOCA (if elections are held) is scheduled for March 26th at 6pm

Chaplain Dinah Devins stands ready to assist any members in need.

Please remember to report your Hospital work or Blood donation to; Hospital Chairman, Gail Payne gail101@cox.net she stands ready to receive your hospital, nursing home & rehab hours, mileage and any donations/gifts of cloths, books, magazines or food please report them and dollar \$\$ amount.

As most of you know our Breakfast is the biggest fundraiser we have for our hospital fund. "It's still the best deal in town!"

Please remember breakfast is open to the public - so invite family, friends, coworkers and neighbors.

Our funds are low so we are adding a Casino Night at the Post on April 9. More info will be put out at the next meeting.

You, the members of MOC/ MOCA #9, Post & AUX make a difference in the lives of our hospitalized Veterans and their families with the work that you do each day. I Thank You for keeping them smiling in beds of white. May God Bless and keep you healthy & safe, I am looking forward in seeing you all soon.

> **MOCA President** Jennifer Winn



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200 **Friday.....** 1100-0000 Saturday-Sunday......1100-2200 (Sunday's with Cootie Breakfast, the Canteen opens at 10 AM)

NEW KITCHEN HOURS

Monday-Thursday.... 1100-1400 Friday .. 1100-1400 & 1800-2000 **Saturday / Sunday** 1200-1800

WEEKENDS AT THE VFW **NASCAR**

Start the weekend with Friday's **Social Hour Prices** from 4-6 PM!

And the Canteen now opens at 11:00 AM on Saturdays and Sundays, and 10:00 AM on Sundays when breakfast is being served. Come out and enjoy a cold beer or beverage.

Come out, enjoy yourselves, and watch the races on multiple big screen TV's - and bring the family!

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

Mar 3rd	Mar 10th		
Fried Chicken	<u>Italian Night</u>		
mashed potatoes,	with Bob		
peas, roll, salad,			
& dessert			
\$8.50	\$8.50		
Mar 17th	Mar 24th		
Mar 17th Corned Beef	Mar 24th Meatloaf		
Corned Beef	Meatloaf mashed potatoes, corn, roll, salad,		
Corned Beef cabbage, potatoes,	Meatloaf mashed potatoes,		

Mar 31st

Prime Rib

baked potato, veggie, roll, salad, & dessert \$14.00

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

Mar 4th TBD	Mar 11th Tim Hopkins Live Music
Mar 18th	Mar 25th
Shannon Cooper DJ	Jim Berry DJ

If you have any comments or suggestions for our Canteen. please let us know! And thank you for your service!

Chairperson Manager Pete Gebelein Joe Halzack

canteen@vfw392.hrcoxmail.com

POST ANNOUNCEMENTS

NEWSLETTER ADVERTISING All ads are paid advertisements, and are not endorsed by the

Veterans of Foreign Wars

The VFW Post 392 is offering advertising space for our newsletter that has a monthly circulation of over 2100. All ads must be approved by the Post.

If interested please contact the Quartermaster, for pricing and availability at (757) 486-5875.

STATE OF VIRGINIA **VETERANS AFFAIRS** REPRESENTATIVE

Virginia Pauley is our local Veterans Claims Representative!

We look forward to working with her concerning our VA questions and interests. She is available weekdays at her Virginia Beach office:

Pembroke Office Park 287 Independence Blvd. Pembroke Two, Suite 130 Virginia Beach, VA 23462 Office: (757) 552-1884 virginia.pauley@dvs.virginia.gov

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-Atlantic Blood Services Region serving southeastern Virginia has issued an urgent request for blood. All blood types are needed.

If you are able to donate, please do so and let MOCA Hospital Chairman, Gail Payne, know at: gail101@cox.net. Recording the number of donors reflects in our community services.

www.redcrossblood.org/midatlantic 1-800-RED-CROSS (1-800-733-2767)



Iraq Campaign Medal (Mar 19, 2003 - Dec 31, 2011)

VETERANS CRISIS LINE

VA offers a network of support for all our Nation's Veterans and their families and friends. Veterans in emotional crisis and their loved ones can call the free and confidential Veterans Crisis Line (contact info below) to connect with a qualified crisis counselor who can help.

Veterans and people who are concerned about a Veteran can also go to <u>veteranscrisisline.net</u> to access the confidential, anonymous online chat to connect with a responder and get support.

The Veterans Crisis Line, online chat, and text are available 24 hours a day, 365 days a year, to all Veterans and their families, even if they are not registered with VA or enrolled in VA health care.

Phone: 1-800-273-8255
Web: veteranscrisisline.net
Text Message: 838255

COOTIE BREAKFAST

Breakfast every Sunday (No breakfast March 27th) 9:00 - 11:30 AM

Where else can you have a fantastic breakfast with family and friends ... and know that all the proceeds go directly to support our local hospitalized Veterans! Please come join us Sundays for a wide variety of breakfast foods, meats, eggs, fruit, and more.

There's always coffee, or maybe have something a little stronger. You won't be disappointed!

Volunteers Needed

We could still use volunteers. You don't have to be a Cootie to volunteer, we welcome anyone. We all volunteer because every penny we make goes to our hospitalized Veterans. In addition to the work, we have lots of fun

and make some great friends. If you can help, contact any Officer.

ATTENTION WW II & KOREAN VETERANS!

Honor Flight to Washington DC

There is an upcoming Honor Flight trip to Washington DC for WWII Veteran's scheduled 23 April 2016. The HTVA (Historic Triangle Virginia) Chapter of the Honor Flight organization is sponsoring this trip.

Honor Flight Historic Triangle Virginia (HFHTVA) is a Williamsburg-based non-profit organization established in October 2008 with one goal: to take *every World War II and terminally ill Veteran* in the Hampton Roads and Richmond areas that is able and has not visited the World War II Memorial built in their honor on a charter bus day trip to Washington, DC.

In addition to the WWII Memorial, other scheduled stops include Arlington National Cemetery, the Korean War Veterans Memorial, the National Museum of the Marine Corps (Quantico), and others sites as time allows. All meals are provided and each bus is equipped with wheelchair lifts and restrooms. Each Veteran is accompanied by a trained volunteer guardian, who will assist them for the entire day.

There is no charge to the Veterans as they paid for it through their dedicated service to our great nation more than sixty five years ago. Medical conditions to not restrict participation. (See Veteran's application for details)

The trip is scheduled to depart from 977 Reon Drive, Virginia

Beach, VA 23464 on the 23rd of April 2016 at 0500. Return to same location around 2230.

A Veteran's application is available on the HTVA website:

www.honorflighthtva.org

--- Note From Capt Breeze ---

Our Veteran count thus far for this upcoming trip is very low. We currently have 36 veterans signed up for the trip.

If you know of any WWII or Korean War Veterans who have not yet made the trip to DC with Honor Flight, please help us get the word to them so we can sign them up for the trip.

Vietnam War Veterans have been discussed at the national level and presently it is up to the discretion of individual hubs. As of now, the Honor Flight Historic Triangle Virginia Chapter has decided to continue focusing on WWII and Korean veterans for the time being.

Mike "Breeze" Barea Captain, USN (Retired)



Relay For Life of Virginia Beach

RELAY FOR LIFE

Greetings VFW-392 Brothers and Sisters, As many of you know, I am a Prostate Cancer Survivor. February 21st will mark two years since I've had a Robotic Assisted Laparoscopic Prostatectomy (RALP) utilizing the da Vinci Robotic System. Since my surgery I've wanted to give back and profess to anyone who will listen about the importance of early detection though regularly

scheduled doctor visits.

SO - IT'S THAT TIME OF YEAR AGAIN! I'm asking for your support! The American Cancer Society is conducting a Relay For Life at Salem High School (1993 Sundevil Drive, Virginia Beach) on Saturday June 4th, 2016, commencing at 12 noon.

This is a fund raising event and I ask if you are interested, brothers and sisters, to either donate \$\$\$ in support of my participation or come to participate in the Relay yourselves. Sign up sheets will be up soon.

Thank you for your consideration in support in my participation in the American Cancer Society Relay For Life. All donations are tax deductable. And donations can be made online for your convenience. Please follow the directions below should you desire to donate:

RelayForLife.org/ VirginiaBeachVA

- Click on the above link
- A Relay For Life Home Page will appear
- Select "teams" (bar showing number of teams, participants, and amount raised)
- Scroll down until you locate VFW-392
- Select VFW-392
- A VFW-392 Home Page shall appear
- Select "Donate Now"
- A pop up shall appear asking "Are you sure you want to donate to this team?"
- Select either "Yes, Donate to this team" ... or select any name found on the team list
 - A) If you selected "Yes, Donate to this team", a secure Donate Now Form will appear. Please fill out

accordingly

B) If you selected a name on the team's list, then their individual home page will appear. Select "Donate Now" ... a secure Donate Form will appear, please fill out accordingly

I hope this method / option of donating is agreeable to you. Of note, VFW-392 raised \$5,300 last year! Your willingness to participate and your generosity was and is greatly appreciated!

This is my third go at something like this, and my first serving as Community Champion. Having you back my efforts means the world to me. Thanks again! Should you have any questions, please don't hesitate to contact me.

Mike Barea American Cancer Society Virginia Beach Relay For Life Community Champion (757) 647-6876

Barea michael@bah.com

POST 392 WEB SITE

The VFW Post 392 website (vfw392.org) has been reformatted and updated with a cleaner, smoother look, and a new feature designed to allow us to disseminate Post information and activities in a timely manner. Please take a few moments to visit the website and check it out.

To that end, VFW Post 392 can now be found on Twitter at: twitter.com/VFWPost392. You can also find us directly by searching on Twitter for the name @VFWPost392. This account will be utilized to post updates and information in real time, to ensure that our members and followers can have the best information available on our activities. If you

don't subscribe to Twitter, the account feed has been added to the Post 392 website Calendar page, vfw392.org/calendar/calendar.htm. You can follow the feed there.

Adjutant & Webmaster Michael T. Marushia

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall
- Joseph G. Brady

They are authorized to legally notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc. Please check with the Post's office for appointment.

Be aware that under VA code the notary must acknowledge:

- Signer must personally appear before the notary
- Signer is positively identified
- Signer must affirm under oath the accuracy of the document.

Acceptable Forms of Identification:

To be acceptable, the ID must be one of the following and current:

- Driver's license or State issued ID card
- U.S. Passport
- Foreign Passport (INS validated)
- Driver's license issued in Mexico or Canada
- U.S. Military ID Card.

We do not rely on Social Security cards or photo ID cards issued by non government entities. Under the law the notary has the right to refuse, if he /she suspects anything may be false or wrong.

MEMBERSHIP

Volunteers Needed

can have the best information available on our activities. If you memberships who's dues have

expired / will expire by the end of the current term in office.

These are significant numbers that, with some focus on retention, we can use toward our membership goals, and potentially enable us for 'All State' and 'All American' awards.

What we could use is volunteers to assist in these efforts. Take pride in your Post and the Post Awards, and lend the membership team a hand in reaching Post 392's membership goals! Contact any Post Officer if you would like to volunteer.

SAINT PATRICK'S DAY



Leprechauns, three leaf clovers, pots of gold, blarney stones, and green beer. Is that what St. Patrick's Day is all about, a celebration of all things Irish? Not exactly. But it is all in the spirit of celebration of a single man and his mission to bring Christianity to the great country of Ireland.

St. Patrick is known as the patron saint of Ireland. True, he was not a born Irish. But he has become an integral part of the Irish heritage, mostly through his service across Ireland of the 5th century.

Patrick was born in the 4th century AD. There are differing views about the exact year and place of his birth. Even his real name is unclear. Some historians say it was possibly Maewyn Succat. Though Patricius was his Romanized name, hence he later came to be familiar as Patrick.

As a child, Patrick was said to be

the son a Roman-British army officer in Britain. However, one day a band of pirates landed in south Wales and kidnapped this boy along with many others. Then they sold him into slavery in Ireland. He was imprisoned there for 6 years, when one day he dreamed of having seen God. Legend says, he was dictated by God to escape with a getaway ship.

His escape led him to Britain, and then to France. There he joined a monastery and spent the next 12 years in training. When he became a bishop he dreamed that the Irish were calling him back to Ireland to teach them about God.

With the Pope's blessing, he set out to Ireland. There he converted, baptized, and confirmed the Irish all across his travels. He even converted the Gaelic Irish, who were then mostly Pagans, to Christianity. With diplomatic fashion he brought gifts to kinglets and lawgivers, but never accepted gifts in return.

He even made important converts among the royal families. And this fact upset the Celtic Druids. Patrick was arrested several times, but escaped each time. For 20 years he had traveled throughout Ireland, establishing monasteries across the country. He also set up schools and churches which would aid him in his conversion. He developed a native clergy, fostered the growth of monasticism, established dioceses, and held church councils.

By the end of the 7th century Patrick had become a renowned figure. There are many legends associated with St Patrick. And after some 1500 years, these legends have been inseparably combined with the facts. And together they have helped us know much about the Saint and the spirit behind celebration of the day. Patrick's mission in Ireland lasted for over 20 years. He died on March 17, AD 461. That day has been commemorated as St. Patrick's Day ever since.

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction. They can be directed to any of the Post 392 Officers, or email them directly to the Newsletter Chairman at: mcullen4@live.com, or to the Webmaster at: webmaster@VFW392.org.

INCOMING



"They're right, Sarge! You have no heart!"

INCOMING Cartoons provided by John Sheppard

www.incomingcartoons.com





General MacArthur Memorial Post No. 392

2408 Bowland Parkway Virginia Beach, VA 23454-5207

 Phone:
 (757)486-5875

 Fax:
 (757)486-3576

 E-Mail:
 post@vfw392.hrcoxmail.com

 Web Site:
 www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT	
	Feb 29	1	2	3	4	5	
	•VFW / AUX Staff Meeting 6:30 PM	•VFW / AUX Post Meeting 7:00 PM	• MCL Meeting 7:00 PM	• Fried Chicken 6 - 7:30 PM	• Entertainment TBD		
6	7	8	9	10	11	12	
• Cootie Breakfast 9:00 - 11:30 AM		• MOC/MOCA Meeting 7:00 PM Elections & Social		• Italian Night 6 - 7:30 PM	• Entertainment Tim Hopkins		
13	14	15	16	17	18	19	
• Cootie Breakfast 9:00 - 11:30 AM • Salty Dawgs	•FRA 166 Staff Meeting	• IOOB Meeting 7:30 PM	• AOA Meeting 6:00 PM • MCL Staff Meeting 7:00 PM	• St. Patrick's Day • Corned Beef 6 - 7:30 PM	• Entertainment Shannon Cooper	• St. Patrick's Day Parade 9:00 AM	
20	21	22	23	24	25	26	
• Cootie Breakfast 9:00 - 11:30 AM	•FRA 166 Branch Meeting		• Community Awards 7:00 PM	• VVA Chap. 969 Board Meeting • Meatloaf 6 - 7:30 PM	• Entertainment Jim Berry	• MOC/MOCA Installation • VA Hospital Visit BINGO 10:30 AM	
27	28	29	30	31			
• Easter Sunday • No Cootie Breakfast	• Mayor's Veterans Committee 5:30 PM • HRCVO 7:00 PM	• VVA Chapter 969 Meeting 7:00 PM	• House Committee Meeting 7:00 PM	• Prime Rib 6 - 7:30 PM			
MARCH 2016 - VOLUME 27, NUMBER 9							