



Veterans of Foreign Wars of the United States

General MacArthur Memorial Post 392

2408 Bowland Parkway

Virginia Beach, Virginia 23454-5207

(757) 486-5875

www.vfw392.org

2012 Membership Goal: 1,714

Current Membership: 97.84% with 1,676 Members

May 2012 - VOLUME 23, NUMBER 11

2012 - 2013 OFFICERS

Post Commander.....	Peter Gebelein	Ladies Auxiliary President.....	Suzie Forehand
Sr. Vice Commander.....	Bill Sowers	Ladies Aux. Sr. Vice President.....	Judy Lupole
Jr. Vice Commander.....	John Brooks	Ladies Aux. Jr. Vice President.....	Sue Sowers
Quartermaster.....	Donald E. Brown	Ladies Aux. Chaplain.....	(TBA)
Chaplain.....	Bob Duvall	Ladies Aux. Treasurer.....	Elizabeth Moynihan
House Committee Chairman.....	Ralph Stephens	Seam Squirrel.....	Bill Moran
Service Officer.....	Gunnar Gudjonsson	M.O.C.A. President.....	Pam Myers
Surgeon.....	Merle W. Gootee	Judge Advocate.....	Doug Keller

COMMANDER'S CORNER

COMRADES AND SISTERS

We are getting close to the end of the VFW year. With that being said, I would like to congratulate all the new incoming Post Officers for the 2012-2013 year! And I would also like to extend a warm hearted thank you to all the volunteers that worked as hard as they did to make April such a successful month! My hat is off to you all!

In May, we have a couple of big projects that we will need everyone's help on. The first big one is Buddy Poppies. If we could get everyone to sign up to volunteer just a few hours of their day and distribute Buddy Poppies, we could make this event an astonishing success!

The second big project is the

placing of flags on Veteran's grave sites for Memorial Weekend. We can always use the extra hands, not only with placing the flags, but also with retrieval, conditional inspection, and stowing of the flags.

Both events rely heavily on volunteers, so please support our Veterans and lend a hand!

Membership: we are a little laggard with recruiting new members and getting membership renewals. Our Post is close to the 100% mark! With a little more effort from every member, I believe we can reach our goal and maybe even exceed it!

Please remember one more thing, Comrades and Sisters, this is YOUR Post. So if you have any ideas or suggestions, please attend a meeting and get involved! And please feel free to contact me or any of the post officers.

DATES TO REMEMBER

5/1 Post 392 Meeting

- 5/1 Pres. Bush announces that "major combat operations in Iraq have ended" in 2003
- 5/2 Osama bin Laden killed by US Forces in 2011
- 5/3 Battle of the Coral Sea begins in 1942
- 5/7 German submarine sinks Lusitania in 1915
- 5/8 V-E Day celebrated in America / Britain in 1945
- 5/10 General T.J. "Stonewall" Jackson dies in 1863
- 5/13 Mother's Day
- 5/19 Armed Forces Day (established August 1949)
- 5/20 101st Airborne captures "Hamburger Hill" (Ap Bia Mountain, Vietnam) in 1969
- 5/21 American Red Cross founded in 1881
- 5/30 Operation Pile Driver, an offensive against the 'Iron Triangle' begins (Korean War) in 1951
- 5/30 House Committee Meeting

NEW MEMBERS

I extend a warm welcome to the new members who were voted into our Post at the last regular meeting.

- New / Transfer Life Members:

Ryan D. Bergstresser
Paul V. Porrini
Leonard J. Santivasci

- New / Transfer / Re-Instated Annual Members & Life Installment:

Phillip B. Ballard
Dustin S. Biri
James T. Blount
John C. Carey
William D. Glenn III
Richard W. Halvorson
Joel R. Marquez
Eric J. Medina
Wade A. Morrison
Richard H. Poolos
George C. Thalassinos

Thank you for your service and welcome aboard.

BIRTHDAYS

May I wish "Happy Birthday" to James A. Roberson (Happy 93rd!), Dominick L. Garcia (PPC), Marvel H. Loy (PPC), Richard A. Craig, Douglas R. Keller (PPC), Ronnie S. Kiger, Amanda N. Awtry, Matthew P. Nowak, and 140 other fine comrades!

I also extend warmest "Birthday Wishes" to Goldie Gibson (Happy 81st!), Patricia R. Leach, Barbara Herbert, Mary E. Stogsdill, Priscilla Ann Myers, Jaime L. Taylor, and 21 other fine sisters!

POST MEETINGS

Post meetings are held the first Tuesday of each month. Our

next meeting is at 19:00 (7 pm) on May 1st. I am looking forward to seeing all of you at the meeting.

Post Commander
Peter Gebelein
757-641-6377
djfan516@cox.net

SENIOR VICE COMMANDER

We had quite a turn out for the social hour at the ATRIA Social in early April. We made some new friends and even some new members! Thank you to all who were able to attend!

Last month, I heard a member complaining about the Post Bylaws and Standard Operating Procedures at the bar. I want to remind all, that the proper place for complaints is AT THE MEETINGS!!

My understanding of the Bylaws is that they are approved, and no changes are to be made at this time. The SOP is awaiting final input followed by post approval. I will let you know more as the information becomes available on either governing documentations. Keep in mind, if you attend the meetings, you will know just as soon as I do!!!

A CORPORATE MEETING will be held in June to ascertain if any NEW BY LAW CHANGES are recommended. If you have a complaint pertaining to our Bylaws, that would be the time to air it!

Sunday, 6 May at 1800, the 2012-2013 calendar planning meeting will commence. If you are not present or have made inputs to the Commander prior to the meeting, DO NOT COMPLAIN.

The State convention is 7-10 June in Williamsburg. I hope to see

many of you up there. See flyers at bar for more information.

On the 14th we hosted over 50 vets from the VA hospital for lunch. The LAX did a fantastic job as usual, and the food was superb.

28th of May we will meet at the post at about 1030, and car pool to the Hampton VA hospital. There we will show the vets a movie and serve pizza and drinks. We need all the help we can get for this event, so I hope to see some of you there. Please lend a hand for a good cause!

CALENDAR PLANNING: VVA, FRA, USMC, AOA, DRIVE SAFE, BSA, SALTY DAWGS

On May 6 at 1500 there will be a meeting of ALL organizations who meet in our Post throughout the year. This is a planning meeting to set up the calendar for next fiscal year post activities. PLEASE BE THERE TO PROVIDE INPUT FOR YOUR GROUP.

CONTINUOUS MEMBERSHIP AWARDS

The following comrades have earned Continuous Membership Awards as indicated below.

Please attend the next General Membership Meeting to receive your lapel pin. If you are unable to attend the meeting, contact any Post Officer and your pin will be presented. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

- Forty (40) Years Of Continuous Service:

Jack J. Hilgers



• **Twenty-Five (25) Years Of Continuous Service:**

Michael R. Lynch
Gerd W. Marker
Jack L. Wilson, Jr.

• **Twenty (20) Years Of Continuous Service:**

Stanley Willner

• **Fifteen (15) Years Of Continuous Service:**

Charles R. Alexander
Terrence W. Bobka
Robert Lee Godfrey
Samuel P. Hamaker
William S. Kaufman
Eric L. Rigsby
Michael P. Yatsko

• **Five (5) Years Of Continuous Service:**

David J. Bozak

Thank you for your service and congratulations!

**SR. Vice Commander
Bill Sowers
bosn@sprynet.com**

**JUNIOR VICE
COMMANDER**

Starting Wednesday the 23rd through Memorial Day we will be distributing Buddy Poppies, and don't forget the Buddy Poppy spaghetti dinner is on May 17th!

We are still looking for volunteers to "shake their cans" for Poppies. It is only two hours out of your day to help, so please sign up! The signup sheets are at the Post's doors ... so you can sign up on your way in or out of the Post.

It is well worth your time to volunteer. Buddy Poppies are assembled by disabled Veterans, and the money raised by

distributing them goes to maintaining state and national Veteran's rehabilitation and service programs, and partially supports the VFW National Home for orphans and widows of our Veterans.

As the VFW's official memorial flower, the Poppy represents the bloodshed by American service members. And it reiterates that we will not forget their sacrifices.

VOLUNTEERS is what we need to get the word out! VOLUNTEERS are how we distribute the Buddy Poppies! VOLUNTEERS are what make this all happen! So please, contribute your share of time for a great cause and take pride in your efforts to benefit others!

If you have any questions or need me for any Post business, you can catch me at the Post or contact me at the email address below.

**Jr. Vice Commander
John Brooks
johnjwebb@cox.net**

QUARTERMASTER

**A FRIENDLY REMINDER:
MEMBERSHIP DUES**

Renew your 2012 Annual Membership today - dues are \$30.00. You may bring your dues payment to Post 392, renew them online at vfw.org, or mail them directly to VFW National:

VFW National Headquarters
Third Floor, Room 316
406 West 34th St.
Kansas City, MO 64111

(please include your membership #)

Also, please consider changing your Annual Membership to a LIFE Membership, and never have to

worry again about your renewals!

**NEWSLETTER AVAILABLE
ONLINE AND BY EMAIL**

The newsletter is now available via email! To sign up, go to our website at www.vfw392.org, select NEWS, scroll down, and enter the following: first name, last name, email address, and Membership ID Number. Check the 'Yes' box, and then just click 'Submit'.

CHANGE OF ADDRESS

We need to maintain a current address on our members, here at the post and at national headquarters. So please, when your mailing address changes, be sure to fill out an address change form, and drop it off or mail it to me at the post.

**Quartermaster
Donald E. Brown
post@vfw392.hrcoxmail.com**

**CHAPLAIN'S
CORNER**

**TEMPORARY SHORT TERM
ILLNESS OR INJURIES
LISTING**

Please read the Post Bulletin Board for most recent up-dates as individuals on the Short Term Listing become sick or recover.

- Norm Phelps
Home
- Steve Lasseter
Home
- Patrick Callahan
VA Medical Center, Richmond
- Tony Hardock
Home
- Joe Brady
Virginia Beach General
Room 346

- Joe Gaskill
Home
- Clyde J. Greene
Kindred - Bay Pointe
Virginia Beach
(off First Colonial)

LONG TERM ILLNESS OR INJURIES LISTING

The following named members have a serious, long term illness or injury, that require them to be in the listed location for continuous care:

- Burt Jones
Kings Grant House, Virginia Beach, Room 203
- Nick Nickerson
Hampton VA Medical Center

Please keep our members in your thoughts and prayers for a speedy recovery. If you are unable to visit, send a get well card to let them know they are in your thoughts. Or if you know them personally, a call will let them know that you care.

HELP US TAKE CARE OF EACH OTHER

Comrades, when you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - please contact the Post *As Soon As Possible!* Let us know!

It is important that we extend our hand in anyway possible to aid and comfort our fellow comrades and family in their time of need.

We each maintain a certain degree of self-reliance and independence, but if we cannot fall back upon our VFW brothers and sisters as family, then who are we to call upon?

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- Roger A. Dowe
25 January 2012
- Robert H. Fred
8 February 2012
- John E. Penner
22 March 2012

At our monthly meeting, Draping of the Charter had been conducted; also a prayer of solemn tribute was given on behalf of our departed comrades.

OUR MONTHLY BREAD

Unanswered Prayers
(Suggested reading: Luke 7:1-12)

An explanation we often hear for “unanswered” prayers is that we don’t have enough faith. But Jesus said in Luke 17:6 that if we have faith the size of a mustard seed, we can command a mulberry tree to be uprooted and planted in the sea and it will obey us. In other words, the effectiveness of our prayers depends not on how much faith we have, but on whether we even have faith.

Luke tells of a Roman centurion with “great faith” (7:9). His faith was expressed first as an appeal to Jesus to heal his dying servant. Then it was expressed as an acknowledgment that Jesus could heal his servant anytime, anywhere. The centurion did not ask Jesus to do things his way.

Faith has been described as “trusting God’s heart and trusting God’s power”. Some prayers that seem to go unanswered are simply instances in which God has lovingly overruled our wishes. He knows that what we have asked for

is not best. Or it may be that our timing is not His timing, or He has some far greater purpose in mind. Let us remember, even Jesus prayed to His heavenly Father, “Nevertheless not my will, but Yours” (Luke 22:42). Do we or you have the centurion’s great faith --- a faith that trusts God to do His work, in His way?

Unanswered prayers are unanswered still as part of God’s plan; they help to carry out His will to demonstrate God’s love for man. God’s answers are wiser than our prayers.

A LITTLE RELIGIOUS HUMOR

A Letter Addressed to God

A letter written in a childish scrawl came to the Post Office, addressed to “God.”

A postal employee, not knowing exactly what to do with the letter, opened it and read; “Dear God, my name is Jimmy, I am 6 years old. My father is dead and my Mom is having a hard time raising me and my sister. Would you please send us \$500?”

The Postal employee was touched. He showed the letter to his fellow workers and all decided to kick in a few dollars each, and they were able to raise \$300. They sent it to the family back through the mail system.

A couple of weeks later the same post office received a second letter addressed to God.

The boy, Jimmy, thanked God for the recent infusion of cash, but ended with this request: “Next time, would you send the money directly to us? If you send it through the post office, they deduct \$200!”

**VOLUNTEERS NEEDED FOR
FUNERAL MEMORIAL
SERVICES / COLOR GUARD**

Our Post has become shorthanded of volunteers to perform required duties for Memorial Services of our deceased VFW members and veterans. The Post's participation of these honorable and formal procedures are requested from the VFW member, veteran, or their families.

Each comrade that volunteers will be trained for their individual position's duties, and cross-trained for all other duties in the services. This allows supplementation of members as need be, and also allows for familiarization of the complete procedures to ensure a graceful service progression.

If you accept to volunteer, you will be placed on the 'call notification' list, and contacted when service requirements necessitate.

The dress code will be 'Blues and Grays' with a white shirt, a tie, black shoes, and your VFW dress hat.

If you would like to participate contact the Post Chaplain: Bob Duvall, or the Service Officer: Gunnar Gudjonsson.

**Post Chaplain
Robert Duvall**

**LADIES AUXILIARY
PRESIDENT**

Dear Sisters,

Election of officers for 2012-2013 was held at our last meeting. Congratulations to the following:

- **President:** Judy Lupole
- **Sr Vice President:** Sue Sowers
- **Jr Vice President:** Colleen Lewis
- **Chaplain:** Lucy Bailey
- **Treasurer:** Beth Moynihan
- **Conductress:** Patty Stokes
- **3 Year Trustee:** Denice Moran
- **Guard:** Amy Kiger

Please join us on May 23 for the Installation of Post and Ladies Auxiliary officers.

In closing, to those of you who are ill or otherwise indisposed and have not been able to join us, you are in my thoughts and prayers.

**Ladies Auxiliary President
Suzie Forehand**

**LADIES AUXILIARY
MEMBERSHIP**

The sisters listed below are requested to attend the next regularly scheduled meeting of the Ladies Auxiliary. Our Auxiliary President stands ready to decorate you with the Continuous Membership awards indicated.

• **Fifteen (15) Years Of
Continuous Service:**

Jan Gossen

• **Ten (10) Years Of
Continuous Service:**

Debra M. Glaser

• **Five (5) Years Of
Continuous Service:**

Peggy Ann Austin
Sue Griffin

Thank you for your service and congratulations!

**Ladies Auxiliary Treasurer
Elizabeth Moynihan**

**CANCER AID AND
RESEARCH**

**MAY: MELANOMA AND
BRAIN CANCER
AWARENESS MONTH**

Skin / Melanoma Cancer

May starts National Skin Cancer / Melanoma Awareness Month. Skin cancer is one of the most common types of cancer, with over one million people diagnosed each year.

Fast facts about skin cancer:

- Skin cancer and melanoma account for about 50% of all types of cancer diagnosed combined.
- Skin cancer is one of the most preventable types of cancer.
- More than 90% of skin cancer is caused by exposure to the sun.
- Each hour, 1 person dies of skin cancer.

Skin Cancer and Melanoma Basics:

- Skin cancer is divided into two categories: melanoma and non-melanoma.
- Melanoma is a dangerous form of skin cancer.
- Although serious, non-melanoma is much less life threatening and easier to treat.

Symptoms of Skin Cancer:

- A small lump (spot or mole) that is shiny, waxy, pale in color and smooth in texture.
- A red lump (spot or mole) that is firm.
- A sore or spot that bleeds or becomes crusty. Also look for sores that don't heal.
- Rough and scaly patches on the skin.
- Flat scaly areas of the skin that are red or brown.

- Any new growth that looks suspicious.

The Causes of Skin Cancer:

- Unprotected exposure to the sun's UV rays is the culprit of most causes of skin cancer.
- Genetics also can play a role in skin cancer development.

Brain Cancer

Not all brain tumors cause symptoms and some are found mainly after death, with the death not caused by the brain tumor. The symptoms of brain tumors are numerous and not specific to all brain tumors, meaning they are caused by many other illnesses as well.

The only way to know for sure what is causing the symptoms is to undergo diagnostic testing. Early symptoms may not occur, but when they do, they are typically caused by the following:

- The symptoms are caused by the tumor pressing on or encroaching on either places of the brain and keeping them from functioning normally.
- Some symptoms are caused by swelling in the brain primarily caused by the tumor or its surrounding inflammation.
- Some symptoms of primary and metastatic brain cancers are similar in men, women and children.

Most common symptoms:

- Headache
- Weakness
- Clumsiness
- Difficulty walking
- Seizures

Nonspecific symptoms:

- Altered mental status in concentration, memory, attention or alertness.
- Nausea, vomiting: especially

early in the morning.

- Abnormalities in vision (for example double vision, loss of peripheral vision)
- Difficulty with speech.
- Gradual changes in intellectual or emotional capacity.

In many people, the onset of these symptoms is very gradual and may be overlooked by both the person with the brain tumor and the person's family members, even for a long time.

Occasionally, however, these symptoms appear more rapidly. In some instances, the person acts as if he or she is having a stroke. In some patients, the symptoms may be more pronounced if the cancer is located mainly in a specific brain lobe that is usually responsible for certain body functions.

Let us celebrate less cancer and more birthdays!

**Chairmen
Tina Brown
Judy Lupole**

P.S. We will have information on the cancer dance in the next newsletter. We are looking forward to seeing everybody there! We are hoping to raise A LOT of money for cancer aid and research!

**POST
ANNOUNCEMENTS**

**VA HOSPITAL VOLUNTEERS
MEETING**

There will be a meeting on Monday, May 7, 2012 at 7:00 PM for those interested in helping at the VA hospital during the Saturdays we have either Movies or Bingo.

This meeting is open to all who are already on the schedule, and also those who wish to volunteer. We have a few new guidelines to go

over with all the volunteers. If you are interested in volunteering, please contact Sue Sowers at 757-427-1557 or just come to the meeting.

THANK GOD IT'S FRIDAY!!

This is the time of the week to unwind from the rat race and enjoy a quiet evening of entertainment, socializing with your friends, and taking a great opportunity to make new friends. Social hour prices are in effect from 4 to 6 PM.

From 6:00 to 8:00 PM the kitchen will offer steamed shrimp, and our full menu will also be available.

WEEKENDS AT THE VFW

Weekends at the VFW has something for everyone. The Canteen will open at 11:00 AM on Saturdays and Sundays with all your favorites on tap and in bottles.

We have six (6) TVs, five (5) of which are large flat screens. So with NASCAR in season, you will definitely have a seat with a good view to keep an eye on your driver!

Come down and spend a great afternoon with your comrades and sisters at the Post.

**Chairman
Ralph Stephens
Manager
Joe Halzack**

“We cherish too, the Poppy red,
That grows on fields where valor led,
It seems to signal to the skies,
That blood of heroes never dies.”



Moina Michael's
“In Flanders Fields”

THURSDAY NIGHT

DINNERS

May 3rd

BBQ Baby
Back Ribs
Potato Salad
Baked Beans
Hot Rolls
Fresh Salad Bar
Dessert
Cost: \$7.50

May 10th

Salisbury Steak
Mashed
Potatoes
Green Beans
Hot Rolls
Fresh Salad Bar
Dessert
Cost: \$7.50

May 17th

Brunswick Stew
Egg Noodles
Hot Rolls
Fresh Salad Bar
Dessert
Cost: \$7.50

May 24th

Buddy Poppies
Spaghetti
Dinner
Cost: \$7.50

May 31st

Grill Your Own Steak
Baked Potato
Grilled Onions / Peppers
Hot Rolls
Fresh Salad Bar
Dessert
Cost: \$9.50

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7PM to 10PM.

May 4th

Monica Arnold
Karaoke & DJ

May 11th

Tim Hopkins
Live music

May 18th

Captain Moose
Karaoke & DJ

May 25th

Jim Berry
DJ

STATE OF VIRGINIA

VETERANS AFFAIRS

REPRESENTATIVE

PLEASE NOTE NEW SCHEDULE

Ms Elizabeth Bonin will now be at Post 392 once a month to

answer any questions concerning veteran's affairs.

Her scheduled availability will be posted here each month. For this month, she will be available:

May 17th
11:00 AM - 3:30 PM

She is also available weekdays at her Virginia Beach office:

Pembroke Office Park
287 Independence Blvd.
Building 2, Suite 130
(757) 552-1884

Ms Bonin has provided this valuable service for many years and helped numerous comrades and sisters to get the benefits they have solely earned. She stands ready to assist you, so please, come out and talk to her.

Liz Bonin

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's for the Commonwealth of Virginia:

- Service Officer, Gunnar Gudjonsson
- Chaplain, Bob Duvall

They are authorized to legally notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc. Please check with the VFW main office for appointment.

Be aware that under VA code the notary must acknowledge:

- (1) Signer must personally appear before the notary.
- (2) Signer (s) must positively be identified
- (3) Signer must affirm under oath the document accuracy.

Acceptable Forms of Identification:

(To be acceptable, the ID must be current, contain a photo and

physical description of the card holder, have the card holder's signature, and a serial or ID number.)

- (1) Driver's license or State issued ID card.
- (2) U.S. Passport
- (3) Foreign Passport, validated by INS.
- (4) Driver's license issued in Mexico or Canada
- (5) U.S. Military ID Card.

We do not rely on Social Security cards or photo ID cards issued by non government entities. Under the law the notary has the right to refuse, if he/she suspects something may be false or wrong.

COOTIE BREAKFAST

Sundays from 0900-1130

Last Breakfast, Sunday the 13th

Please come and join us, you won't be disappointed!

Our Breakfast Teams need help! We need volunteers and back up cooks for all three teams. If you volunteer as a back-up cook, you only have to fill in when the regular cook cannot be there.

You do not have to be a Cootie to volunteer, we welcome anyone who wishes to join us. Come volunteer for a worthy cause: every penny we make goes to our hospitalized Veterans. In addition to the work, we have a lot of fun and make some great friends.

For more information, call Doug Keller (757-418-3178), or Patty Stokes (757-468-9249).

**Breakfast Chairman
Doug Keller**

**Co-Chair
Patty Stokes**

**Cash Coordinator
Frank Frevele**

TROOP 392

Post 392 Scouting Program

Come out and join Cub Scout Pack 392, Boy Scouts Troop 392, and Venturing Crew 1911!

For more information call Wes Gibson at 757-615-8300.

**YIS
Wes Gibson**

CORRECTIONS

Previous Newsletters identified our VA Representative, Ms. Bonin's office address as Suite 120. The accurate address is Suite 130 and has been corrected for all future Newsletters.

Please accept our apologies for any confusion or issues these errors may have caused.

We welcome any comments, suggestions, or complaints about errors that warrant correction. They can be directed to any of the Post 392 Officers.

INCOMING



“You can always tell the sailor who is on his first cruise by the way he negotiates the ship corridors”

INCOMING Cartoons provided by
John Sheppard

Visit his website at:
www.incomingcartoons.com and
while you're there, check out his
new Book: “INCOMING Military
Cartoons”!

NATIONAL CEMETERIES PAUSE ON MEMORIAL DAY

*(excerpts from US Dept of VA web
article)*

Memorial Day weekend for many people is a time spent frolicking at the beach or enjoying a traditional backyard barbecue with family and friends. For others, the weekend is a time for somber remembrance of the loved ones who died in the service of their nation.

Memorial Day is the federal holiday celebrated the last Monday of each May to honor the men and women who died while serving in the military. Unlike Veterans Day, which is held each November 11 to honor all Veterans, Memorial Day represents a time for the nation to pause, remember and honor the service of deceased Veterans and military members who died on active duty.

Memorial Day traditions

Alec Bennett, a historian with the Department of Veterans Affairs' National Cemetery Administration, said that the place where Memorial Day originated continues to be disputed. Waterloo, N.Y. and Charleston, S.C., are often mentioned among the places where the holiday began in 1866.

The holiday was originally called Decoration Day, when the tradition of decorating the graves of Union and Confederate Veterans began. It still brings loved ones to the graves of the deceased, often with flowers.

More than 100,000 people are expected to attend activities at VA's national cemeteries; with color guards, readings, bands, and choir performances. Events will honor about one million men and women who died in the military during wartime; including about 655,000 battle deaths.

National cemetery staff and volunteers typically place American flags on each grave. At Arlington National Cemetery in Virginia, for example, Soldiers from the 3rd U.S. Infantry Regiment based at Fort Myer, Va. (the famed “Old Guard”) traditionally decorate each grave with a small American flag.

Remembering all the fallen warriors

On Memorial Day at 3 p.m., local time around the nation, Americans will be silent the annual Moment of Remembrance to pause and reflect on the sacrifice of America's fallen warriors and the freedoms that unite Americans.

The Department of Veterans Affairs maintains approximately three million gravesites at its 131 national cemeteries and has the potential to provide six million graves on more than 19,000 acres in 39 states (and Puerto Rico), as well as 33 soldier's lots and monument sites.



They Gave, Will You?

Get Your Buddy Poppies Here

The Flower Of Remembrance



All proceeds benefit VFW veterans assistance programs



May 23rd thru Memorial Day
Post 392 - Needs YOU!





VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392
 2408 Bowland Parkway
 Virginia Beach, VA 23454-5207

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 Fax: (757)486-3576
 E-Mail: post@vfw392.hrcoxmail.com
 Web Site: www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
		• VFW / LAUX Meeting 7:00 PM	• USMC League Meeting • Troop 392	• BBQ Baby Back Ribs 6 - 7:30 PM	• Steamed Shrimp 6 - 8 PM • Entertainment Monica Arnold	• VA Hospital Casino Day
6	7	8	9	10	11	12
• Cootie Breakfast Team Three • Salty Dawg Mtg • Calendar Planning Meeting	• VA Hospital Volunteers Meeting 7:00 PM	• MOC / MOCA Meeting 7:00 PM	• Troop 392	• Salisbury Steak 6 - 7:30 PM	• Steamed Shrimp 6 - 8 PM • Entertainment Tim Hopkins	
13	14	15	16	17	18	19
• Mother's Day • LAST Cootie Breakfast Team One	• FRA 166 Staff Meeting		• USMC League Meeting • AOA Assoc Mtg • Troop 392	• Brunswick Stew 6 - 7:30 PM	• Steamed Shrimp 6 - 8 PM • Entertainment Capt Moose	• Armed Forces Day
20	21	22	23	24	25	26
	• FRA 166 Branch Meeting		• Installation Post / LAUX • Buddy Poppies • Troop 392	• Buddy Poppies Spaghetti Dinner 6 - 7:30 PM	• Buddy Poppies • Steamed Shrimp 6 - 8 PM • Entertainment Jim Berry	• Buddy Poppies • VA Hospital Bingo
27	28	29	30	31		
• Buddy Poppies	• Memorial Day Colors Wreath Laying 8:00 AM	• VVA Chapter 969 Meeting 7:00 PM	• House Committee Meeting 7:00 PM • Troop 392	• Grill Your Own Steak 6 - 7:30 PM		
MAY 2012 - VOLUME 23, NUMBER 11						