



Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392
 2408 Bowland Parkway
 Virginia Beach, Virginia 23454-5207
 (757) 486-5875
 www.vfw392.org

2014 Membership Goal: 1780
 Current Goal Status: at 100% with 1,780 Members

Since 1969: 12 'All State Post' and 38 'All American Post' Awards

MAY 2014 - VOLUME 25, NUMBER 11

2013 - 2014 OFFICERS

Post Commander.....	Michael E. Gaughan	Ladies Auxiliary President.....	Gail Payne
Sr. Vice Commander.....	Steven C. Williams	Ladies Aux. Sr. Vice President.....	Colleen Lewis
Jr. Vice Commander.....	Douglas Iles	Ladies Aux. Jr. Vice President ..	Denice E. Moran
Quartermaster.....	Donald E. Brown	Ladies Aux. Treasurer.....	Elizabeth Moynihan
Chaplain.....	Robert G. Duvall	Ladies Aux. Chaplain.....	Lucille Bailey
House Committee Chairman.....	Ralph D. Stephens	Ladies Conductress	Patty Stokes
Service Officer.....	Joseph G. Brady	Canteen Manager	Joe Halzack
Surgeon.....	Jonathan L. Harnden, Sr.	M.O.C. Seam Squirrel	Willie Dean
Judge Advocate	Douglas R. Keller	M.O.C.A. President.....	Ellen Stogsdill



COMMANDER'S CALL

COMRADES AND SISTERS

Getting down to the final 2 months and we finally achieved the numbers for 'All American' and have 100% of our Post membership! We still need to achieve 101% to be eligible for 'All State'. Meaning, we need to get another 10 members to sign up prior to May 8th. Let's go get these members!

The listing of members that are past due is in the office. If you have the time to spend, come by and get a copy of one of the pages and assist in making calls or sending emails to these individuals. Our cut off is 8 May, so we need to get busy. The Senior Vice Commander, Steven Williams, is in charge of the membership drive and he could use the help in recruiting new members.

Our Post was number 5 in the

world but we have slipped back to number 6. Remember: Strength is in our Membership.

The next Post meeting will be May 6th, followed by the Installation of the 2014-2015 Officers on May 10th. Come on out and support the newly elected Post Officers and cheer them on. We have a great team coming onboard for 2014-2015, so I hope they get all the support they ask for. Being a Post Officer is not as easy as most people think. A lot happens through the course of the year and the only way to get through it ... is to work as a team.

Buddy Poppies will be coming up, as well as the placing of the flags at the 5 cemeteries. Every year we are responsible for distribution and recovery of flags for Memorial Day.

There will also be a Wreath Laying at the Tidewater Veterans Memorial Park on the 26th, so come on out and join in the ceremony. Our Post will have 2

wreaths to place in the park. The park is located at the beach front area on Jefferson Avenue.

... continued on page 2

VOLUNTEERS NEEDED:

- **Post Meeting:** May 6th, at 1900. All members may attend
- **VA Hospital:** May 3rd, Casino Day. Sign up sheets at the Post
- **Buddy Poppies Dinner:** May 22nd. Set up, clean up, or come eat, see any Post Officer
- **Buddy Poppies:** May 22nd thru 26th. Volunteer signup sheets at the Post, see Doug Iles
- **Memorial Day Flags:** May 24th Flags Out, 31st Flags In. Volunteers see any Post Officer
- **Memorial Day Colors:** May 24th, 0800 at the Post
- **American Red Cross:** Urgently need blood donors, call 1-800-448-3543, or see Judy Lupole
- **Funeral Services:** as required, see Chaplain Bob Duvall
- **Recruit Members:** applications at the Post, see any Post Officer

POST 392 - NEEDS YOU!

Always remember that this is your Post. So come out to the meetings and have your say.

DATES TO REMEMBER

- 5/1 Major combat operations in Iraq ended in 2003
- 5/2 Osama bin Laden killed by US Forces in 2011
- 5/3 Battle of the Coral Sea begins in 1942
- 5/8 V-E Day in 1945
- 5/17 Armed Forces Day (est. August 1949)
- 5/20 101st Airborne captures Hamburger Hill (Vietnam) in 1969
- 5/30 Operation Pile Driver (Korean War) in 1951

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

**New / Transfer
Life Members:**

Michael E. Evans

**New / Transfer / Re-Instated
Annual Members:**

Frank Babbitt, Seth T. Hargens,
Justin R. Burch, Harry M.
Cosentino, Steven C. Coster,
Bryon E. Edgecombe, William T.
Gillespie III, Jack E. Knight,
Kevin, J. Wilson, Craig A. Powell,
Melvin Purvis, Thomas A.
Trachsel, Jason E. Conyer,
David A. Yemington

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish "Happy Birthday" to Charles E. Ember, Philip V. Hanna, Charles E. Kelly, Jonathan L. Harnden, Richard A. Craig, Timothy E. Schanken, Douglas R. Keller, Peter A. Gebelein, Jonathan L. Harnden Jr., Amanda

N. Awtry, Michael D. Lund, Matthew P. Nowak, Mary E. Stogsdill, Priscilla Ann Myers, Dinah V. Devins, Lorain K. Crain, Stephanie L. Marushia, Jaime L. Taylor, and 169 other fine Comrades and Sisters!

Post Commander

Mike Gaughan

[commander@](mailto:commander@vfw392.hrcocmail.com)

vfw392.hrcocmail.com



SENIOR VICE COMMANDER

I want to start this article by thanking you for your confidence in me by electing me to be your next Commander. I have faith in all of you for your continued support, because without your support I cannot succeed. We are looking at making our Post more organized, more enjoyable and more supportive of Veterans' needs.

I also want to congratulate all of our newly elected comrades and ladies who will do everything they can to achieve new heights of excellence to serve you. That said, we are in need of several people to fill the positions as leaders of a variety of teams. In the coming days, I will be posting a list of teams that will need members to participate and achieve our most significant goal, to do everything possible to assist Veterans and follow the mantra of "Nobody does more for Veterans."

I want to thank our membership team for the Outstanding job reaching out to members and obtaining the numbers needed for 'All American' and 100% membership. As the Commander has mentioned, we need several more members to get the 101% requirement to be eligible for "all

State'. Please, each of you try to recruit at least one person who you know that would not only join but those who will be willing to get into action and join one or more of our teams.

I want to thank Commander Gaughan and Jr. Vice Commander Iles for all their time and dedication in contacting people and getting them to update their memberships. They have spent a tremendous amount of time pounding the phones and talking to those comrades who have not paid their dues.

Annual members, in the past your annual membership ran from January to December. Under the new rules, annual membership will run from the date signed for one year. So you should be aware of when your dues need to be paid.

Just to highlight some proposed ideas and my immediate concerns and visions:

- New ventilation system that will filter the smell of smoke and make the Canteen a cleaner and more enjoyable area
- Clean and paint the interior of the Post
- Make necessary repairs and enhancements for storage of equipment and supplies. (Rebuild the exterior wall in our lean-to shed, enhance the patio, and make our landscape more appealing)
- Create a recruiting team who will participate in various events in the community to foster better relations and solicit new members on a monthly basis
- Fill the need for a Morale, Welfare, and Recreation team (per our Standard Operation Policy) who will explore the possibility of new entertainment and get-togethers

- Explore and cultivate the establishing of a “Men’s Auxiliary”
- Expand participation in our military assistance programs
- Liaison and foster better operations with our bordering Comrades and Ladies from Post 3160 and 4809 in order to best serve our Active Military and Veterans in need.

These are just some of the ideas that have been brought to my attention and I hope that you will continue to make suggestions and let me know what you want for your Post.

I hope to see all of you at our Installation on May 10th at 1:00 PM, and I look forward to serving as your Commander.

Be Proud, Be Professional, and Press On!

CONTINUOUS MEMBERSHIP AWARDS

The following Members have earned Continuous Membership Awards. Please attend the next Post Meeting to receive your lapel pin. If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

35 Years Continuous Service:

George A. Pontious

25 Years Continuous Service:

Howard J. McGrath,
Larry P. Hebert

20 Years Continuous Service:

David W. Wemhoff, Allan W. Tondreau, Wesley E. Hill, David A. Howard, Clarence R. Kinney, Donald R. Miller Jr.

15 Years Continuous Service:

David J. Hord, Michael S. Novak

10 Years Continuous Service:

Douglas R. Bolling, Jonathan L. Harnden Jr., Larry K. Loggins, Donald E. Moore, James J. Parker-Shuler, Thomas C. Shoemaker, Kevin P. Weitzel, Harold S. Whitehurst, Dan Lawrence

5 Years Continuous Service:

Marvin J. Wilson Jr., Jack D. Sandford, Chris U. Heppler, William R. Smith, Brian J. Dessel, Charles E. Bledsoe

Thank you for your service and congratulations!

SR. Vice Commander

Steven C. Williams

sr-vicecommander@vfw392.hrcoxmail.com

JUNIOR VICE COMMANDER

Comrades, it has been a very busy month in April and expect no less in May! Ladies Aux sponsored a great Cancer Dance on Apr 5th, and had a tremendous response and a good time. Our Staff Officers attended a District 2 working dinner on Apr 12th at Post 4809. Key issues discussed were membership, membership, membership! Membership is a total Post Involvement and focus needs to be ramped up! We are currently making an all-out assault to obtain ‘All-State’ and ‘All-American’ status. Please to jump in and help out wherever you can.

We participated in Harry S. Truman’s Readiness Support Group on Apr 17th and the International Tattoo event which is honoring Vietnam Vets from all countries involved from 4/24 thru 4/27. In May, expect another full slate. Staff Officers will participate in Diversity Day at Little Creek base on 5/14. NJROTC awards at Landstown

High will be presented by our Senior Vice-Commander on 5/7. “Buddy Poppies” will go out 5/22 thru 5/26 at NAS Oceana’s Commissary, Package Store, and Navy Exchange. We also have flags to distribute and pick back up at 5 cemeteries. We need volunteers in both instances. Lists to be posted shortly. So don’t be bashful, sign up for a couple of hours. You will be glad you did!

On May 1st, 25 former combat-wounded vets will be making an “Honor and Remembrance” run from Fort Story to Arlington. There will be markers every mile along Shore Drive, and folks will be volunteering at each mile along the way to applaud and assist these warriors as need be; feel free to participate and cheer them on!

Oh, I did take a 5k stroll myself in late March for the Wounded Warriors down on the Virginia Beach boardwalk; I wore my VFW cover and jacket and seemed to be the only VFW member. If you care to go next year, let me know and maybe we can have a group outing!

Another reminder to get out and vote this fall! A lot of Veteran’s benefits are being looked at closely to be reduced, combined, or eliminated and will affect a multitude of veterans. Be sure you vote as it will make a difference!

Keep the faith, hang in there, and keep your powder dry. Remember, we never leave a Vet behind!

Jr. Vice Commander

Douglas Iles

jr-vicecommander@vfw392.hrcoxmail.com





QUARTER-MASTER

2014 MEMBERSHIP DUES

Effective 1st of January 2014, National has increased **annual dues to \$40.00.**

Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to the VFW National:

VFW National Headquarters

Third Floor, Room 316
406 West 34th St.

Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a LIFE or LEGACY LIFE Membership, and never have to worry about renewals again!

E-NEWSLETTER

The newsletter is available via email, for free! To sign up, go to our website at www.vfw392.org, select 'Monthly Newsletter' on the left side of the page, and then follow the links to "Subscribe to the VFW Post 392 Mailing List".

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

Quartersmaster

Donald E. Brown

post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

HELP US TAKE CARE OF EACH OTHER

When you or a family member

falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP!*

It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **Mildred 'Millie' G. Branyan**
25 March 2014
- **Robert E. Fillmore**
US Navy (Retired)
29 March 2014
- **Diane Jordan**
30 March 2014
- **Raymond C. Clark**
US Navy (Retired)
12 April 2014

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

VOLUNTEERS NEEDED FOR FUNERAL MEMORIAL SERVICES / COLOR GUARD

Our Post is shorthanded for volunteers to perform required duties for VFW Memorial Services of our deceased veterans. The Post's participation in these honorable and formal procedures are requested from veterans, or their families.

If you would like to participate, please contact the Post, Chaplain Bob Duvall, or the Post Service Officer Joseph Brady.

District 2 Chaplain

Post 392 Chaplain

Robert Duvall

chaplain@vfw392.hrcoxmail.com



POST SURGEON

Should your Post be smoke free?

Our sisters and comrades frequently ask this question. At a recent House Committee meeting, we discussed a survey that was sent to our membership by e-mail last year. One of the questions on the survey had to do with improving the Post. The majority of those who responded to the survey indicated that they would like the Post to be smoke free.

In our recent efforts to contact past due members to ask why they haven't renewed their membership, many of them said they do not come to the Post because of the tobacco smoke and therefore were not interested in renewing their membership.

The Post has tried to alleviate the secondhand smoke problem by installing smoke eaters and filters throughout the Canteen. Smoking is now restricted to the bar area and televisions have been installed in the smoke free room. This has helped, but has not solved the problem of secondhand smoke.

According to the Centers for Disease Control, eliminating smoking in indoor spaces is the only way to fully protect nonsmokers from secondhand smoke exposure. Separating smokers from nonsmokers within the same air space, cleaning the air, opening windows, and ventilating buildings does not eliminate secondhand smoke exposure.

This may be the time to take the next step and consider making your Post tobacco smoke free. The House Committee has been discussing this important topic,

which will affect all of our members, and will consider all options for solving this important health issue.

**Post Surgeon
Jonathan L. Harnden, Sr.**



**AUXILIARY
PRESIDENT**

Elections were held at the April Aux meeting. Your officers for the ensuing year are as follows:

- President: Colleen Lewis (YAY!)
- Sr. Vice Pres.: Jennifer Winn
- Jr. Vice Pres.: Jessica Johnson
- Chaplain: Dinah Devins
- Treasurer: Ellen Stogsdill
- Conductress: Patty Stokes
- Guard: Loraine Crain
- 3 Year Trustee: Holly Defilippo

I offer my congratulations and luck to all our new Officers. Colleen still has a few Chairmanships open, so if anyone is interested in helping, please contact her or the Post.

I continue to remind the membership that the American Red Cross has issued an Emergency Appeal, urging all eligible donors to give blood. Blood supplies are very low. For additional information call 1-800-448-3543 or visit the website www.redcrossblood.org. If you are able to respond, please report to our Hospital Chairperson Sue Sowers.

Early Bird membership renewals have been mailed. Renew your 2015 membership now and save until September 30th. Anyone interested in a Life Membership, can now pay it over 6 months. Please contact Treasurer Beth Moynihan.

Our annual Cancer Dance was a great success. Thank you to all

who attended and donated to this very worthy cause. Chairpersons Tina Brown & Ellen Stogsdill have their own input in this newsletter so please read carefully.

The Vet's Luncheon on April 12th was, as always, a great event. Thank you all who came out and served our Veterans from the VA Hospital. It's always a pleasure to be able to "give back".

Installation of Officers will be held on May 10th. Any Officer not present will need to be installed at our next regular meeting on June 3rd. Please plan to attend.

Chaplain Luci Bailey stands ready to respond to any needs. Please call the Post with any information the membership may need to know. Tina Brown will always relay the info quickly.

For those sisters who cannot be with us, due to illness or locale, our hearts and prayers are with you.

**Ladies Auxiliary President
Gail M. Payne
post@vfw392.hrcoxmail.com**



MOC

Just a few notes from your Seam Squirrel. Sunday Breakfast is coming to a close for the season, however due to the rising costs of food supplies we will be discussing the possibility of raising the price of breakfast at the May and June Scratches. Those interested please attend.

Upcoming events, Casino Day at the VA Hosp. on May 3rd, and placing flags in local cemeteries Memorial weekend May 24th. Department Convention is coming June 5-8 in Williamsburg.

Our organization is successful only through the hard work of our

volunteers. I want to thank ALL the volunteers who make Pup Tent 9 a great success. I am looking forward to a fun and lousy year. Remember lets increase and multiply.

Our next Scratch is scheduled at 7 PM on May 13th. Until the Next Scratch may God Bless our Troops, our Veterans and their families.

**Seam Squirrel
Willie Dean**



MOCA

I thank all of you for the many hours of hospital work, all the baking, and anything else you have done. You, the members of our MOCA #9 have made a difference in the lives of our hospitalized Veterans and their families this year with the work that you do each day.

Congratulation to the 2014-2015 elected Officers that were installed on March 29th. I am here to help in any way that I can to take our MOCA into the ensuing year.

Casino day will be held at the Hampton VA Hospital on May 3, 2014, from 1200-1430 hours. There is a signup sheet in the Post for all members to sign up and help with this event, or call Denice Moran. This is a very fun event that our Veterans in the VA Hospital enjoy very much.

Grand Convention is June 5-8 and will be held in the Crowne Plaza, Fort Magruder, 6945 Pocahontas Trail, Williamsburg, VA 23185. Phone Number 757-220-2250. Room Rates \$87.00, Reservations must be made by May 1, 2013. Directions: I-64 to Exit 242A to Route 199. Drive 1.5 miles; take exit for Route 60. At

stop sign, turn left on 60 West. Hotel is one mile on left.

The Supreme Convention will be July 24-27 at the Airport Marriott hotel, 10700 Pear Tree Lane, St Louis, MO 63134. Phone number is 866-661-8953. Mention the MOC when making reservations.

Auxiliary Chaplain, Judy Lupole stands ready to assist any members in need, but she has to be contacted luvedale88@cox.net or 757-581-2702.

**MOCA President
Ellen Stogsdill
ellenstogsdill@cox.net**



CANCER DANCE

We would like to thank everybody for the support that you showed the Ladies Auxiliary during our annual Cancer Aid and Research fundraiser held on April 5th. It was a wonderful evening and everybody had an awesome time. We would like to THANK everybody that attended and for all the generous donations that were received through organizations, local businesses, and you! We thank everybody from the bottom of our hearts. Without your help we would have not had the successful night we had. Check next months newsletter as we finalize the numbers!

With every dollar we give, and every volunteer hour we sacrifice ... we take another step closer to celebrating less cancer and more birthdays!

**MAY: MELANOMA
AWARENESS MONTH**

May starts National Skin Cancer / Melanoma Awareness Month.

Skin cancer is one of the most common types of cancer, with over one million people diagnosed each year.

Fast facts about skin cancer:

- Skin cancer accounts for about 50% of all diagnosed cancers.
- Skin cancer is one of the most preventable types of cancer.
- More than 90% of skin cancer is caused by exposure to the sun.
- Each hour, 1 person dies of skin cancer.

Skin Cancer Basics:

- There are two categories: melanoma and non-melanoma. Melanoma is the dangerous form of skin cancer. Non-melanoma, although serious, is not as life threatening and easier to treat.

Symptoms of Skin Cancer:

- A small lump (spot or mole) that is shiny, waxy, pale in color and smooth in texture.
- A firm red lump (spot or mole)
- A sore that bleeds, or becomes crusty, and doesn't heal.
- Rough and scaly skin patches that are red or brown.

The Causes of Skin Cancer

- Unprotected exposure to the sun's UV rays is the culprit of most causes of skin cancer.
- Genetics also can play a role in skin cancer development.

For more information on cancers, visit the National Cancer Institute online at: www.cancer.gov

Let's celebrate less cancer and more birthdays!

Chairpersons

Tina Brown & Ellen Stogsdill
post@vfw392.hrcoxmail.com



*Navy Combat Action Ribbon
(March 1, 1961 - Present)*

CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200
Friday..... 1100-0000
 (Live entertainment)
Saturday.....1100-2200
Sunday.....1100-2200
 (Sunday's with Cootie Breakfast, the Canteen opens at 10 AM)

KITCHEN HOURS

Monday-Friday..... 1100-1400
Saturday / Sunday closed
Thursday Dinner 1800-1930

WEEKENDS AT THE VFW

Start the weekend with **Friday's Social Hour Prices** from 4-6 PM!

The Canteen **opens at 11:00 AM** on **Saturdays** and **Sundays** with tap or bottle beer and beverages.

We have plenty of TVs, in the smoking and non-smoking rooms. With NASCAR in season, you will definitely have a good view to support your driver!

Come down and join your Comrades and Sisters at the Post!

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

<u>May 1st</u> <u>Kielbasa & Kraut</u> potatoes, veggie, roll, salad, & dessert \$8.50	<u>May 8th</u> <u>Pepper Steak</u> with onions, egg noodles, veggie, roll, salad, & dessert \$8.50
<u>May 15th</u> <u>Pork Loin</u> mashed potatoes, apple-onion slaw, roll, salad dessert \$8.50	<u>May 22nd</u> <u>Buddy Poppy Spaghetti Dinner</u> roll, salad, dessert \$7.00

May 29th

Grill Your Own Steak
baked potato, roll, salad, & dessert
\$11.00

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>May 2nd</u> Captain Moose Karaoke & DJ	<u>May 9th</u> Tim Hopkins Live music
<u>May 16th</u> Captain Moose Karaoke & DJ	<u>May 23rd, & 30th</u> (TBD)

If you have any comments or suggestions for our Canteen, please let us know!

And thank you for your service!

Chairperson Ralph Stephens	Manager Joe Halzack
---	--------------------------------------

canteen@vfw392.hrcmail.com

**POST
ANNOUNCEMENTS**

**VIRGINIA VETERANS
AFFAIRS REPRESENTATIVE**

Mr. Hassan J. Cox has taken over for Liz Bonin as our local VA representative.

If you see Ms. Bonin around town, please stop and thank her for the outstanding service she has provided for so many!

We welcome Mr. Cox and look forward to working with him concerning our local Veteran's affairs. As this is a recent change, there is no available date yet when he will be available at the Post.

Please contact the Post should there be an update on Mr. Cox's contact information and schedule.

You can also contact the Dept of VA concerning your VA questions and concerns at 1-800-827-1000.

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall
- Joseph G. Brady

They are legally authorized to notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc.

Please check with any Post 392 Officers for additional details and for an appointment.

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-Atlantic Blood Services Region serving central and southeastern Virginia has issued an **emergency** request for blood and platelets. All blood types are needed, especially types O-, A-, and B-.

Please call the American Red Cross to schedule an appointment for one of their upcoming blood drives:

1-800-RED-CROSS
(1-800-733-2767)

392 JUNIOR GIRLS UNIT

Jessica Johnson is attempting to start a NEW Jr. Girl's Unit at 392. We need 10 new members and 4 transfers to make this happen.

These units are open to girls 6-16 and will meet once a month at the Post, usually on a weekend. If there are any questions or comments please contact Jessica Johnson at:

jessicaj@paradigm-corp.com

THANK YOU

I want to sincerely thank all of you for your support and kind words of encouragement during my transition as I mourn the loss of my beloved Millie. I appreciate and regard all of you as true friends.

Gramps

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction. They can be directed to any of the Post 392 Officers, or email them directly to the Newsletter Chairman at mcullen4@live.com or the Webmaster at webmaster@VFW392.org.

BUDDY POPPIES

May 23rd through Memorial Day we will be distributing Buddy Poppies at NAS Oceana's Commissary, Package Store, and NEX. (Don't forget our traditional spaghetti dinner on May 22nd!)

We need volunteers for Poppies. It is only two hours out of your day to help, so please sign up! The signup sheets are at the Post.

It is well worth your time to volunteer. Buddy Poppies are assembled by disabled Veterans, and the money raised by distributing them goes to maintaining state and national Veteran's rehabilitation and service programs, and partially supports the VFW National Home for orphans and widows of our Veterans.

Volunteers are what makes this all happen! So please, contribute your share of time for a great cause and take pride in your efforts to benefit others!



VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392
 2408 Bowland Parkway
 Virginia Beach, VA 23454-5207

Phone: (757)486-5875
 Fax: (757)486-3576
 E-Mail: post@vfw392.hrcocmail.com
 Web Site: www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				• Run for the Fallen Ceremony: 7:30AM Start: 8:00 PM • Kielbasa & Kraut 6 - 7:30 PM	• Entertainment Capt. Moose	• VA Hospital Casino Day
4	5	6	7	8	9	10
• Cootie Breakfast 9 - 11:30 AM Team 3	• VFW / LAUX Staff Meeting 5:30 PM	• VFW / LAUX Post Meeting 7:00 PM	• MCL Meeting 7:00 PM	• Pepper Steak 6 - 7:30 PM	• Entertainment Tim Hopkins	• Post 392 Officer Installation 1:00 PM
11	12	13	14	15	16	17
• Mother's Day • Last Cootie Breakfast 9 - 11:30 AM Team 1	• FRA 166 Staff Meeting	• MOC / MOCA Meeting 7:00 PM	• AOA Meeting 6:00 PM	• Pork Loins 6 - 7:30 PM	• Entertainment Capt. Moose	• Armed Forces Day
18	19	20	21	22	23	24
	• FRA 166 Branch Meeting	• MCL Staff Meeting 7:00 PM • IOOB Meeting 7:30 PM		• VVA Chap. 969 Board Meeting • Buddy Poppies Dinner 6 - 7:30 PM	• Buddy Poppies • Entertainment (TBD)	• Memorial Day Colors 08:00 AM • Flags OUT • Buddy Poppies
25	26	27	28	29	30	31
• Buddy Poppies	• Memorial Day • Buddy Poppies	• VVA Chapter 969 Meeting 7:00 PM	• House Committee Meeting 7:00 PM	• Grill Your Own Steak 6 - 7:30 PM	• Entertainment (TBD)	• Flags IN
MAY 2014 - VOLUME 25, NUMBER 11						