



**Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392**

2408 Bowland Parkway
Virginia Beach, Virginia 23454-5207
(757) 486-5875
www.vfw392.org

2016 Membership Goal: 1,913
Current Status: 97.77% with 1,842 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

MAY 2016 - VOLUME 27, NUMBER 11

2015 - 2016 OFFICERS

Post Commander.....	Douglas M. Iles	VFW Auxiliary President.....	Colleen Lewis
Sr. Vice Commander.....	Steven E. Graves	VFW Aux. Sr. Vice President	Jennifer A. Winn
Jr. Vice Commander.....	Hipolito Camacho	VFW Aux. Jr. Vice President.....	Dinah V. Devins
Quartermaster.....	John H. Phillips	VFW Aux. Treasurer.....	Ellen Stogsdill
Chaplain.....	Robert G. Duvall	VFW Aux. Chaplain.....	Ingrid Epperson
House Committee Chairman.....	Peter A. Gebelein	VFW Conductress	Lorraine Crain
Service Officer.....	Joseph G. Brady	Canteen Manager	Joe Halzack
Surgeon.....	Nuvia Rivera	M.O.C. Seam Squirrel.....	Mark Winn
Judge Advocate	David R. Goldstein	M.O.C.A. President.....	Jennifer A. Winn



**COMMANDER'S
CALL**

COMRADES AND SISTERS

Another busy month has come and gone, and I see no reason why the month of May will slow down either!

Our new slate of Officers for 2016-2017 were elected on the 5th of April, and the new regime is waiting in the wings and ready to go!

We are still pushing hard on membership efforts and welcome any and all Comrades to 'chip in', and get involved with the process.

In April I had the pleasure , along with the Senior Vice Commander, to attend the civilian Air Patrol monthly meeting of Coastal Composite Squadron MER (VA-095) at Camp Pendleton, VA. We presented a VFW medal and ribbon to their top NCO and Officer Cadets of the year. I look forward to our Post to participate in these awards next year.

We will be presenting NJROTC awards to the top Junior and Senior Cadets at First Colonial HS on May 11th at 1830, Landstown HS May 19th at 1830, and Princess Anne HS on May 25th at 1800. Salem and Green Run HS date and times are yet to be determined, will advise.

Be sure and gear up for the Buddy Poppies distribution this month. We also have 'Flags Out' event for Memorial Day from May 28th. And the Post will hold Memorial Day Colors on Monday morning (May30th) at 0800!

Don't forget that our next District Two meeting is scheduled for Saturday, May 14th at VFW Post 4809. Lunch starts at noon, and the meeting at 1300.

Thanks for all the support, energy, motivation, and drive in meeting our goals for 2015-2016. Comrades, we are still within reach of All-State and All-American Honors. But time is ... *continued on page 2*

VOLUNTEERS NEEDED

- **Post Meeting:** May 3 at 7 PM. All members may attend
- **VA Hospital Visit:** May 7, Casino Day, See any Officer
- **Dist 2 Meeting:** May 14, at Post 4809. Lunch at noon, Meeting at 1 PM. See any Officer
- **Cootie Breakfast:** last breakfast on the 8th
- **Buddy Poppies Dinner:** May 26, see any Officer
- **Buddy Poppies:** May 27-30, fundraiser, see any Officer
- **Memorial Day Flags Out:** May 28, Flags Out. See any Post Officer
- **Memorial Day Colors:** May 30, 8 AM. See any Officer
- **American Red Cross:** Urgently need blood donors, call 1-800-448-3543, or see any Officer
- **Funeral Services:** as required, see Chaplain Bob Duvall
- **Recruit Members:** see any Officer

POST 392 - NEEDS YOU!

winding down, so I request you give membership your full and undivided attention.

It has been a truly productive year and we couldn't have achieved so much in community service, Americanism, safety, hospital, and youth activity areas. We couldn't have gotten there without a total team effort from all our Comrades and Sisters!

Nobody takes better care of Vets than other Vets, and we never leave a Vet behind!

DATES TO REMEMBER

- 5/1 Major combat operations in Iraq ended in 2003
- 5/2 Osama bin Laden killed by US Forces in 2011
- 5/3 Battle of the Coral Sea begins in 1942
- 5/8 V-E Day in 1945
- 5/16 Armed Forces Day (est. August 1949)
- 5/20 101st Airborne captures Hamburger Hill (Vietnam) in 1969
- 5/25 Memorial Day tradition started in 1860's
- 5/30 Operation Pile Driver (Korean War) in 1951

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New / Transfer/ Installment Life Members:

Teresa A. Kilgore, Robert C. Mahaney, Daniel R. Raffensperger, Joseph Sladek

New / Transfer/ Re-Instated Annual Members:

Charles C. Businda, Collin C. Moore, Michael Vecerkauskas, Jason A. Williams

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish a "Happy Birthday" to Timothy M. Anderson, Carroll D. Bains, Robert J. Hojnacki Sr., Harry I. McBrien, William P. Moran, Clara M. Moran, Tina M. Brown, Lorain K. Crain, Dinah V. Devins-Doyle, Irene Kuhn, Priscilla A. Myers, Benjamin J. Stogsdill, Mary E. Stogsdill and 185 other fine Comrades and Sisters!

**Post Commander
Douglas M. Iles**

commander@vfw392.hrcoxmail.com



SENIOR VICE COMMANDER

Comrades, I want to thank everyone for putting their trust in me as your next Commander of VFW Post 392. I am truly humbled and will do my absolute best in guiding the Post for the next year. I would also like to thank Commander Iles for a successful year as Commander. He's done an outstanding job and truly epitomizes what a Comrade is all about.

I would like to congratulate Jennifer Winn as incoming Auxiliary President. I look forward to working with you.

As we move forward, I would like to take the time to remind all of our Comrades that this is your Post and would really like to see more of you at the monthly meetings. After all, every member in this Post has a say in what we do and where we want to go. We are getting into the busy part of the year and will have a lot going on.

Our Buddy Poppy Drive is coming up in May over the Memorial Day weekend, and you will soon see sign-up sheets for a

couple of hours a day at various locations. So, please, if you can spare an hour or two, this would be greatly appreciated. After all, this money benefits all Veterans.

I would also like to congratulate all the new incoming Post Officers, both on the Post side and Auxiliary side. I look forward to working with all of you.

As we move forward to a new year, I urge all of our Comrades to remember what you wanted from the Post when you signed up, and then ask yourselves, did I do all I could for the Post? If not, what happened? Sometimes people get lost in the day to day happenings and forget what the true purpose of the VFW is all about. It is not about us - it's about all of us as Veterans, and more importantly, Veterans of Foreign Wars, ALL FOREIGN WARS, not just one single war. So, please, I ask all of our members to take a good look at what they envision their Post to be and come to the meetings and express yourselves. Anything we do is voted on, and every member of this Post has an input.

CONTINUOUS MEMBERSHIP AWARDS

The following individuals have earned Continuous Membership Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

35 Years Continuous Service:
Hurbert B. Clardy

25 Years Continuous Service:
Gary J. Cafilisch, Charles R. Hamilton II, Thomas O. Morgan,

James e. Newman, Clifton L. Proctor, William E. Taylor

20 Years Continuous Service:

Samuel T. Critelli, Jerry Franklin, Michael Gottwals, David L. Gracie, Charles N. Lucia, Walter F. Mays

15 Years Continuous Service:

William K. Cole, Jim H. Goolsby, Anastasia D. King, Paul W. Mellott

10 Years Continuous Service:

Amanda N. Awtry, Peter T. Hunt, Edward A. Martin, James J. Ramsey, Dean T. Rodgers, Robert D. Summerford

5 Years Continuous Service:

Lawrence D. Dwyer, Alberto C. Garcia Colon, Ronald L. Ray Jr., Tammara L. Weaver

Thank you for your service and congratulations!

**SR. Vice Commander
Steven Graves**

sr-vicecommander@vfw392.hrcoxmail.com



**JUNIOR VICE
COMMANDER**

To the members, family, and friends of VFW Post 392: May 2016 is another month in which we need to focus on RECRUITING and RETENTION. FYI, we continue to make progress towards these goals, but the path to ALL-STATE and ALL-AMERICAN remains navigable, and clearly within reach. It will require the undivided attention and focus of each of us. So, if you know of anyone who is qualified to become a member, please have him or her stop by the Post, and we would be more than happy to talk to him or her about the merits of the VFW, and why becoming a member is in his or her best

interest. Again, we can only prosper as long as our membership enrollment initiatives are executed, and in order to achieve that, we need your broad support in this endeavor.

In April 2016, the VFW Post 392 key leadership position elections were finalized and I would like to personally thank those individuals who stepped up to the plate to “carry on the VFW Post 392 torch.” Although I am stepping down from my position as Junior-Vice at the end of my term, I will continue to be an actively involved with the Post in one capacity or another, and I look forward to working with the new leadership come June 2016.

As I mentioned in the April 2016 Newsletter, Memorial Day is 30 May, and we will be actively seeking volunteers to help out with this very important fund rising drive; so, please plan accordingly.

Other dates worth mentioning are: 14 June (Flag Day), 4 July (Independence Day), 4 September (Annual VFW Post 392 Family and Friends Picnic Event), and 11 November (Veterans’ Day), just to name a few.

In closing, the month of April has come and gone, and now we need to concentrate on successfully executing the key events in May 2016. Before long, June 2016 will be upon us, and with new leadership, comes new challenges and unknown events that that will stress our personal devotion and obligation to “Unity of Effort” and “Commitment to Excellence.”

With that said, I have the utmost confidence that we will continue to excel at whatever is thrown our way and with your continued support and dedication to the

vivacity of the VFW Post 392, we will prevail!

**Jr. Vice Commander
Hipolito Camacho**
jr-vicecommander@vfw392.hrcoxmail.com



**QUARTER-
MASTER**

2016 MEMBERSHIP DUES

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters

Third Floor, Room 316
406 West 34th St.
Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a Life Membership and make a life long commitment to serving your fellow service members and Veterans. Life Installment plan is available as an option to the one time payment for Life Membership.

E-NEWSLETTER

The Post Newsletter and Calendar of Events are available online, for free! To view them online, go to www.vfw392.org and click on the appropriate link along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the “Subscribe to the VFW Post 392 Mailing List” link.

Ensure that you add the domain “vfw392.org” to your address book, it’ll prevent the Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

The best method would be to email it to the Post. If you drop it off or email it, please include your telephone number and email address.

**Quartermaster
John H. Phillips**
post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

HOW DO PEOPLE LOSE FAITH?

Q: We were with friends at a local restaurant we couldn't help but overhear a young man telling his girlfriend and others in the booth next to us about his family. He said they were all very religious when he was young, but now but now none of them has any faith. How could this happen?

A: People turn away from their childhood faith for various reasons, I've found. Often, for example, they simply get too busy or preoccupied with other things. Or they get in with a group of people who never think about God, and they give in to the pressure of the crowd. Still others conclude that faith simply has no place in an intelligent adult's life.

But whatever their excuse, people actually turn away from their childhood faith for two basic reasons.

First, their faith was too shallow, and it lacked any real commitment. Children may not understand everything – but they

can understand that God loves them, and that Jesus came into this world to offer them the gift of eternal life. Moreover, they can understand that they need to commit their lives to God and Jesus by inviting them into their lives. Faith and commitment go hand in hand.

Secondly, people also reject their childhood faith because they never understood that faith needs to grow. Like the seed in one of Jesus' parables, a plant with no roots eventually withers and dies – and the same is true of faith. Jesus said, they believe for a while, but “in the time of testing they fall away” (Luke 8:13).

Most likely I'll never see this young man again – we must pray for him and for the children in our churches, that they'll make a clear commitment to God and Jesus and then grow stronger through the bible, prayer, and in fellowship with older believers.

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP!* It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Bulletin Board at the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

- **Joseph C. Palmer Sr.**
(Sentara Nursing Home,
Room 211)

- **Shirley Gaughan**
(PA, ICU Room 9)

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **Robert J. 'Captain Bob' Single, Jr.**
US Navy (Retired)
Passed: 20 Mar 2016
- **Richard J. Meacham**
Passed: 24 Mar 2016
- **Clyde E. Short**
Passed: 29 April 2016
- **Hugh R. McCabe**
US Navy (Retired)
Passed: 13 April 2016
- **Marion L. Tyler**
US Navy (Retired)
Passed: 14 April 2016

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

**District 2 Chaplain
Post 392 Chaplain
Robert Duvall**
chaplain@vfw392.hrcoxmail.com



AUXILIARY PRESIDENT

First off, I want to congratulate all of the newly elected officers! Incoming President Jennifer Winn, Sr. Vice Dinah Devins, Jr. Vice Lorain Crain, Treasurer Ellen Stogsdill, Chaplain Ingrid Epperson, Conductor Bob DeChamplain, Guard Karen Hatton-Slater. I know you all will have a fantastic year! And to the newly appointed positions of Secretary Tina Brown and Patriotic Instructor Fred Jennings -

Thank you! There is still time, if you are interested in a Chairmanship, please contact Jennifer Winn!

This month we will be kicking off Buddy Poppies event! It starts May 26 with the Buddy Poppy Dinner. When you're finished enjoying the scrumptious meal why not sign up for a couple of hours over the weekend? Remember, without your help we can't help those in need!

Some of you may have already noticed that we kicked off our Early Bird renewals. What an awesome deal, huh? Don't procrastinate, get your renewals in and double your chance to win a life membership!

There is a lot of changes coming to our Post and I look forward to being a part of it! Aren't you?

May God keep you all safe and healthy. As always, our Chaplain stands ready to assist in any way we can!

Thank you all in advance, and may God bless you and keep you safe and healthy!

VFW Auxiliary President
Colleen Lewis
lewiscolleen2@gmail.com



**AUXILIARY
MEMBERSHIP**

**CONTINUOUS MEMBERSHIP
AWARDS**

The Sisters listed below are requested to attend the next regularly scheduled meeting of the VFW Auxiliary. Our Auxiliary President stands ready to decorate you with the awards indicated:

35 Years Continuous Service:
Elizabeth Conrad

30 Years Continuous Service:
Judy Abel

25 Years Continuous Service:

Gail Payne, Lee Ann Hudson

30 Years Continuous Service:

Patricia Lm Paul

25 Years Continuous Service:

G. Linnenburger

10 Years Continuous Service:

Glenda A. Robinson, Kristin Isfeld

5 Years Continuous Service:

Shellie L. Saunders, Anne M. Bass

Thank you for your service and congratulations!

VFW Auxiliary Treasurer
Ellen Stogsdill
post@vfw392.hrcoxmail.com



MOCA

Casino Night fundraiser was held on April 9th. It was a great success! Special THANK YOU goes out to the committee Dinah Doyle, Lorraine Crane, Patty Stokes, and Karen Slater. And a THANK YOU to all the volunteers that helped with the game's, chips, tickets, food, and Jell-O shots.

Casino Day at Hampton VA Hospital is scheduled for May 7th loading up at the Post at 10 AM. We welcome donations of sweets and volunteer time - its lots of fun!

BINGO has been doing wonderful our next one will be June 11th from 1-3 PM for the cost of just a donation. Lots more fun, prizes, and food.

Our Chaplain, Dinah Doyle, stands ready to assist any of our members in need.

Please remember to report your Hospital work or Blood donation to; Hospital Chairman, Gail Payne, gail101@cox.net she stands ready to receive your hospital, nursing home & rehab hours, mileage, and any donations/

gifts of cloths, books, magazines, or food. Please report them and dollar amount.

Please Remember breakfast is open to the public. Invite family, friends, co-workers, and neighbors. It's still "the best deal in town".

You, the members of MOC/MOCA #9, Post, & AUX make a difference in the lives of our hospitalized Veterans and their families with the work that you do each day. I thank you for keeping them smiling in beds of white. May God Bless and keep you healthy & safe! Looking forward in seeing you all soon.

MOCA President
Jennifer Winn
Jen_moca@cox.net



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200
Friday..... 1100-0000
Saturday-Sunday 1100-2200
(Sunday's with Cootie Breakfast, the Canteen opens at 10 AM)

NEW KITCHEN HOURS

Monday-Thursday.... 1100-1400
Friday .. 1100-1400 & 1800-2000
Saturday / Sunday 1300-1800

WEEKENDS AT THE VFW

NASCAR

Start the weekend with Friday's **Social Hour Prices** from 4-6 PM!

Every **Saturday** and **Sunday** the kitchen is open from 1 to 6 PM!

The Canteen opens at 11:00 AM on Saturdays and Sundays, and 10:00 AM on Sundays when breakfast is being served. Come out and enjoy a cold beer or beverage and enjoy the races on

multiple big screen TV's. Bring the family, the Canteen is smoke free and Wi-Fi is readily accessible.

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

<p><u>May 5th</u> <u>Meatloaf</u> mashed potatoes and gravy, vegetable, roll, salad, & dessert \$8.50</p>	<p><u>May 12th</u> <u>Ham and Sweet Potatoes</u> vegetable, roll, salad, & dessert \$8.50</p>
<p><u>May 19th</u> <u>Pork Chops / Crème of Mushroom</u> vegetable, roll, salad, & dessert \$8.50</p>	<p><u>May 26th</u> <u>Buddy Poppy Dinner</u> spaghetti, roll, salad, & dessert \$8.50</p>

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<p><u>May 6th</u> TBD</p>	<p><u>May 13th</u> Tim Hopkins Live Music</p>
<p><u>May 20th</u> Shannon Cooper DJ</p>	<p><u>May 27th</u> Jim Berry DJ</p>

If you have any comments or suggestions for our Canteen, please let us know! And thank you for your service!

Chairperson **Manager**
Pete Gebelein **Joe Halzack**
canteen@vfw392.hrcocmail.com



POST ANNOUNCEMENTS

NEWSLETTER ADVERTISING

All ads are paid advertisements, and are not endorsed by the Veterans of Foreign Wars

The Veterans of Foreign Wars Post 392 is offering advertising space for our newsletter. We have a monthly circulation of over 2100. All ads must be submitted and approved by the Post prior to the 15th of each month.

If you are interested please contact John Phillips, Post 392 Quartermaster, for pricing and availability at (757) 486-5875.

STATE OF VIRGINIA VETERANS AFFAIRS REPRESENTATIVE

Please welcome **Virginia Pauley** as our new local Veterans Claims Representative!

We look forward to working with her concerning our VA questions and interests. She is available weekdays at her Virginia Beach office:

Pembroke Office Park
 287 Independence Blvd.
 Pembroke Two, Suite 130
 Virginia Beach, VA 23462
 Office: (757) 552-1884
 Fax: (757) 552-1882
virginia.pauley@dvs.virginia.gov

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-Atlantic Blood Services Region serving southeastern Virginia has issued an urgent request for blood. All blood types are needed.

If you are able to donate, please do so and let MOCA Hospital Chairman, Gail Payne, know at:

gail101@cox.net. Recording the number of donors reflects in our community services.

www.redcrossblood.org/midatlantic
 1-800-RED-CROSS
 (1-800-733-2767)

VETERANS CRISIS LINE

VA offers a network of support for all our Nation's Veterans and their families and friends. Veterans in emotional crisis and their loved ones can call the free and confidential Veterans Crisis Line (contact info below) to connect with a qualified crisis counselor who can help.

Anyone who is concerned about a Veteran can also go to veteranscrisisline.net to access the confidential, anonymous online chat to connect with a responder and get support.

The Veterans Crisis Line, online chat, and text are available 24 hours a day, 365 days a year, to all Veterans and their families, even if they are not registered with VA or enrolled in VA health care.

Phone: 1-800-273-8255
Web: veteranscrisisline.net
Text Message: 838255

COOTIE BREAKFAST

Breakfast Sunday May 1st
Last Breakfast Sunday May 8th
 9:00 - 11:30 AM

Where else can you have a fantastic breakfast with family and friends ... and know that all the proceeds go directly to support our local hospitalized Veterans? Please mark your calendars for Sundays to come and join us for a wide variety of breakfast foods, meats, eggs, fruit, and more. There's always coffee, or maybe have something a little stronger.

You won't be disappointed!

Volunteers Needed

We could still use volunteers. You don't have to be a Cootie to volunteer, we welcome anyone who wishes to join us. We are all volunteers working for a most worthy cause. Every penny we make goes to our hospitalized Veterans. In addition to the work, we have a lot of fun and make some great friends. If anyone is willing to help us, please contact Flip or any Post Officer.

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall
- Joseph G. Brady

They are authorized to legally notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc. Please check with the Post for an appointment.

Be aware that under VA code the notary must acknowledge:

- Signer must personally appear before the notary
- Signer is positively identified
- Signer must affirm under oath the accuracy of the document.

Acceptable Forms of Identification:

To be acceptable, the ID must be one of the following and current:

- Driver's license or State issued ID card
- U.S. Passport
- Foreign Passport (INS validated)
- Driver's license issued in Mexico or Canada
- U.S. Military ID Card.

We do not rely on Social Security cards or photo ID cards issued by non government entities. Under the law the notary has the right to refuse, if he / she suspects anything may be false or wrong.

MEMBERSHIP

Volunteers Needed

There are still many memberships whose dues have expired / will expire soon.

These are significant numbers that, with some focus on retention, we can use toward our membership goals, and potentially enable us for 'All State' and 'All American' awards.

We could use volunteers to assist in these efforts. Take pride in your Post, and lend the membership team a hand in reaching Post 392's membership goals! Contact any Post Officer if you would like to volunteer.

POST 392 JOB OPENING

Canteen Manager

VFW Post 392 has an opening for a Canteen Manager. Prior Food Service and ABC Licensed Facility Management experience preferred.

You don't have to be a VFW member for this position. Apply in person or come in to get further details between 11 AM and 10 PM Mon-Fri at 2408 Bowland Pkwy, Virginia Beach, VA

Phone: 757-486-5875

FROM YOUR SERVICE OFFICER

Veterans Affairs expands their Hepatitis C Drug Treatment -

Department of Veterans Affairs (VA) has announced that it is now able to fund care for all Veterans with hepatitis C for Fiscal Year 2016 regardless of the stage of the patient's liver disease. The move follows increased funding from Congress along with reduced drug prices.

PATRIOTIC ART CONTEST

Thank you to the entries for our Patriotic Art Contest! We had some truly fantastic entries! We are proud to announce the first place winner is Amanda Hackett, second place winner is Abby Dyer, and third place winner is Mariah Lowman! Congratulations!

A thank you goes to Emily Holmes who has been our Patriotic Art Judge for the last two years! Emily, you do a wonderful job!



1st Place: Amanda Dyer

VA HOSPITAL PROGRAM

Volunteers Needed

Just about every month we visit the Veterans at the VA Hospital. We're providing them camaraderie, some fun, and a break from their everyday life at the hospital. This month we are proving the following:

- May 7th, Casino Day for the Vets at the Hampton VA Medical Center. Muster before 10 AM at Post 392

These events are supported by volunteers. If you would like to participate, please contact any of the Officers at the Post.

Please, we could seriously use the help, and I promise you will have a great time! The Vets enjoy our visits, and it's just as fun for us as it is for them!

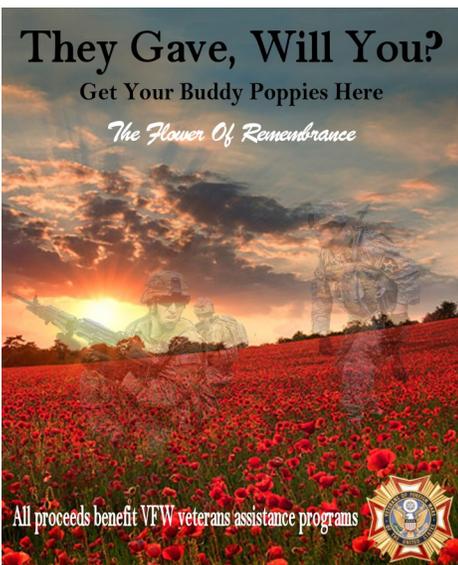
POST 392 WEB SITE

The VFW Post 392 website (vfw392.org) has been reformatted and updated with a cleaner, smoother look, and a new feature designed to allow us to

disseminate Post information and activities in a timely manner. Please take a few moments to visit the website and check it out.

To that end, VFW Post 392 can now be found on Twitter at: twitter.com/VFWPost392. You can also find us directly by searching on Twitter for the name @VFWPost392. This account will be utilized to post updates and information in real time, to ensure that our members and followers can have the best information available on our activities. If you don't subscribe to Twitter, the account feed has been added to the Post 392 website Calendar page, vfw392.org/calendar/calendar.htm. You can follow the feed there.

**Adjutant & Webmaster
Michael T. Marushia**



Buddy Poppy Distribution 2016
May 27 thru Memorial Day
Sign up sheets at Post 392

BUDDY POPPIES

The VFW works to support Veterans, one "buddy" at a time

May 27th through Memorial Day (the 30th) we will be distributing Buddy Poppies at NAS Oceana's Commissary and Package Store from (see sign up), and Oceana's NEX from (see sign up). Don't forget our traditional spaghetti

dinner on May 26th!

We need volunteers for Poppies. We only ask for two hours out of your day to help at one of these locations. If you can and wish to do more, please sign up for what you're willing to do! The signup sheets are at the Post.

It's well worth your time to volunteer. Buddy Poppies are assembled by disabled Veterans. The money raised by distributing them goes to maintaining Veteran's rehabilitation and service programs, and partially supports the VFW National Home for orphans and widows of our Veterans.

Volunteers are what makes this all happen! So please, contribute your share of time for a great cause and take pride in your efforts to benefit others!

NATIONAL CEMETERIES PAUSE ON MEMORIAL DAY

(excerpts from US Dept of VA web article)

Memorial Day weekend for many people is a time spent frolicking at the beach or enjoying a traditional backyard barbecue with family and friends. For others, the weekend is a time for somber remembrance of the loved ones who died in the service of their nation.

Memorial Day is the federal holiday celebrated the last Monday of each May to honor the men and women who died while serving in the military. Unlike Veterans Day, which is held each November 11 to honor all Veterans, Memorial Day represents a time for the nation to pause, remember and honor the service of deceased Veterans and military members who died on active duty.

Memorial Day traditions

Alec Bennett, a historian with the Department of Veterans Affairs' National Cemetery Administration, said that the place where Memorial Day originated continues to be disputed. Waterloo, N.Y. and Charleston, S.C., are often mentioned among the places where the holiday began in 1866.

The holiday was originally called Decoration Day, when the tradition of decorating the graves of Union and Confederate Veterans began. It still brings loved ones to the graves of the deceased, often with flowers.

More than 100,000 people are expected to attend activities at VA's national cemeteries; with color guards, readings, bands, and choir performances. Events will honor about one million men and women who died in the military during wartime; including about 655,000 battle deaths.

National cemetery staff and volunteers typically place American flags on each grave. At Arlington National Cemetery in Virginia, for example, Soldiers from the 3rd U.S. Infantry Regiment based at Fort Myer, Va. (the famed "Old Guard") traditionally decorate each grave with a small American flag.

Remembering all the fallen warriors

On Memorial Day at 3 p.m., local time around the nation, Americans will be silent the annual Moment of Remembrance to pause and reflect on the sacrifice of America's fallen warriors and the freedoms that unite Americans.

The Department of Veterans Affairs maintains approximately three million gravesites at its 131

national cemeteries and has the potential to provide six million graves on more than 19,000 acres in 39 states (and Puerto Rico), as well as 33 soldier's lots and monument sites.



Memorial Day, 30 May, 12 PM
The Post will support ceremonies located at Tidewater Veterans Memorial, 19th St., Virginia Beach ...

Please come out and join us!

VFW PURPOSE

Sec 230102 of the Congressional Charter

The purposes of the corporation are fraternal, patriotic, historical, charitable, and educational, and are as follows:

- 1. to preserve and strengthen comradeship among its members;**
2. to assist worthy comrades;
3. to perpetuate the memory and history of our dead, and to assist their widows and orphans;
4. to maintain true allegiance to the Government of the United States of America, and fidelity to its constitution and laws;
5. to foster true patriotism; to maintain and extend the institutions of American freedom;
6. to preserve and defend the United States from all enemies

MEMORIAL DAY FLAGS

Volunteers Needed
May 28th - "Flags Out"

May TBD - "Flags In"

Memorial Day, originally called Decoration Day, is the time to honor and remember all who have died serving the United States of American in the Armed Forces. So before you warm up the grill, reflect on the men and women who have dies in defense of this country. Please come start your Memorial Day with Post 392's flag raising ceremony Monday morning, May 30th. Fall in is at 7:30 AM, and Colors is at 8 AM.

May 28th is our 'Flags Out' event. If your time permits, come along to assist us in placing over 5,000 US flags on Veteran's graves between five local cemeteries (Eastern Shore / Colonial Grove/Princess Anne/Rosewood/ Jones). It's a wonderful way to honor and remember those Veterans who are no longer with us.

And please don't forget that event is always followed by our 'Flags In' event. Retrieving, inspecting, and storing so many flags takes a much bigger effort. We can always use some more volunteers for that effort. Date and times to be determined.

NASCAR AT THE VFW

Start the weekend with Friday's **Social Hour Prices from 4-6 PM!**

The Canteen opens at 11:00 AM on Saturdays and Sundays, and the kitchen is open from **1 to 6 PM!**

Come out and enjoy a cold beer or beverage with your comrades and sisters. Enjoy **NASCAR's Sprint Cup Series** races on multiple big screen TV's. Bring the family, the Canteen is smoke free, and Wi-Fi is readily accessible.

For the month of May, there will

be six Sprint Cup Series races:

- Sunday, May 1 at 1:00 PM
Geico 500 at Talladega Superspeedway
- Saturday, May 7 at 7:30 PM
GoBowling 400 at Kansas Speedway
- Sunday, May 15 at 1:00 PM
AAA 400 Drive for Autism at Dover International Speedway
- Friday, May 20 at 7:00 PM
Sprint Showdown at Charlotte Motor Speedway
- Saturday, May 21 at 7:00 PM
NASCAR Sprint All-Star Race at Charlotte Motor Speedway
- Sunday, May 29 at 6:00 PM
Coca-Cola 600 at Charlotte Motor Speedway

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction.

They can be directed to any of the Post 392 Officers, or email them directly to the Newsletter Chairman at mcullen4@live.com, or to the Webmaster at webmaster@VFW392.org

GENERAL MACARTHUR MEMORIAL POST 392

Wishes You All:

Our Active Duty Service Members at home and abroad,
Our Veterans and their families,
The families of our Veterans who are no longer with us,
Our Comrades and Sisters,
Our Family and Friends:

HAVE A SAFE
MEMORIAL DAY!



VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392
 2408 Bowland Parkway
 Virginia Beach, VA 23454-5207

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 Fax: (757)486-3576
 E-Mail: post@vfw392.hrcoxmail.com
 Web Site: www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
1 • Cootie Breakfast 9:00 - 11:30 AM • NASCAR Talladega, 1:00 PM	2 • VFW / AUX Staff Meeting 6:30 PM	3 • VFW / AUX Post Meeting 7:00 PM	4 • MCL Meeting 7:00 PM	5 • VFW Riders Meeting 7:00 PM • Meatloaf 6 - 7:30 PM	6 • Entertainment TBD	7 • VA Hospital Casino Day • Officer Installation Social: 5:00 PM Install: 6:00 PM Dinner: 7:00 PM
8 • Mother's Day • LAST Cootie Breakfast 9:00 - 11:30 AM	9 • FRA 166 Staff Meeting	10 • MOC/MOCA Meeting 7:00 PM	11	12 • Ham & Sweet Potatoes 6 - 7:30 PM	13 • Entertainment Tim Hopkins	14 • District 2 Meeting Post 4809 Lunch: 12:00 PM Meeting: 1:00 PM
15 • NASCAR Dover, 1:00 PM	16 • FRA 166 Branch Meeting	17 • IOOB Meeting 7:30 PM	18 • AOA Meeting 6:00 PM • MCL Staff Meeting 7:00 PM	19 • Pork Chops Crème of Mushroom 6 - 7:30 PM	20 • Entertainment Shannon Cooper • NASCAR Charlotte, 7:00 PM	21 • NASCAR Charlotte, 7:00 PM
22	23 • Mayor's Veterans Committee 5:30 PM • HRCVO 7:00 PM	24	25 • House Committee Meeting 7:00 PM	26 • VVA Chap. 969 Board Meeting • B. Poppy Dinner 6 - 7:30 PM	27 • Buddy Poppies • Entertainment Jim Berry	28 • Memorial Day Flags Out • Buddy Poppies
29 • Buddy Poppies • NASCAR Charlotte, 6:00 PM	30 • Memorial Day Colors 8:00 AM • Buddy Poppies	31 • VVA Chapter 969 Meeting 7:00 PM				May 7: • NASCAR Kansas, 7:30 PM