



Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392
2408 Bowland Parkway
Virginia Beach, Virginia 23454-5207
(757) 486-5875
www.vfw392.org

2017 Membership Goal: 2,025
Current Status: 1,990 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

NOVEMBER 2016 - VOLUME 28, NUMBER 5

2016 - 2017 OFFICERS

Post Commander.....	Steven E. Graves	VFW Auxiliary President.....	Jennifer A. Winn
Sr. Vice Commander.....	Mark K. Winn	VFW Aux. Sr. Vice President	Dinah V. Devins
Jr. Vice Commander.....	Theresa J. DeChamplain	VFW Aux. Jr. Vice President....	Lorraine K. Crain
Quartermaster.....	John H. Phillips	VFW Aux. Treasurer.....	Ellen Stogsdill
Chaplain.....	William P. Moran	VFW Aux. Chaplain.....	Ingrid L. Epperson
House Committee Chairman.....	Peter A. Gebelein	VFW Conductor	Robert DeChamplain
Service Officer.....	Joseph G. Brady	Canteen Manager	Colleen Lewis
Surgeon.....	Robert Cordona	M.O.C. Seam Squirrel.....	Peter A. Gebelein
Judge Advocate	David R. Goldstein	M.O.C.A. President.....	Colleen Lewis



COMMANDER'S CALL

COMRADES AND SISTERS

"Don't say you don't have enough time, you have exactly the same amount of hours per day that was given to Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson, and Albert Einstein"

(Albert Brooks)

November is here and I have to say: October was a huge disappointment as far as the Post goes. We had to cancel two events that we have been a part of for a long time. Cancelled due to lack of participation. I cannot and will not hold anybody's hand and beg for help on volunteering. As long as I have been a member of this Post, I have never seen this much lack of participation from a Post the size of ours.

I would love to see things turn around, and I hope it does. It's the people that care who keep us

going. As for the rest of the Post....

I am not speaking of those who are already working their butts off for this Post, and who have got us to where we are today. They have earned the right to relax. I believe we are doing them a great disservice by not continuing their efforts to make this Post one of the finest in the country. I believe we can be the best Post and there are many who also believe it.

Here is what we got in November: We have flags out to the cemeteries for Veterans Day on the 5th. We have the Veterans Day parade on the 11th. Please note that we are registered for this parade, and we also have the luncheon immediately following at the VB Convention Center. Please let the Post Officers know if you plan on attending the luncheon. We have 20 seats reserved.

It is also that time of year for the
... continued on page 2

VOLUNTEERS NEEDED

(see any Post Officer for details)

- **Post Meeting:** Nov 1 at 7 PM. All members may attend
- **Buddy Poppies Dinner:** Nov 3, 5-8 PM, we could use servers, volunteers for clean up / set up
- **Veteran's Day Flags:** Nov 5, 'Flags Out', Nov 12-13 'Flags In'
- **Veteran's Day Parade:** Nov 11, transportation and participants
- **Buddy Poppies:** Nov 10-13, various dates for locations: Oceana's NEX, Commissary, and Package Store
- **Thursday Night Dinners:** seriously need register attendants, dish washers, servers, please!
- **Thanksgiving Dinner:** Nov 24, 12-5 PM, food donations, servers, clean up / set up
- **Thanksgiving Food Baskets:** food donations, packing

POST 392 - NEEDS YOU!

voice of democracy/patriots pen essay for 2016-2017. If you have school children that like to write, contact Bill and Sue Sowers for info, see one of the Post Officers, or goto www.vfw.org. Scholarships are awarded to the winners on the national level. And money will be awarded on the state level.

Let's remember our membership mission for the Veterans of Foreign Wars, which is to recruit, retain, and mentor a stable membership base including ALL generations of Veterans, well-versed in institutional Knowledge and actively involved at all levels of the organization. We MUST build a strong organization for the future.

DATES TO REMEMBER

- 11/8 Operation Phantom Fury launches in Fallujah, Iraq in 2004
- 11/11 World War I ends in 1918
- 11/11 Veteran's Day celebrated as "Armistice Day" since 1919 received its current official name in 1954
- 11/12 Sub-zero cold wave catches US Forces without winter gear (Korea) in 1950
- 11/13 Vietnam Veterans Memorial (Wash. DC) dedicated in 1982
- 11/24 111 US B-29's conduct 1st bombing raid on Tokyo since Doolittle raid during WWII in 1944
- 11/26 Franklin D. Roosevelt establishes modern Thanksgiving in 1941

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New / Transfer/ Installment Life Members:

Leroy Dowdy Jr., Matthew L. Larson, Robert B. McCall II, Dwayne A. Demaio, Robert A. Guenther, Jim E. Hordeski, Keith S. Wheeler x

New / Transfer/ Re-Instated Annual Members:

Francisco G. Estrada, Patrick A. Tiffany, Michael J. Walsh

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish a "Happy Birthday" to Thomas H. Doyle, Carl D. Epperson, Kevin J. Graves, Roy W. Munden Sr., Harry F. Sharp II, Mark K. Winn, Barbara L. Duvall, Joan Ember, Tina M. Gordon, Teresa L. Lecler, Gail Payne, Deborah A. Phillips, and 178 other fine Comrades and Sisters!

**Post Commander
Steven E. Graves**

commandervfw392@gmail.com



SENIOR VICE COMMANDER

Comrades, Brothers, and Sisters, we were able to completed one of the three recruiting events. The other two were canceled due to lack of support. We will need to work other areas for getting new members since we have missed out on two recruiting events.

As far as volunteers, there are November events we can use some assistance on. We have "flags out" event Nov 5th where we pay tribute to our fallen Veterans by placing a small flag at each of their grave sites in their honor. The flags will be going out on 5 Nov, and we will be meeting at the Post for Colors at 0800.

We also have the Veterans Day

Parade on 11th of Nov. After that will be Thanksgiving Dinner at the Post on the 24th. We will need help setting up and preparing food.

From the Action Corps Weekly:
"VFW-SVA 2017 Legislative Fellowship Program: The application deadline for the 2017 VFW-SVA Legislative Fellowship has been extended to October 28, 2016. First held in 2015, the program mentors 10 student Veterans as they research policy areas affecting Veterans and the military. Once their research is completed, the fellows will advocate for legislative and regulatory fixes related to their selected issues. Part of that advocacy includes attending the VFW's National Legislative Conference in March where fellows will join more than 500 VFW members in promoting the VFW's legislative agenda by meeting with members of Congress.

Last year, fellows also briefed staffers from the White House and both the Senate and House Veterans' Affairs Committees. The program, with all travel expenses covered, is for VFW members who attend a college or university with a Student Veterans of America chapter. For more information, including the topics for research and the application link, click here:

www.vfw.org/community/student-veterans-of-america/student-fellowship

Veterans Online Self-Help Resources: The Department of Veterans Affairs has created free, online and confidential training for service members and Veterans to learn skills and tools to manage stress and to overcome life's challenges such as parenting,

financial difficulties and adjustment issues. learn more, visit: www.veterantraining.va.gov

CONTINUOUS MEMBERSHIP AWARDS

The following individuals have earned Continuous Membership Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

40 Years Continuous Service:

Robert H. Dahlbeck

35 Years Continuous Service:

Frank J. Pregoner

30 Years Continuous Service:

Michael Roe, Thomas Kirkpatrick

25 Years Continuous Service:

Richard C. Bowersox, William J. Gregory, David R. Burbo, Lewis W. Crenshaw Jr.

20 Years Continuous Service:

Philip Hanna, Robert L. Gossen, Stephen D. Rimbey, Jody Shiflett, Albert W. Moore, Stephen B. Smith, Douglas A. Towles

15 Years Continuous Service:

James A. Smith, Robert F. Stacier, Ronald L. Brock

10 Years Continuous Service:

Roger F. Andrich, Jeffrey M. Crangle, Patrick A. Holden, Glenn M. McBride, Lawrence E. Williams, Nelson Ortiz, Brian S. Powell, Eric L. Smith, Michael Swanson, Billy R. Washington

5 Years Continuous Service:

Jonathan D. Pool, Steven E. Graves, James L. Clifton, George M. Turner, William S. Bowling, Brian L. Weil Sr., Carlos Ortiz

Thank you for your service and congratulations!

SR. Vice Commander

Mark K. Winn

[service
commandervfw392@gmail.com](mailto:commandervfw392@gmail.com)



JUNIOR VICE COMMANDER

Comrades and Auxiliary, October was supposed to be slow, until hurricane Mathew decided to change that theory. Hopefully everyone effected by the storm, is on the road to recovery.

November is a very busy month for the Post. Once again we need volunteers. It's not about us, it's helping the Veterans. Please if you have an hour or two, think about volunteering for one of our many, many events this month! Signup sheets will be posted on the doors leading into the big hall.

Upcoming events:

- Nov 3rd Buddy Poppy Dinner
- Nov 5th Flags out at cemeteries
- Nov 8th Election Day
- Nov 10th, 11th, and 13th Buddy Poppy distribution at the Commissary. (0900-1600)
- Nov 11th, 12th and 13th Buddy Poppy distribution at the NEX and Package Store. (0900-1600)
- Nov 11th Veterans Day Parade
- Nov 12th District 2 Meeting VFW Post 3160 Lunch at Noon Meeting at 1300
- Nov 12th, 13th Flags in from cemeteries
- Nov 24th Thanksgiving Dinner served from 12-5:00 p.m.

I would like to wish everyone a very Happy Thanksgiving! And until next month, always remember our Veterans and God Bless America.

Jr. Vice Commander

T.J. DeChamplain

[service
commandervfw392@gmail.com](mailto:commandervfw392@gmail.com)



QUARTERMASTER

2017 MEMBERSHIP DUES

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters

Third Floor, Room 316

406 West 34th St.

Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a Life Membership and make a life long commitment to serving your fellow service members and Veterans. Life Installment plan is available as an option to the one time payment for Life Membership.

E-NEWSLETTER

The Post Newsletter and Calendar are available online for free! To view them, go to vfw392.org and click on the links along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link.

Ensure that you add the domain "vfw392.org" to your address book, it'll prevent the Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post.

The best method would be to email it to the Post. If you drop it

off or email it, please remember to include your telephone number and email address!

Quartermaster
John H. Phillips
postvfw392@gmail.com



CHAPLAIN'S CORNER

MONTHLY BREAD

O Lord Almighty, remember those who died fighting to protect the dignity and the freedom of mankind. Let our hearts be compassionate and our minds clear and determined in giving them honor and respect.

And let us be dependent on the loving kindness of the Lord our God. As we remember the departed, let us be courageous protectors and true guardians of freedom. Let us be true masters of brotherly love. O Lord, guide us in the way of moral responsibility; enlighten us and make us true believers in morality and justice.

Let this day be a day of commemoration and honor to all those who sacrificed in order to give us liberty, and our nation security. Remember them, O Lord, in Your mercy, and have compassion on us. Make us a generation of wisdom, discipline, and good faith. Amen

Suggested Reading: John 15:13

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP*! It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Bulletin Board at the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

- **Rodney E. Beckwith**
(Home)
- **Leon A. Hickey**
(Farmville)
- **Joseph C. Palmer Sr.**
(Sentara Nursing Home,
Room 211)

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **Henrietta Goodwin**
Passed: 19 Sept 2016
- **Mary Ann Kenavan**
Passed: 23 Sept 2016
- **Irvin L. Cehrs**
US Navy
Passed: 28 Sept 2016
- **David H. Curtis**
US Navy (Retired)
Passed: 10 Oct 2016

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

Post Chaplain
William P. Moran
chaplainvfw392@gmail.com



AUXILIARY PRESIDENT

Sisters, Brothers, I hope and pray that everybody is doing well and back to semi-normal after Hurricane Matthew visited last

month.

We're taking names for needy families from the Post or military families for Thanksgiving baskets, Christmas baskets, and Angel Tree. Please see Fred Jennings, Judy Lupole, or myself to add names. And please remember to bring in non-perishable items to be put into the basket, thank you in advance.

Oktoberfest dinner was a big success again this year! A huge thank you goes out to Lorain Crane, Dinah Devon Doyle, Karen Slater, and all that helped!

We still NEED VOLUNTEERS for our recruiting opportunities with the Comrades.

Also to help serve and take orders for Thursday night and Friday night dinners if you're able to help please see Canteen Manager Colleen Lewis.

We are always looking for volunteers, so if you would like to volunteer or participate in any programs that the Auxiliary has please contact me or any of the chair people.

Nov 5th we are putting flags out at local cemeteries. On the 10th we're visiting Kings Grant nursing home in celebration of Veterans Day. That starts at 3:00 PM. There are approximately 20 residence there, so let's come and thank them for their selfless service.

Nov 12th, the District 2 meeting is at VFW Post 3160. Then on the 24th we are having Thanksgiving Day dinner at the Post.

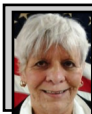
If you find yourself or any Post member in need of anything, please don't hesitate to contact the Chaplain or myself for assistance.

You the Auxiliary members & Comrades of Post 392, make a difference in the lives of our

Veteran's and their Families with all the work you do each and every day! I'd like to extend a big thank you and may God bless you all.

Please feel free to contact me if you need anything, at 721-0002 or the email below.

VFW Auxiliary President
Jennifer Winn
jen-laux@cox.net



AUXILIARY MEMBERSHIP

2017 ANNUAL DUES NOTICE

It's about that time of year again where we start thinking of our membership dues. I'm sure you are thinking that "wait, it's only April and I just paid my dues! My dues aren't due until December 31!"

Well that is true, but this notice is for us Early Birds! Remember "The early bird catches the worm" and you could be the lucky one to never have to pay dues again.

In the months of June through September 30, 2016, your dues will be \$20.00, and you will have TWENTY (20) chances to win a Life Membership! Starting in October 1, 2016 renewal dues will increase to \$30.00.

The drawing for the Life Membership will take place during our meeting on October 4, 2016.

Tired of paying yearly dues? Why not consider becoming a Life Member? If you have any questions or concerns please contact the Post at (757) 486-5875 and one of our Auxiliary Officers will be glad to help you!

Tina Brown
Ellen Stogsdill

CONTINUOUS MEMBERSHIP

AWARDS

The Sisters listed below are

requested to attend the next regularly scheduled meeting of the VFW Auxiliary. Our Auxiliary President stands ready to decorate you with the awards indicated:

15 Years Continuous Service:
Lucille M. Calvert

10 Years Continuous Service:
Joan M. Bly

Thank you for your service and congratulations!

VFW Auxiliary Treasurer
Ellen Stogsdill
vfwpost392@gmail.com



MOCA

Hello Cooties, Ladybugs, and Nits! November is upon us and as usual we have a lot going on!

First is our Cootie Breakfast! There will be no breakfast November 27th due to Thanksgiving weekend.

Second is Hampton VA Hospital visits. We are in dire need of volunteers for Team 3. If you haven't experienced this fun event, now is the time to sign up! We do bingo, pizza, and goodies for the patients and they really enjoy it! Let's not disappoint them. Contact Aux. President Jennifer Winn, Pam Myers (Hospital Chairman for the Aux.), or Gail Payne (our Hospital Chairman) to sign up!

Third, the monthly MOCA Bingo game held at the Post will be November 12 starting at 1 p.m. Everybody is a winner and has a lousy time!

Fourth, the MOC/MOCA will be hosting a wine tasting Nov 19th from 5:30-9:30. Tickets purchased before Nov 12 are only \$20 per person or \$35 per couple! There'll

be light food pairing with the various wines, a free Cootie Glass for Tasting, Raffles, and a Silent Auction! Tickets can be purchased at the Canteen or contact any Officer. All proceeds go to the Cooties Veteran Relief Hospital Fund.

Veteran's Day is November 11th and if you'd like to march in the parade, let any Officer know! Info disbursed at the monthly meeting!

And last but certainly not least, November 24th is Thanksgiving. The Post will be serving a full Thanksgiving meal and could use some help with serving and clean-up. Sign up sheets are posted. This meal is free and open to all Veterans, Active Duty Military, and their families! So if you know of somebody who would enjoy the camaraderie and a meal, send them this way!! The Post is also accepting donations of turkeys and spiral sliced hams.

Our monthly meeting will be November 8 starting promptly at 7 p.m. Not a Cootie or a Ladybug? Want to know how to be one? Talk to one of the Officers and we will be glad to help you!

I hope everybody has a safe holiday and remember we are here for you if you need us! God Bless!

MOCA President
Colleen Lewis



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200
Friday..... 1100-0000
Saturday-Sunday..... 1100-2200

*On Cootie Breakfast Sunday's the
Canteen opens at 1000*

NEW KITCHEN HOURS

Monday-Thursday.... 1100-1400

Friday 1100-2200

only Appetizers available after 2100

Saturday 1200-1700

Sunday 1300-1800

regular menu items not available during any holiday or event dinner specials (unless specified)

Kitchen will be closed on Nov 24

CANTEEN MANAGER NOTES

I want to thank Tom and Marilyn for their continued volunteerism on Friday nights!! I can't express how grateful I am for your help, giving your time, and efforts to help keep costs down for the Canteen!

Thursday night dinners have been steady, averaging 20-25 people. I hope everybody understands that when we do our dinner specials like this, we prep for our average amount of customers! If you know ahead of time that you plan on coming in for one of our specials, especially if you are bringing a lot of people with you, please feel free to call in advance so that we can prepare properly! We don't want to run out!

Also, I have been listening to some of our customers, and it has been requested that we offer something that isn't fried! So we offer steaks, and now grilled chicken breasts; lightly seasoned paired with baked potato and veggie of your choice.

Also on Thursday nights our dinner hours will be from 5:00 - 7:00 PM.

Please note that the regular kitchen menu will not be available during Post, Auxiliary, or MOC / MOCA dinner specials! The next upcoming Post dinner special will be November 3 for the Buddy

Poppy dinner. They will also serving Thanksgiving dinner on November 24. The kitchen will be closed that day!

Our first ever Trivia night was a big success! The next one will be November 5th with Crash Entertainment!

I am constantly reviewing and revising all of our menus on the weekends to try and accommodate all of our members! Pizzas seem to be the number one hit, followed by Josh's wing specials! Have a suggestion? Please let me know!

The kitchen staff and your friendly bartenders are here to serve you! They work hard and try to please everybody. Courtesy and patience can go a long way and is much appreciated! However, if you see room for improvement from any of my staff, please let me know. I can't fix something if I don't know it's broke!

Last but not least, the Post does not have a janitorial staff. So if you drop something, pick it up. Spill? Clean it up. Filled the trash can? Empty it! Borrowed something? Return it! Broke something? Tell somebody! Need help? Ask!! We are all here for each other and to keep this Post the best it can be!

WEEKENDS AT THE VFW

Start the weekend with Friday's **Social Hour Prices** from 4-6 PM! The kitchen's open with menu items, appetizers, and **pizza specials** from 12-5 PM Saturday and 1-6 PM Sunday!

The Canteen opens at 11:00 AM on Saturdays and Sundays (10:00 AM on Sundays when Cootie Breakfast is being served).

Come out and enjoy a cold beer or beverage and enjoy NFL and

NASCAR on multiple big screen TV's. Bring the family - the Canteen is smoke free and Wi-Fi is readily accessible.

THURSDAY NIGHT DINNER

New Hours / New Menu

5:00 PM - 7:00 PM

Below is the dinner menu available Thursdays for this month. Regular menu items are also available if the dinner menu doesn't appeal to you, except on holiday / event dinner specials:

<u>Nov 3rd</u>	<u>Nov 10th</u>
<u>Buddy Poppies</u>	<u>Sweet and Sour</u>
<u>Dinner</u>	<u>Pork</u>
spaghetti w/ choice of two sauces, side salad, garlic toast, dessert, coffee/ iced tea	w/ white rice, vegetable of the day (or side salad), roll, dessert, coffee/ iced tea
\$7.50	\$9.00
<u>Nov 17th</u>	<u>Nov 24th</u>
<u>London Broil</u>	<u>Thanksgiving</u>
w/ baked potato, vegetable of the day (or side salad), roll, dessert, coffee/ iced tea	<u>Dinner</u>
	turkey, ham, sweet potatoes, potatoes/gravy, veggie, roll, salad, & desserts
\$7.50	Free

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>Nov 4th</u>	<u>Nov 11th</u>
Crash Entertainment	TBD
<u>Nov 18th</u>	<u>Nov 25th</u>
Shannon Cooper DJ	Jim Berry DJ

CANTEEN SPECIALS

Friday: Shrimp Special

6 - 9 PM

EZ Peel Shrimp are back & larger!
1/2 lb for \$6.00 or 1 lb for \$12.00

Saturday: Pizza Special

Saturday: Noon - 5 PM

12" PIZZA

homemade crust & sauce! cheese
& pepperoni \$6.00, additional
topping are 50¢ each

Sunday Football Menu

1 - 6 PM

12" Pizza \$7.00
Cheese and pepperoni

12" Supreme Pizza \$8.00
*cheese, pepperoni, sausage, onions, green
peppers, mushrooms*

Cheese Pizza \$6.75
Additional toppings: 25¢ each

Hot Sausage \$3.00
Served with grilled onions and peppers

1/4 lb Hotdog \$2.75

1/4 lb Hamburger \$3.75
Add cheese: 25¢

If you have any comments or
suggestions for our Canteen,
please let us know! And thank you
for your service!

Chairperson **Manager**
Pete Gebelein **Colleen Lewis**
canteenmanager392@gmail.com



POST ANNOUNCEMENTS

NEWSLETTER ADVERTISING

**All ads are paid advertisements,
and are not endorsed by the
Veterans of Foreign Wars**

The Veterans of Foreign Wars
Post 392 is offering advertising
space for our newsletter. We have

a monthly circulation of over
2100. All ads must be submitted
and approved by the Post prior to
the 15th of each month.

If you are interested please
contact John Phillips, Post 392
Quartermaster, for pricing and
availability at (757) 486-5875.

MOCA BINGO

November 12th

1:00 - 3:00 PM

Next Bingo at the Post is Nov
12th. If you haven't joined in this
game yet, you should! We have a
lot of fun! And yes, even the
youngsters have fun too! (Must be
with parent or guardian to play)
Everybody is a winner!!

The cost to play is donations.
There are door prizes, 50/50 raffle,
snacks provided, and the winner of
the game receives a prize

MOC / MOCA WINE TASTING

November 19th (Saturday)

5:30 - 9:30 PM

MOC/MOCA is hosting a Wine
Tasting event on November 19th!
This is our first and we know it
will be a success! Our Sr. Vice
Pres Lorain is heading up this
endeavor. Tickets at the door are
\$25 per person/\$40 per couple. If
you get them ahead of time, they
are \$20 per person/\$35 per couple!

There will be raffle prizes, a silent
auction, free Cootie wine glass for
tasting purposes, and much more. I
promise it will be a lot of fun!

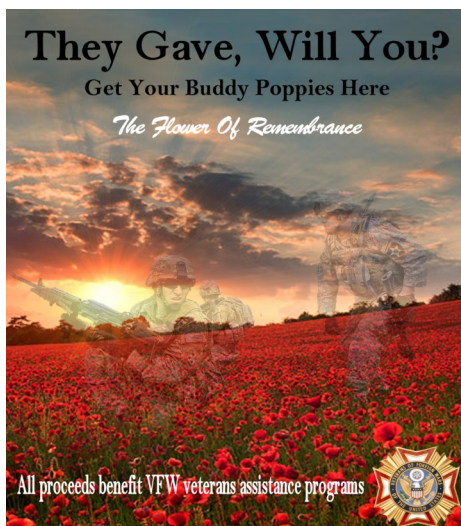
And remember - all proceeds go
to the Cooties Veteran Relief
Hospital fund!

THURSDAY / FRIDAY NIGHT DINNERS

VOLUNTEERS NEEDED

First off, a BIG THANK YOU to
the volunteers that have come out
on Thursdays and Fridays! Your
generosity of time really has
helped to keep the costs down!

We still need help with register
and serving and clean-up! There
are sign-up sheets available on the
double doors leading to the big
hall! **Please, we need you to be
able to continue with the
dinners!** Thank you in advance!



BUDDY POPPIES

Yes, that's right, it's Buddy
Poppy time again come
November! If you haven't
volunteered for Buddy Poppy's
before, please consider it. It's well
worth your time to volunteer.
Because all of the Buddy Poppies
we distribute are assembled by
disabled Veterans. And the money
raised by distributing them goes to
maintaining state and national
Veteran's rehabilitation and
service programs.

VOLUNTEERS are what make
this all happen! So please,
contribute your share of time for a
great cause and take pride in your
efforts to benefit others!

Volunteer times are in two hour
intervals and the dates are listed
below. The sign up sheets are at

the Post (and they will provide a more detailed schedule):

- Nov 10th, 11th, and 13th at the NAS Oceana Commissary
- Nov 11th-13th at the NAS Oceana Package Store
- Nov 11th-13th at the NAS Oceana NEX

VETERAN'S DAY FLAGS

Volunteers Needed

Nov 5 - "Flags Out"

Nov 12-13 - "Flags In"

Veterans Day is the time to honor and remember all who have served in the Armed Forces. So before you warm up the grill and reflect on the Veterans in our lives, please come start your Veteran's Day with **Post 392's flag raising ceremony Saturday morning, November 5th. Fall in is at 7:30 AM, Colors at 8 AM.**

After Colors starts our 'Flags Out' event. If your time permits, come along to assist us in placing over 5,000 US flags on Veteran's graves between five local cemeteries (Eastern Shore / Colonial Grove/Princess Anne/Rosewood/ Jones). It's a tradition and a wonderful way to honor and remember those Veterans who are no longer with us.

And please don't forget that Nov 12-13 is our 'Flags In' event. Retrieving, inspecting, and storing so many flags takes a much bigger effort. We can always use some more volunteers for that effort.

THANKSGIVING DINNER

Volunteers Needed

Donations Needed

Nov 24th, Noon - 5 PM

Free to Members / Non-Members

We're having our annual Thanksgiving Dinner on the 24th of November from Noon - 5:00

PM. This dinner is free to all who attend.

We are asking for donations now of turkeys and pre-cooked spiral hams (these hams save cooking and carving time). Volunteers sign up sheets will be up soon for cooking, servers, clean up, etc. As well as a list of food items that can be donated.

Now is the time to become a part of this great tradition. Help make this upcoming Thanksgiving Dinner a success by setting aside food and / or time as a volunteer. It takes many volunteers to make this a success.

THANKSGIVING GIFT

BASKETS

Donations Needed

November brings us Thanksgiving. It's a time of year to reflect and be thankful for family, love, health, where we are, and what we have. It's also a time of giving. There are Military and Veteran families that have proudly served their country, but have fallen on hard times. Families that can not afford the traditional Thanksgiving Dinner this year.

That's where we step in and give back to these families. We put together Thanksgiving Gift baskets to provide for most of a traditional holiday dinner. It eases the budget burden, and lets those families know that we care.

We are asking donations of canned and boxed goods for the Thanksgiving baskets. Please donate what you can. Just bring the items to the Post, where we have donation receptacles.

Need Thanksgiving Assistance?

If you, or you know of any active duty or veteran families in need of Thanksgiving assistance, please

see Fred Jennings or any Post Officer **prior to November 14th.**

VETERANS DAY

PARADE

Volunteers Needed

November 11, 2015

We could use transportation and other participants for Virginia Beach's Veteran's Day Parade. The Parade starts at 9:00 AM at the Tidewater Veterans Memorial Park at 19th Street. See any Officer for more information

ANGEL TREE

Christmas time is coming, and once again we will have the Angel Tree set up at Post 392. It is decorated from the heart - as every card hung on the tree contains a child's name and a Christmas wish.

Nothing is more precious than a child's excitement on Christmas morning, and nothing is more heartbreaking than their disappointed faces if their families are unable to provide gifts.

Your mission will be simple: take a card from the tree, purchase the item on the child's wish list, and bring it back to the Post.

The only difficult part of this mission is making sure the gift has the child's name card attached to it, and is back at the Post **before December 17th!**

So please, take a card from the Angel Tree. Take two! Take pride in bringing a Merry Christmas to someone who could use our help this year. Come see how good it feels to put a smile on the children's faces!

Need Christmas Assistance?

If you, or you know of any active duty or veteran families in need of Holiday gift assistance, please see

Fred Jennings or any Post Officer
prior to December 12th.

MOC ANNUAL MEMBER CARDS

Membership Notice

Military Order of the Cooties
Annual Membership cards are in!
Please remember to submit \$30 to
the CCDB as that will keep your
membership current!

VETERANS CRISIS LINE

VA offers a network of support
for all our Nation's Veterans and
their families. Veterans in
emotional crisis and their loved
ones can call the free and
confidential Veterans Crisis Line
to connect with a qualified crisis
counselor who can help.

Anyone who is concerned about
a Veteran can also go to
veteranscrisisline.net to access the
confidential, anonymous online
chat to connect with a responder
and get support.

The Veterans Crisis Line, online
chat, and text are available 24
hours a day, 365 days a year, to all
Veterans and their families, even
if they are not registered with VA
or enrolled in VA health care.

Phone: 1-800-273-8255

Web: veteranscrisisline.net

Text Message: 838255

CORRECTIONS

We welcome any comments,
suggestions, or complaints about
errors that warrant correction.

They can be directed to any of

the Post 392 Officers, or email
them directly to the Newsletter
Chairman at mcullen4@live.com,
or to the Webmaster at
webmaster@VFW392.org

GENERAL MACARTHUR MEMORIAL POST 392

Wishes You All:

Our Active Duty Service
Members at home and abroad,
Our Veterans and their families,
The families of our Veterans who
are no longer with us, Our
Comrades and Sisters, Our Family
and Friends:

**HAVE A SAFE
VETERAN'S DAY AND A
HAPPY THANKSGIVING!**

PAID ADVERTISEMENTS

All ads are paid advertisements, and are not endorsed by the Veterans of Foreign Wars:

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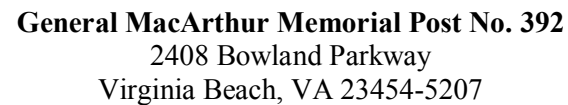
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THE RED, WHITE AND BLUE - 392



SUN	MON	TUE	WED	THU	FRI	SAT
	Oct 31	1	2	3	4	5
	• VFW / AUX Staff Meeting 6:30 PM	• VFW / AUX Post Meeting 7:00 PM	• MCL Meeting 7:00 PM	• Buddy Poppies Dinner 5 - 7:00 PM	• Entertainment 7 - 10:00 PM Crash Entertainment	• Colors 8:00 AM • Vet Day 'Flags Out' • Trivia Night 6 - 8:00 PM
6	7	8	9	10	11	12
• Daylight Savings • Cootie Breakfast 8:30 - 11:00 AM		• Election Day • MOC/MOCA Meeting 7:00 PM		• Buddy Poppies • Sweet & Sour Pork 5 - 7:00 PM	• Veterans Day • Buddy Poppies • Vet's Day Parade • Entertainment TBD	• Buddy Poppies • Dist 2 Meeting • Vet Day 'Flags In' • MOCA BINGO • Texas Hold'em
13	14	15	16	17	18	19
• Buddy Poppies • Cootie Breakfast 8:30 - 11:00 AM • Vet Day 'Flags In'	• FRA 166 Staff Meeting	• MCL Staff Meeting 7:00 PM • IOOB Meeting 7:30 PM	• AOA Meeting 6:00 PM	• London Broil 5 - 7:00 PM	• Entertainment 7 - 10:00 PM Shannon Cooper	• MOC/MOCA Wine Tasting 5:30-9:30 PM
20	21	22	23	24	25	26
• Cootie Breakfast 8:30 - 11:00 AM	• FRA 166 Branch Meeting			• Thanksgiving Dinner Noon - 5:00 PM • VVA Chap. 969 Board Meeting	• Entertainment 7 - 10:00 PM Jim Berry	
27	28	29	30		• EVERY FRIDAY: Social Hour Prices 4:00 - 6:00 PM Shrimp Special 6:00 - 9:00 PM • EVERY SATURDAY: Pizza Special Sat 12-5 PM, Sun 1-6 PM	
• No Breakfast (Thanksgiving)	• HRCVO 7:00 PM	• VVA Chapter 969 Meeting 7:00 PM	• House Committee Meeting 7:00 PM			

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