

#### Veterans of Foreign Wars of the United States General MacArthur Memorial Post 392

2408 Bowland Parkway Virginia Beach, Virginia 23454-5207 (757) 486-5875 www.vfw392.org

**2020 Membership Goal: 1940** Current Status: 1854 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

#### November 2021 - VOLUME 33, NUMBER 5

#### **2021 - 2022 OFFICERS**

Post Commander	chard C. Craig iffer L. Cuevas ohn H. Phillips ohn W. Flavin even E. Graves an R. Chenard cil A. Siegfried	Auxiliary Sr. Vice President Auxiliary Jr. Vice President Auxiliary Treasurer Auxiliary Chaplain Auxiliary Conductress Canteen Manager M.O.C. Seam Squirrel	Carol G. Mueller Ingrid L. Epperson Ellen Stogsdill, Connie Mitchell Jennifer A. Winn Richard Schwartz Mark Winn
Judge Advocate Ste		<u> </u>	



#### COMMANDER'S CALL

Brothers and Sisters,

Greeting Comrades! I do hope everyone is doing good and have been staying safe and healthy. As the month of October has come and gone, we are moving forward with a lot of momentum. We are continuing with some of our events. We were able to have the Darts tournament, Texas Hold'em tournament, MOCA Bingo, and last but not least, our monthly Pool Tournament. If you are a darts, poker, bingo or pool player, come on out and enjoy yourself and the others that play They all seem to have a good time.

There were some great events this past month. Our Community Outreach project with the SPCA went well. The Auxiliary has really been working hard and I appreciate all they have done. The Bake Sale, the Kid's Halloween Party, and the Arts and Crafts Fair all went well. Auxiliary President Dinah and company have really

been "Making the Auxiliary Great Again."

Keep an eye on the calendar for all the events we hope to happen as scheduled. As events get changed and updated, our webmaster will try to keep the calendar up to date. Good news keeps coming in. I see things continuing to improve around the area as more people are getting out and starting to enjoy themselves again. Let's hope and pray we are moving in the right direction.

We have had a good month. I am really excited to see so many of our members again visiting the Post, enjoying the fellowship, and getting caught up with the other members. Our Comradeship is something that not just any one can understand. We have had some great volunteers. When we were looking for volunteers to cook for our Thursday night meals and Friday night shrimp specials, several stepped up to the plate.

#### **VOLUNTEERS NEEDED**

(see any Post Officer for details)

• <u>Post Meeting</u>:

November 2nd 7:00 PM

- <u>Buddy Poppy Dinner</u>: November 4th 5:00 PM
- <u>Pool Tournament</u>: November 6th 12:00 PM
- Colors/Flags Out: November 6th 8:00 AM
- MOC/MOCA Breakfast: November 7th/21st 8:30 AM
- MOC/MOCA Meeting: November 9th 6:30 PM
- <u>Dart Tournament</u>: November 13th 5:30 PM
- Aux Bingo / Texas Hold'em: November 20th 1:00 / 6:00 PM
- <u>Thanksgiving Dinner</u>: November 25th Noon - 5:00PM

Post 392 - Needs You!

Thank you to all those that volunteered to make that happen. We had a great Meatloaf Dinner, Grill your own Steak Dinner, and Octoberfest meal. An Outstanding job done by all; it is greatly appreciated - that's for sure.

November is full of events, so make sure you check the calendar for any new updates. These will be covered more by the Senior and Junior Vice Commanders. This is the time of year for Bob's Buddy Poppy Spaghetti dinner, Buddy Poppy's at NAS Oceana, Flags Out, the Virginia Beach Veterans Day Parade, and Thanksgiving Dinner. I would like to have a big showing of Post, Auxiliary, and family members for all these events as they are always fun times and a great way to show others what Post 392 is all about.

This is your Post. Make sure you come support your post, enjoy the comradery of your fellow Post members. We are always adding new members; come and meet them and build friendships. Our Post is only as good as you make it, and we are a great Post that can always get better. If you have an idea, or want to get involved more in Post activities, there are plenty of opportunities and new ideas are welcome. Our Post alwavs meetings are held on the first Tuesday of the month at 7:00 pm. Our House Committee meeting is held the last Wednesday of the month at 6:30 pm., and is open to all members. You can come and bring up ideas and or concerns or use the suggestion box. The House Committee Chairman reads and responds to every suggestion or concern that is put into the box, as long as it is signed by the submitter. With that being said, please remember our members are out brothers and sisters, and their family is our family, so please be respectful of everyone.

If you have read any of my previous newsletters, you know there is something that has always been near and dear to my heart. As we enter the Holiday season it even more important. We lose way too many lives to suicide. I think every day and every month should be Suicide Awareness. We all have heard about the 22 a day on the suicides. So please everyone, let's take care of one another, lets be kind to one another, and make sure if someone needs to talk, we are there to You never know your actions can affect a life, if you put them off it may be too late. As always be a friend to those in need, as suicide is a serious problem with our veterans. Keep them in your prayers and it never hurts to be friendly to them. It just may save their lives.

If you know of a member, or a veteran that is in need, sick, or their family is sick, please bring it to our attention.

Post Commander Troy Wagers <u>commandervfw392@gmail.com</u> (757) 450-0844

#### DATES TO REMEMBER

11/10 US Marine Corps Established

11/11 Veterans Day/WWI Armistice Signed (1918)

11/23 USCG Women Reserve (SPAR's) Established (1942)

11/21 Grenada Campaign Ended (1983)



## SENIOR VICE COMMANDER

Greetings, Brothers and Sisters!

November is a very busy month, with plenty of opportunities to

help the Post and fellowship opportunities. Thursday Nov 4<sup>th</sup> at 5:00 pm is the Buddy Poppy Spaghetti Dinner, kicking off the Buddy Poppy drive at the NEX, Package Store, and Commissary at NAS Oceana. SVC Jennifer Cuevas will have plenty to say about that. On Saturday Nov 6<sup>th</sup>, we are putting out flags at the local cemeteries. Signup sheets have been posted, so put your name on one and come on out at 8:00 am to help. There are approximately 10,000 flags that we put out over our five sites to honor our departed Veterans and First Responders, so come out and lend a hand. Thursday Nov 11th at 9:00 am is the Veterans Day Parade at the Oceanfront, so come out and represent the Post and honor our Veterans, both past and present.

Also, this month features Friday Night Shrimp Dinners, Cootie Breakfasts on Sundays the 7<sup>th</sup> and 21<sup>st</sup>, and the Free Thanksgiving Dinner on the 25<sup>th</sup> from Noon-5:00. Volunteers are ALWAYS needed for Thanksgiving! And don't forget the monthly Pool and Dart Tournaments.

The holiday season is joyous for many, but for some of us, there is no joy, just added stress and sadness. Lets make sure we look out for the people around us. The signs aren't always smacking us in the face, so never just assume. Don't be afraid to check in with people. You never know who just might be in need of a lifeline.

SR. Vice Commander Richard Craig <u>srvice</u> <u>commandervfw392@gmail.com</u> (757) 513-4905

#### Continuous Membership Awards

The following individuals have earned Continuous Membership

Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

#### November 2021

**40 Years Continuous Service:** Frank J. Pregenzer

**35 Years Continuous Service:** Michael P. Roe

**30 Years Continuous Service:** David R. Burbo, William J. Gregory

25 Years Continuous Service: Philip V. Hanna, Albert W. Moore, Stephen D. Rimbey, Jody V. Shiflett, Stephen B. Smith, Douglas A. Towles

**20 Years Continuous Service:** Ronald L. Brock, James A. Smith, Robert F. Staicer

## 15 Years Continuous Service: Roger F. Andrich, Jeffrey M.

Crangle, Patrick A. Holden, Glenn M. McBride, Nelson Ortiz, Brian S. Powell, Eric L. Smith, Michael Swanson, Billy R. Washington, Lawrence E. Williams

10 Years Continuous Service: William S. Bowling, James L. Clifton, Steven E. Graves, Carlos Ortiz, Jonathan D. Pool, George M. Turner,

## **5 Years Continuous Service:** Dale A. Lyons

In order to maintain continuous membership eligibility in the VFW, you must pay your dues prior to the expiration date on your card.

Thank you for your service, and congratulations!



Fellow Brothers and Sisters,

I hope this post finds you well! Your Post 392 needs you. Our Poppy drive is scheduled 5-7 November. We are scheduled for 3 spots on NAS Oceana, at the Package Store, Commissary, and NEX. We need volunteers to staff the tables at these locations. In May we didn't have enough volunteers for all three spots, so let's see if we can make it happen this month. Signup sheets are posted. Feel free to reach out to me with any questions.

On a personal note, I leave for my 3 Day Susan G. Komen walk on the 18<sup>th</sup>. I won't be back until Thanksgiving. My mom is starting her radiation therapy for Breast Cancer treatment. Please keep her in your thoughts and prayers.

Please remember that we are ALWAYS in need of volunteers, and we always have a great time.

JR. Vice Commander Jennifer R. Cuevas irvice

commandervfw392@gmail.com



#### QUARTER-MASTER

#### NOTICE

## This is my last year as the Post Quartermaster.

Anyone interested in running for this position must know basic accounting and have knowledge of Microsoft products, EXCEL, ACCESS, Publisher, Power Point. Our accounting program we use is Peachtree. This job requires an extensive amount of training.

If seriously interested contact the Post Quartermaster

#### **Membership Dues**

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at <u>vfw.org</u>, or by mail directly to:

#### **VFW National Headquarters**

Third Floor, Room 316
406 West 34th St.
Kansas City, MO 64111
(please include your membership#)
Consider changing your Annual
Membership to a Life Membership
and make a life long commitment
to serving your fellow service
members and Veterans. Life
Installment plan is available as an
option to the one time payment for
Life Membership.

#### E-Newsletter

The Post Newsletter and Calendar are available online for free! To view them, go to vfw392.org and click on the links along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link. Ensure that you add the domain "vfw392.org" to your address book. This will prevent the Post emails from going to your SPAM folder!

#### **CHANGE OF ADDRESS**

Members, we all need to maintain a current address with the VFW. When your mailing address changes, be sure to fill out an address change form, mail it in, or drop it off at the Post. The best method is be to email it to the Post. If you drop it off or email it, please remember to include your telephone number and email address!

IMPORTANT NOTE FOR ALL: Approximately 40% of the on-file

Post and Auxiliary postal mail addresses, phone numbers, and email addresses are incorrect. Please update them via email to vfwpost392@gmail.com.

## **Updating Your Contact Information**

The Post maintains the, name, address, phone number and email address for all our members and Auxiliary. If any of this information has changed, please contact the Post Ouartermaster so we can update our database. If you are planning on moving anytime in the upcoming future, please contact us as soon as you have your new contact information so we can stay in touch with you and ensure you get Post information.

When your mailing address changes, be sure to fill out an address change for, mail it in, or drop it off at the Post.

The best method would be to email it to the Post.

Quartermaster John Phillips vfwpost392@gmail.com



## CHAPLAIN'S CORNER

Greetings all from your Post 392 Chaplain.

I do hope that all are doing well. We have had a couple of members in the hospital and are at home recovering well.

This Month: God sent us to earth to learn and grow through experiences - both pleasant and painful. He lets us choose between good and evil. The challenge is to have faith in His plan even though we don't have all of the answers.

"And the Messiah cometh in the fulness of time, that he

may redeem the children of men from the fall. And because that they are redeemed from the fall they have become free forever, knowing good from evil; to act for themselves and not to be acted upon, save it be by the punishment of the law at the great and last day, according to the commandments which God hath given.

"Wherefore, men are free according to the flesh; and all things are given them which are expedient unto man. And thev are free to choose liberty and eternal life, through the great Mediator of all men, or to choose captivity and death, according to the captivity and power of the devil; for he seeketh that all men might be miserable like unto himself."— 2 Nephi 2:26–27

John W. Flavin 757-450-0844

## HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP*! It is important that we extend our hand in any way possible to aid and comfort our fellow Comrades and family in their time of need.

#### ILLNESS / INJURIES

Please read the Post's Bulletin Board for up-dates of Members on the Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

None at this time

#### TAPS

**David L Godin**Passed: 19 September

Gerald S. Land Sr. Passed: 22 September

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

Post Chaplain John Flavin chaplainvfw392@gmail.com



#### **AUXILIARY**

Sisters & Brothers,

I hope everyone is doing well. It's so hard to believe the Holiday Season is upon us!!

The Post/Auxiliary bake sale was a huge success. Thank you to everyone who made delicious desserts. We will continue to have a bake sale on the 3<sup>rd</sup> Friday of the month.

The Halloween party was so much fun!! We had 24 children in attendance. The costumes by the children and the Adults were amazing. Thank you volunteers, you did an awesome job.

The SPCA Community Outreach Program at the SPCA was a great experience, we will keep you posted on the date for our next visit.

Oktoberfest Dinner was delicious. There was a great turnout. Another huge thank you to the Volunteers.

There are many events coming up for the month of November. November  $2^{nd}$  – Election Day November  $4^{th}$ - Buddy Poppy Dinner – 5pm to 7pm November  $5^{th}$  –  $7^{th}$ - Buddy Poppy distribution, flags out (volunteers

needed)

November 8-12 – Voice of Democracy, Patriot Pen & Teacher of the Year Judging (volunteers needed)

November 11<sup>th</sup> – Veterans Day Parade at 9am, Virginia Beach Oceanfront. Line-up begins at 8am, 14<sup>th</sup> Street and Atlantic. November 13<sup>th</sup> - District 2 Meeting - 12pm, Post 8545, Smithfield, VA November 19<sup>th</sup> – Bake Sale – 5:30 pm to 8pm (volunteers needed) November 25<sup>th</sup> – Thanksgiving Day Dinner at the Post (volunteers needed)

We will be accepting donations for food baskets for needy families. A donation box will be set up at the Post. Turkeys and hams will also be appreciated.

Bob DeChamplain will be taking orders for Auxiliary Polo Shirts. There will be a sign up sheet at the Post.

We actively continue to update our active membership roster Please contact Ellen Stogsdill at <a href="mailto:ellenstogsdill@cox.net">ellenstogsdill@cox.net</a> or Judy Lupole at <a href="mailto:luvedale88@verizon.net">luvedale88@verizon.net</a> with any changes you may have.

Please continue to send in your early bird dues, the earlier you pay the more chances you have to win a Life Membership.

Thank you to everyone who attended the October Meeting. Please attend meetings so we can all work together for a successful year. I would like to welcome all new members and hope to you soon at upcoming events.

Our Chaplain Connie Mitchell stands by for any member who may need our help.

The next Auxiliary meeting will be November 2<sup>nd</sup> (don't forget to get out and vote) at 7pm. Hope to see everyone there!!! Thanks for

everything that you do for our Veterans and our Post!!!

Feel free to contact me if you need anything. I can be reached at 757-560-0493 or n2runn1@yahoo.com

VFW Auxiliary President Dinah Doyle pres392@auxvfwva.org (757)477-5086



#### AUXILIARY MEMBERSHIP

## CONTINUOUS AUXILIARY MEMBERSHIP AWARDS

All are requested to attend the next, regularly scheduled, meeting of the VFW Auxiliary.

Our Auxiliary President stands ready to decorate you with the awards indicated:

#### November 2021

**20 Years Continuous Service:** Lucille M. Calvert

**5 Years Continuous Service:** Ann Marie Brothers, Elaine M.

DeVost, Melissia A. Furlough, June Marshall, Darlene Snow, David E. Turner

Thank you for your service and congratulations!

VFW Auxiliary Secretary Judy Lupole <u>luvedale88@verizon.net</u> (757) 581-2702



#### **CANTEEN**

#### **CANTEEN HOURS**

**Monday-Thursday....** 1100-2200 **Friday.....** 1100-2200 **Saturday-Sunday .....**1100-2200



#### On Cootie Breakfast Sunday's the Canteen opens at 1000

#### **KITCHEN HOURS**

Monday-Wednesday... 1100-1300 Thursday... 1100-1300, 1700-1830 Friday..... 1100-1300, 1730-2030 Saturday...... 1200-1800 Sunday.......1200-1800

\* Hot Dogs, Chili, and Pizza may be obtainable on Saturdays and Sundays. The air fryer menu items (available when kitchen is closed):

Chicken Wings, Curly Fries, French Fries, Jalapeno Poppers, Mozzarella Sticks, and Popcorn Chicken

#### WEEKENDS AT THE VFW

Start the weekend with Friday's **Social Hour Prices** from **4-6 PM!** The kitchen opens Friday, 5:30 to 8:30 PM, "with all of our menu items, including our weekly Shrimp Special!"

The Canteen opens at 11:00 AM on Saturdays and Sundays (10:00 AM on Sundays when Cootie Breakfast is served). When the kitchen is closed, we do have the menu items listed above available on Saturdays and Sundays!

Come out and enjoy a cold beer or beverage! We have multiple big screen TV's. Bring the family - the Canteen is smoke free and Wi-Fi is readily accessible.

## THURSDAY NIGHT DINNER Hours / Menu

5:00 PM - 7:00 PM

Salad and dessert included. Following is the dinner menu for this month:

Nov. 4th	<u>Nov. 25th</u>		
Buddy Poppy Spaghetti Dinner	Traditionl Thanksgiving Dinner		
\$9.00	FREE TO ALL		
5:00 - 7:00PM	12:00 - 5:00PM		
Prepared by: Bob DeChamplain	Prepared by: Post and Auxiliary		

Note: Our Thursday Night Dinners are all volunteer staff. If you'd like to help with serving, cleanup, or dishwashing - please contact the Canteen Manager Richard Schwartz or Assistant Canteen Manager Teresa McMillion at (757) 486-5875, or at the email address below.

Our **Friday Evening Dinners** (5:30 - 8:30 PM) require a few volunteers as well. Again, please contact the Canteen Manager or Assistant Manager.

#### FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

November 5th TBD	November 12th TBD
November 19th  DJ Shannen	November 26th TBD

Our entertainment for the month of November is not complete. Please watch our social media sites and / or call the Post for further information.

#### **CANTEEN SPECIALS**

Fridays: Social Hour

4 - 6 PM

Come in and enjoy our Social Hour Prices to start your weekend!

Fridays: Steamed Shrimp

5:30 - 8:30 PM

EZ Peel Shrimp are back & larger! 1/2 lb for \$6.00 or 1 lb for \$12.00

If you have comments or suggestions for our Canteen, please let us know. All written comments or suggestions must be signed for consideration, and thank you for your service!

Chairperson Manager Steven Graves Richard Schwartz

canteenmanager392@gmail.com



The November Cootie Breakfasts are on Nov 7th and 21st, 8:30-11. Please volunteer and/or support!!

MOCA Bingo will be on <u>SUNDAY</u> November 14th from 1pm to 3pm. We switched dates only for this month. Please bring a friend!!!

It would be great to see more members at our meetings. Please attend meetings so we can all work together for a successful year. I welcome all new members and hope to see you soon.

Our Chaplain Ingrid Epperson stands by for any member who may need our help.

The next MOCA meeting is Nov 9th at 7pm. Hope to see everyone there!!! Thanks for all that you do.

Feel free to contact me if you need anything.

MOC Auxiliary President Dinah Doyle pres392@auxvfwva.org (757)477-5086





# NEWSLETTER ADVERTISING All ads are paid advertisements, and are not endorsed by the Veterans of Foreign Wars

The Veterans of Foreign Wars, Post 392 is offering advertising space in our newsletter. Our monthly circulation is over 2100. All ads must be submitted and approved by the Post prior to the 15th of each month. If you are interested in advertising, please contact the Quartermaster.

## STATE OF VIRGINIA VETERANS AFFAIRS REPRESENTATIVE

Pembroke Office Park 287 Independence Blvd. Pembroke Two, Suite 130 Virginia Beach, VA 23462 Office: (757) 552-1884

#### **NOTARY PUBLIC**

The following Post member is commissioned as Notary Public in the Commonwealth of Virginia:

• Joseph G. Brady

#### LEGAL AID OFFICE

Veteran Free Legal Services
Estate Planning, Consumer
matters, public benefits, and
family law.

David Rivard, Esq., Attorney

Legal Aid Society of Eastern Virginia

30 West Queen's Way Hampton, Virginia 23669 (757) 552-0026 ext. 305 davidr@laseva.org

#### **VETERANS CRISIS LINE**

Veteran Affairs offers a network of support for all our Nation's Veterans and their families. Veterans in emotional crisis and their loved ones can call the free and confidential Veterans Crisis Line to connect with a qualified crisis counselor who can help.

#### Corrections

We welcome any comments, suggestions, or complaints about errors that warrant correction.

They can be directed to any of the Post Officers, or email them directly to the Webmaster at

webmaster@VFW392.org





# NO ONE DOES MORE FOR VETERANS



SARA LIKENS Service Manager

O 757-271-1300 F 757-431-0609 3636 Virginia Beach Blvd-SUITE 115, Virginia Beach, VA 23452 www.NeptuneCremationofVirginia.com





Click above for more info on Ron



#### VETERANS OF FOREIGN WARS

#### General MacArthur Memorial Post No. 392

2408 Bowland Parkway Virginia Beach, VA 23454-5207

 Phone:
 (757) 486-5875

 Fax:
 (757) 486-3576

 E-Mail:
 vfwpost392@gmail.com

 Web Site:
 www.vfw392.org

Facebook: https://www.facebook.com/ VFW392



#### THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT		
	1	2	3	4	5	6		
	•VFW/AUX STAFF Meeting :6:30PM	•VFW/AUX Post Meeting 7:00PM	• MCL Meeting 7:00PM	• Buddy Poppy Dinner 5:00 - 7:00PM	Friday Night Shrimp 5:30 - 8:30PM • Buddy Poppy Drive NAS Oceana	Pool Tourney @Noon Dart Tourney 5:30PM Colors/Flags Out/8:00 Buddy Poppy Drive		
7	8	9	10	11	12	13		
MOC/MOCA Breakfast—Team 1 8:30 - 11:00 Buddy Poppy Drive NAS Oceana		• MOC / MOCA 6:30 PM Meeting		• VB Veterans Day Parade 8:30 AM • VVA Chapter 969 Board Mtg 7:00PM	Friday Night Shrimp 5:30 - 8:30PM	• Flags In		
14	15	16	17	18	19	20		
MOCA Bingo 1:00PM (Change for November)	FRA 166 Staff Meeting 7:00PM	•IOOB Meeting 7:30PM	AOA Meeting     6:00 PM      MCL Staff     Meeting 7:00PM	• VVA Chapter 969 Board Meeting 7:00PM	Friday Night Shrimp 5:30 - 8:30PM Auxiliary Bake Sale Entertainment DJ Shannen	Texas Hold'em 6:00PM		
21	22	23	24	25	20	27		
MOC/MOCA Breakfast—Team 2 8:30 - 1100	•FRA 166 Branch Meeting 7:00PM	• VVA Chapter 969 Meeting 7:00PM	• American Legion Post 110 7:00PM	Thanksgiving Dinner 1200—5:00 PM	Friday Night Shrimp 5:30 - 8:30PM			
28	29	30	1					
	Mayor Vet Comm     HRCVO     Meeting 7:00PM		House Committee Meeting 6:30PM					
	November 2021 - VOLUME 33, NUMBER 5							