



Veterans of Foreign Wars of the United States
General MacArthur Memorial Post 392
2408 Bowland Parkway
Virginia Beach, Virginia 23454-5207
(757) 486-5875
www.vfw392.org

2015 Membership Goal: 1,913
Current Goal Status: at 83.0% with 1,512 Members

Since 1969: 13 'All State Post' and 38 'All American Post' Awards

**2013-2014
ALL
AMERICAN!**

OCTOBER 2014 - VOLUME 26, NUMBER 4

2014 - 2015 OFFICERS

Post Commander.....	Steven C. Williams	Ladies Auxiliary President.....	Colleen Lewis
Sr. Vice Commander.....	Douglas M. Iles	Ladies Aux. Sr. Vice President ...	Jennifer A. Winn
Jr. Vice Commander.....	Steven E. Graves	Ladies Aux. Jr. Vice President...	Jessica T. Johnson
Quartermaster.....	John H. Phillips	Ladies Aux. Treasurer.....	Ellen Stogsdill
Chaplain.....	Robert G. Duvall	Ladies Aux. Chaplain.....	Dinah V. Devins
House Committee Chairman.....	Peter A. Gebelein	Ladies Conductress	Patty Stokes
Service Officer.....	Joseph G. Brady	Canteen Manager	Joe Halzack
Surgeon.....	Raymond J. Strawbridge	M.O.C. Seam Squirrel.....	David R. Goldstein
Judge Advocate	Mark K. Winn	M.O.C.A. President.....	Jennifer Winn



COMMANDER'S CALL

COMRADES AND SISTERS

September was an extremely busy month. I want to thank all those who did volunteered for the POW/MIA Ceremony at the Flame of Hope, the POW/MIA Ceremony at the Post, the NAS Air Show, the Neptune Festival, and in supporting the Flag Raising Ceremony at the Post for Patriot's Day.

We were barely able to cover these events due to a lack of volunteers, and I am upset that the second largest Post in Virginia, third largest in the U.S., and sixth largest in the world, has such a difficult time getting volunteers to support your Post, our Veterans, and our Country. I truly believe the attitude is that someone else will get it done and because we have a core of the same dedicated volunteers, we do get it done. To continue in this direction is

unsatisfactory and I would like all of you who have not contributed (you know who you are) to look in the mirror and say "I can help some way or somehow" and take that for action.

Thank God that we have the best Ladies Auxiliary in the VFW. Because without their support we would not have the volunteers at the activities that we require to support us, and thus our Veterans programs and Community Service would go to pieces.

We have a lot of events coming in the near future and once again I am asking for your support. There is always something that you can do. If you are physically challenged, then we can and will accommodate your needs.

Remember that the Canteen is a wonderful way to have camaraderie and enjoy the Post. But the Post is much, much more than just the Canteen. When I joined the VFW, I took an oath to serve my comrades. So did you.

To serve is why I am the current Commander, but I cannot do everything. Our Senior Vice-Commander, Doug Iles, works his
... continued on page 2

VOLUNTEERS NEEDED:

- **Post Meeting:** Oct 7, 1900. All members may attend
- **VA Hospital:** Oct 4, 10:30-1, VA Vets breakfast at Post, set up, clean up, etc, see any Officer
- **Ice Cream Social:** Oct 4th, 2 pm, cancer survivors, see Judy
- **Poker Run:** Oct 11th, set up, clean up, assist events, see Flip
- **Oktoberfest:** Oct 23, dinner 6 - 7:30 pm, see Colleen Lewis
- **Children's Halloween Party:** Oct 25th, 1-3 pm, set up, clean up, assist events, see LAUX
- **Vets Day Parade Meeting:** Oct 25, 1:00 PM, see Bill Sowers
- **Canteen Rehab:** in progress, clean, paint, etc, see any Officer
- **Buddy Poppies:** Nov 1-2 & 7-10, see Steve Graves

POST 392 - NEEDS YOU!

butt off to keep up retention, reporting, and accountability. Our Quartermaster, John Phillips, does everything from the financial recording, to posting, to making sure we stay within our lawful boundaries. That's in addition to cooking on Sundays, painting, cleaning, and anything else the Post needs done.

So remember comrades, this is YOUR Post and you should support our actions. As you read on through this newsletter, please heed the request for assistance and make a note to sign up to volunteer. God Bless you, God Bless our VFW, and God Bless America.

BE PROUD, BE PROFESSIONAL
AND PRESS ON!

DATES TO REMEMBER

- 10/5 Operation Phantom Fury begins in Northern Babel, Iraq in 2004
 - 10/7 US-led airstrikes of Afghanistan begin after Taliban refuse handing over Osama bin Laden in 2001
 - 10/8 US and S. Vietnamese launch 'Operation Sealords' in 1968
 - 10/13 Continental Congress authorizes first US Naval force in 1775
 - 10/23 First Service Member selected to be honored as the Unknown Soldier in 1921
 - 10/20 US Army's 187th ARCT made the first combat parachute assault in Korea for the Battle of Yongju in 1950
 - 10/28 Soviet Premier orders withdrawal of missiles from Cuba in 1962
-

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting:

New / Transfer Life Members:

Roberto Garcia

New / Transfer / Re-Instated Annual Members:

Roy D. Buetow, Amber G. Easter, Samuel M. Mackey, Warren F. Raine, Kenneth J. Rapp, and Brian L. Sheffield

Thank you for your service and welcome aboard!

BIRTHDAYS

May I wish a "Happy Birthday" to Rodney G. Busitzky, Frank Frevele, David R. Goldstein, Michael T. Marushia Sr., Hugh R. McCabe, Lyle T. Soule, Lillie C. Cassirer, Shirley Dean, Suzanne Forehand, Denice E. Moran, Elizabeth V. Moynihan and 194 other fine Comrades and Sisters!

Post Commander

Steven C. Williams

[commander@
vfw392.hrcoxmail.com](mailto:commander@vfw392.hrcoxmail.com)



SENIOR VICE COMMANDER

On 11 September, Patriot's Day ceremony was held at the Post to Honor and Remember those personnel killed on 9/11/01 in the Twin Towers in New York, the Pentagon at Washington, D.C. and Shanksville, Pa. as well as the brave Americans lost in an attack on the Embassy in Libya on 9/11/2012.

We honored POW/MIA'S at NAS Oceana's Flame of Hope Memorial on 18 September. And we conducted a Remembrance Ceremony at the Post on the 19th. Thank you to all who attended the

ceremony.

Our VFW recruiting team set up at NAS Oceana Air show from 20-21 Sept. Membership sign-up forms were utilized at our tent; new display stands were produced and gave a strong visual impression; display items included VFW material which detailed our programs, goals, initiatives and benefits. Our VFW team was on hand to explain and assist with any questions; additionally, we made Buddy Poppies available and distributed small American flags to a large crowd that was on hand.

VFW Post 392 members also set-up at the Neptune Festival from 26 thru 28 of Sept, conducting a recruiting and membership drive at our tent on the Boardwalk. Also, we distributed Buddy Poppies and small American flags to numerous kids and families.

POST Comrades celebrated HAPPY 115th Birthday of VFW on 29 Sept.

We are anticipating conducting a "Telephone Round-up" in October to collect continuous dues in our Retention & Recruiting efforts. We will be contacting members that have not paid their dues from CY2013 as well as a reminder for those members in 2014 to ensure payment for current year. Also, we will be canvassing door to door in our membership drives to recruit new and reinstated members.

Our membership team will be working closely with other VFW Posts to conduct a joint effort in achieving recruiting goals. We will always be asking for referrals. Also we will be contacting private businesses and set up membership booths in public places. Additionally we will set up an E-mail campaign as part of our membership campaign.

November will be another very busy month with membership and recruiting drives, as well as BUDDY POPPIES distribution at NAS OCEANA sites, hosting the VETERANS DAY PARADE, and providing Marshals and marching in Parade. Additionally, we will putting out over 5000 American flags at five cemeteries to honor our veterans who have given so much for our country.

“WE NEVER LEAVE A VET BEHIND”!

CONTINUOUS MEMBERSHIP AWARDS

The following Members have earned Continuous Membership Awards. Please attend the next Post Meeting to receive your lapel pin. If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

40 Years Continuous Service:

Robert D. Slycord

30 Years Continuous Service:

Byron G. Ferrier, Edward S. Garcia, Ronald Jerasa

25 Years Continuous Service:

Malcom K. Benoit, Glen E. Caldwell, Anthony E. McFarlane, George M. Mellis, Terry L. Young

20 Years Continuous Service:

James F. Doolittle, James A. Harman Jr., Donald H. Hart, Noel W. Lantz, Roy W. Munden Sr., Larry A. Roby, James B. Seymour Jr., Robert B. Wadsworth, David H. Weast

15 Years Continuous Service:

Ivan N. Kuhn, Christopher A. Sexton, Dennis G. Tompkins

10 Years Continuous Service:

Carroll D. Bains, Charles W. Brown, Walter N. Eskildsen Jr.,

Michael R. Houston, Steaven G. Kitson, Gregory A. Koumbis, Michael K. Martin, Ronald L. Miller, Edward W. Pacheco

5 Years Continuous Service:

Carl E. Agren Jr., Robert L. Futrell, Richard D. Swartz, Richard W. Yackley Sr.

Thank you for your service and congratulations!

SR. Vice Commander

Douglas Iles

sr-vicecommander@vfw392.hrcoxmail.com



JUNIOR VICE COMMANDER

We had a decent September. A lot has been happening within the Post; the Canteen re-hab has begun and we hope to have it completed very soon.

A big item coming up is the Buddy Poppy drive for November and comrades; we really need your help in making this a success. Our distribution of Poppies is on November 1 - 2 and 7 - 10 for the Navy Exchange and at the NEX Package Store. From November 7 - 10 we will be at the Commissary Store. So please come out to help out this cause, after all, you all are Veterans. We only need an hour or so of your day.

It's well worth your time to volunteer. Because Buddy Poppies are assembled by disabled Veterans, and the money raised by distributing them goes to maintaining state and national Veteran's rehabilitation and service programs, and partially supports the VFW National Home for orphans and widows of our Veterans.

I can guarantee it doesn't hurt. And, yes, someday it could be you needing the VFW's assistance.

I'd like to thank all volunteers, specially including the Ladies Auxiliary members, who have been helping and continue to help no matter what the cause. You all are the true examples for all to admire!

Jr. Vice Commander

Steven Graves

jr-vicecommander@vfw392.hrcoxmail.com



QUARTERMASTER

2014 MEMBERSHIP DUES

Effective 1st of January 2014, National has increased annual dues to \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters

Third Floor, Room 316

406 West 34th St.

Kansas City, MO 64111

(please include your membership #)

Consider changing your Annual Membership to a LIFE Membership, and never have to worry about renewals again!

E-NEWSLETTER

The Post Newsletter and Calendar of Events are available online, for free! To view them online, go to www.vfw392.org and click on the appropriate link along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link.

Please ensure that you add the domain vfw392.org to your address book to prevent e-mails from the Post being redirected to

your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. So when your mailing address changes, be sure to fill out an address change form, and mail it in, or drop it off at the Post. The best method would be to email it to the Post. If you drop it off or email it, please include your telephone number and email address.

MEN'S AUXILIARY

We're looking into establishing a Men's Auxiliary at our Post. There are several rules that apply. First of which, there must be 25 new members for a starter. Therefore, I'm soliciting for names of individuals who are interested. After we obtain the required number and meet other requirements we can proceed. For further information contact: John Phillips, Post Quartermaster, 757-486-5875 or email me at the address below.

Quartermaster

John H. Phillips

post@vfw392.hrcoxmail.com



CHAPLAIN'S CORNER

OUR MONTHLY BREAD

Heavenly Father, we come before you today to seek your forgiveness and ask for your direction and guidance.

We know your Word says, "Woe to those who call evil good", but that's exactly what we've done. We have lost our spiritual sense of integrity and freedom, but also inverted our turned values upside down. We confess that we have ridiculed the absolute truth of

Your Word and called it normal pluralism. We have worshipped other gods and called it multiculturalism. We have endorsed perversion and called it alternative lifestyle. We have exploited the poor and called it lottery. We have neglected the needy and called it self-preservation. We have rewarded laziness by giving out welfare. We have killed our unborn and called it our choice. We have shot abortionists and called it justifiable murder.

We have allowed those we have appointed to office to abuse the power and become wealthy and we call it political savvy. We have desires for that which our neighbor's possessions and we call it our ambition. We have polluted our earth's environment which you gave us. For we have also used profanity and allowed pornography and call it freedom of expression without protecting our children from harm. We have allowed expression of contempt and ridicule of honored values of our forefathers and call it more enlightenment.

O God, search our hearts today; cleanse us from every sin and set us free! Guide us; bless the people of the State of Virginia, and every state in the union of the United States of America. Grant us your wisdom to rule our decisions, direct us to the center of your will, to place honorable individuals in office this November 2014 election. Amen.

HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP*! It is

important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Bulletin Board at the Post for most recent up-dates of Members on the Short Term Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care at the location listed below:

- Philip Coviello
(Va Beach Rehab)
 - Willie Dean
(Va Bch General, Room 2026)
 - Frank Myler
(Home)
 - Marcy Myler
(Home)
-

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

- **William T. Culpepper**
Passed: 26 Dec 2013
- **Manuel M. Lima, Jr.**
US Army - Retired
(Occupation of Germany, Korea, and Vietnam)
Passed: 16 Aug 2014
- **Michael P. Yatsko, Jr.**
US Navy - Retired
Passed: 31 Aug 2014

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

District 2 Chaplain

Post 392 Chaplain

Robert Duvall

chaplain@vfw392.hrcoxmail.com



POST SURGEON

Comrades and Sisters, our Members have been busy supporting our Veterans through our active hospital programs and individual assistance to veterans and their families.

During the month of August, twenty-two VFW/LAUX, and Cooties, participated in four projects that benefited 64 VA Hospital patients and Veterans in need of assistance. These volunteers travelled a combined total of 617 miles at their own expense, with a valuation of over \$86 in time and service to Vets in need.

In the news, Wounded Warrior Project® (WWP) has just released the results of their 2014 Annual Alumni Survey. It's an interesting read and the responses collected were from over 21,000 wounded Veterans.

"When our nation's injured Veterans speak to us, we must listen," said Steve Nardizzi, CEO of Wounded Warrior Project. "Our survey data tells us where our warriors continue to struggle, allowing us to improve and strengthen our programs, and identify gaps in existing services and support. It is our sincere hope VA will do the same – listen to our injured veterans and rise to meet the challenge." For additional info, follow this link to download the survey:

www.woundedwarriorproject.org/survey

Montero Medical Missions upcoming Health Fair for Veterans: Come out to the Health Fair for Veterans on Saturday, October 11, 2014. The event will take place at the Chesapeake

Regional Medical Center, Lifestyle Building, 800 N. Battlefield Blvd. Chesapeake, VA 23320. This on-going quarterly event will be from 9:00 am to 1:00 pm. Every quarter Veterans will receive assistance with their healthcare needs including twelve screening stations. Every Veteran will also receive a 'Thank You' bag at the end of his/her visit! So be sure to check it out! For more information about Montero Medical Missions please call (757) 963-6307, or visit their web site at: www.monteromedicalmissions.org

The hospital related volunteer work that you have been doing for our fellow Veterans is remarkable! Even with that being said, there are still many Vets in the local area that we are currently unable to help due our volunteer's being stretched so thin. I encourage you to help them out by either becoming a hospital volunteer yourself, or by sending me your ideas for increasing our Veteran's health community outreach activities.

**Post Surgeon
Raymond Strawbridge**



AUXILIARY PRESIDENT

Hello Comrades and Sisters!

Traditionally, the Fall and Winter months are our busiest time of the year, starting with this month! I am sure a lot of you are tired of us begging for volunteers for one thing or another, but if you think about it, if everybody gave up just 2-4 hours of their time to help with one program or another, it would only be once a year!

Even though we are Number One in membership, it seems only 1/8th of our team is volunteering

for everything. We would love to see you, and socializing with our members is the best part of this organization! Helping our Veterans and their families should always be top priority, but there's nothing that says we can't have fun doing it! And we do! So come join us!

Here are some of the events we have planned for this month; Oct. 4th we will be hosting our hospitalized Vets for breakfast from 10:30 - 1:00. Contact Betz for more information.

Also on the 4th at 2 p.m., we will be having an Ice Cream social for our Cancer Survivors to celebrate with those who have won the fight and for those still fighting the battle, and show them that they are not alone! For more information please contact Judy Lupole.

Before our Oct. 7th meeting we will again have sandwiches for a suggested donation of \$5.

On October 11th is the Battleship Run, and on Oct. 23rd we will be cooking/serving an Oktoberfest feast! The dinner starts at 6 p.m. until 7:30. We also will be pulling the winning ticket for the Quilt at 7:15! Didn't get a ticket yet? We will continue selling tickets during dinner!

And last but not least the Children's Halloween Party is on Oct. 25th from 1-3. More details from our Youth Chairman will be posted at the Post or online!

That's just what we have Scheduled for this Month! November we have the Veteran's Day parade, Buddy Poppies, Flag distribution at the cemeteries, Thanksgiving baskets, etc. Have questions? Please feel free to contact me and I will answer (or direct you to the answer) them

ASAP!

I also want to thank our District President Liz Wilson, Carol Vangi, and Connie Duck for visiting with us at the last meeting! You are welcomed back anytime your schedule allows!

I appreciate each and every one of you and look forward to seeing you soon! May God bless our sisters who are unable to be with us due to illness or other personal reasons.

Ladies Auxiliary President

Colleen Lewis

post@vfw392.hrcoxmail.com



AUXILIARY MEMBERSHIP

ANNUAL DUES NOTICE

2015 Early Bird

(Please disregard if your payment has already been made!)

Now is the time you can help our VETERANS by paying your 2015 dues. By remaining a member of this great organization you help our veterans through our legislation. Our membership numbers count with our Representatives in Washington, D.C. Thank you for helping a Veteran by paying the dues today.

Pay your dues by 10-31-14 and your name will be entered into a drawing for a Life Membership! Send to:

VFW Post 392

Ellen Stogsdill, Treasurer

2408 Bowland Parkway

Virginia Beach, Virginia 23454

Make a check in the amount of \$20.00 payable to Ladies Auxiliary VFW, Post 392.

Remember: DUES WILL GO UP
TO \$25.00 on 11-1-2014.

CONTINUOUS MEMBERSHIP

AWARDS

The Sisters listed below are requested to attend the next regularly scheduled meeting of the Ladies Auxiliary. Our Auxiliary President stands ready to decorate you with the awards indicated:

20 Years Continuous Service:

Muriel D. Schryver, Dortia

Thoms, Bonita Tribble

15 Years Continuous Service:

Deborah A. Phillips

10 Years Continuous Service:

Michaelang Eskildsen

5 Years Continuous Service:

Tina L. Unik, Phyllis Bledsoe,

Elizabeth V. Moynihan, Susan V.

Moore

Thank you for your service!

Ladies Auxiliary Treasurer

Ellen Stogsdill

post@vfw392.hrcoxmail.com



MOC

Listen up Cooties, Breakfast has begun - Team 3 put on a Lousy Meal Sunday. We are serving breakfast each Sunday during the month of October and then have our first break (Tomb Trek 9 Nov). Come on out and enjoy the meal, and if you are so inclined come to work as well. It does not matter what handicap(s) you might have, we can find something productive for you to do. For those who are not Cooties, it does not matter, if you are volunteering we will put you to work - and even give you a free breakfast.

The Supreme Program Book 2014-2015 is out. In the next couple of months there are several events happening. The 80th Tomb Trek, is from November 7-9. 'Trek to the Tomb of the Unknowns' is

to honor the Unknowns and all the others buried at Arlington National Cemetery.

The 86th Grand of Michigan MOC VFW National Home Christmas Party 2014 will be in Lansing, MI on December 6th.

For those of you who are missing the old Cootie Courier, it has gone electronic. You can send a request to have it delivered to your email inbox. Just send an email to: Cootiecourier@lotcs.org and request to be added to the mailing list.

God Bless our Troops and Hospitalized Vets, yours in LOTCS.

Seam Squirrel

David R. Goldstein

cheng186@cox.net



MOCA

At the Cootie Safari, our Post was overrun by Cooties & Lady Bugs from all the Pup Tents in the Tidewater area. A super lousy time was had by all and we'd like to THANK ALL the Cooties that helped to make this possible.

Cootie breakfast is off and running with approx. 125 on the first Sunday. Thanks to all who helped.

Fall Council Meeting, for both the Pup Tents and Auxiliaries will be held on October 18th at the Mechanicsville Post.

Tomb Trek is just around the corner! The dates are Nov 7-9 at Sheraton Pentagon City Hotel, 900 South Orme Street, Arlington, Virginia 22204. You can call them at (703) 521-1900 for reservations. Room rates: \$105.00 plus tax. And parking is \$ 10.00 per day. I would suggest that you all make your

reservations now. Be sure to mention the Cootie Tomb Trek for the discounted rate.

Chaplain, Ellen Stogsdill, stands ready to assist any members in need, contacted via email at ellenstogsdill@cox.net or (757) 777- 6275. She stands ready to receive any information

REMINDER: There is a severe need for blood supplies in our locality. If you are able to donate, please do so and report to Aux. Hospital Chairman, Gail Payne (gpayne@specialtyproducts.net). For additional information call 1-800-448-3543 or visit the website www.weneedblood.org

To our MOCA Sisters that hasn't been to a meeting or the Post in a while, we would like to have you to join us the 2nd Tuesday of each month, if you need a ride please contact me.

You, the members of MOC/ MOCA #9, Post 392, and LAUX: make a difference in the lives of our hospitalized Veterans and their families with the work that you do each day. I thank you.

**MOCA President
Jennifer Winn**



OCTOBER: BREAST CANCER AWARENESS

October is National Breast Cancer Awareness Month - a time to promote regular mammograms and increase early detection of breast cancer when there is the best chance for treatment.

About 1 in 8 women in the United States will get breast cancer. Other than skin cancer, breast cancer is the most common kind of cancer in women.

So please, take it seriously. If you are age 40 to 49, talk with your doctor about when to start getting mammograms and how often you need them. At the age of 50 and up, mammogram are every 2 years. Talk with a doctor to decide if you need one more often.

Take the mystery out of getting tested for breast cancer, and read this health finder article:

<http://1.usa.gov/mkcCKf>

'Need to know' information if you are diagnosed with breast cancer in an online booklet at:

<http://1.usa.gov/mzL2Dz>

Concerned about costs? There may be a free or low-cost mammogram program near you. Find out here:

www.cdc.gov/cancer/nbccedp/screenings.htm

For more information on cancer, aid, & research, visit the National Cancer Institute online at: www.cancer.gov. Let's celebrate less cancer and more birthdays!

Chairpersons

Tina Brown & Judy Lupole
post@vfw392.hrcoxmail.com

CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200
Friday..... 1100-0000
Saturday-Sunday.....1100-2200
(Sunday's with Cootie Breakfast, the Canteen opens at 10 AM)

KITCHEN HOURS

Monday-Friday..... 1100-1400
Saturday / Sunday closed

WEEKENDS AT THE VFW

Start the weekend with **Friday's Social Hour Prices from 4-6 PM!**

The Canteen opens at 11:00 AM

on **Saturdays** and **Sundays (10:00 AM** when breakfast is being served). Come out and enjoy a cold beer and beverages.

With FOOTBALL and NASCAR seasons: we have 9 televisions, so you will definitely have a good view to support your team / driver! Come down and join your Comrades and Sisters at the Post!



SUNDAY FOOTBALL SPECIAL

**392 Bistro
1:00 - 6:00 PM**

Every Sunday that the NFL is playing, the Canteen will open what we call the "392 Bistro" from 1 to 6 PM!

In addition to tap and bottle beer, and beverages, the 392 Bistro offers the following specials:

NY Giants Style Pizza ----- \$6.00
(pepperoni, sausage, onions, green peppers, mushrooms are available)

San Franks Biggie Wings --- \$1.25
(Mild, Hot, BBQ, Teriyaki)

Cleveland Browns Kielbasa- \$3.00
(With Peppers & Onions)

Redskin Hot Sausage ----- \$3.00

Eagle Cheesesteak ----- \$4.75

Patriots Meatball Sub ----- \$4.75

1/4 lb Da Bears Burger ----- \$5.25
(w/fries)

1/4 lb Cheese Head Burger -- \$5.50
(w/fries)

Cowboy Fries ----- \$1.75

Bengals Onion Rings ----- \$1.75

Buf. Bills Roadkill Tacos \$1.00 ea

THURSDAY NIGHT DINNER

Below is the dinner menu available every Thursday from 6:00 - 7:30 PM:

<u>Oct 2nd</u> <u>Chicken Pot Pie</u> roll, salad, & dessert \$8.50	<u>Oct 9th</u> <u>Spaghetti with</u> <u>Meatballs</u> garlic bread, salad, & dessert \$8.50
<u>Oct 16th</u> <u>Country Fried</u> <u>Steak</u> Mashed potatoes, peas, roll, salad, dessert \$8.50	<u>Oct 23rd</u> <u>LAUX</u> <u>Oktoberfest</u> \$8.50
<u>Oct 30th</u> <u>Prime Rib</u> baked potato, green beans, roll, salad, dessert \$11.00	

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>Oct 3rd</u> Captain Moose Karaoke & DJ	<u>Oct 10th</u> (To be determined)
<u>Oct 17th</u> Captain Moose Karaoke & DJ	<u>Oct 24th</u> Jim Berry Karaoke & DJ
<u>Oct 30th</u> Juke Box Night	

If you have any comments or suggestions for our Canteen, please let us know! And thank you for your service!

Chairperson
Pete Gebelein

Manager
Joe Halzack

canteen@vfw392.hrcoxmail.com

POST ANNOUNCEMENTS

NEWSLETTER ADVERTISING & PRICING

**All ads are paid advertisements,
and are not endorsed by the
Veterans of Foreign Wars**

The Veterans of Foreign Wars Post 392 is offering advertising space for our newsletter. We have a monthly circulation of over 2100. All contents must be submitted and approved by the Post prior to the 15th of each month. The prices are as follows:

<u>Ad Size</u>	<u>Price per Duration</u>
Full Page –	Monthly \$150.00
Full Page –	Quarterly \$400.00
Full Page –	Yearly \$1500.00
½ Page –	Monthly \$75.00
½ Page –	Quarterly \$135.00
½ Page –	Yearly \$775.00
¼ Page –	Monthly \$50.00
¼ Page –	Quarterly \$135.00
¼ Page –	Yearly \$450.00
Business Card –	Monthly \$30.00
Business Card –	Quarterly \$80.00
Business Card –	Yearly \$275.00

If you are interested please contact John Phillips, Post Quartermaster, at 486-5875.

392 JUNIOR GIRLS UNIT

Jessica Johnson is attempting to start a NEW Jr. Girl's Unit at 392. We need 10 new members and 4 transfers to make this happen.

They are open to girls 6-16 and will meet once a month at the Post. If there are any questions or comments please contact Jessica Johnson: jessicaj@paradigm-corp.com



VETERANS DAY PARADE

Remember:
Honor,
Tradition,
Commitment,
Responsibility,
and Duty!



WE NEED YOU!

You have an opportunity to Serve and Honor our Veterans. Be a PARADE MARSHAL for VFW District 2. Dist 2 is the Host for this year's Veteran's Day Parade, to be held on November 11, 2014!!

SIGN UP NOW!! For more information, contact: Bill Sowers (757) 641-0471, or Kathy Goodall (757) 461-5646

Training will be conducted at Post 392 on October 25th at 1300.



9TH ANNUAL MEMORIAL RUN

October 11th, 2014

Registration: 09:00 - 10:30

\$10 per Rider / \$5 per Passenger

Post 392 presents the 9th Annual Memorial Run ... this year with a twist. Instead of competing for best / worst poker hands, you will be playing a game of 'battleship' with most hits / least hits awards. The first ever Battleship Run!

It's all in fun, and for a worthy cause. Because ALL PROCEEDS benefit sponsored cancer research and Veterans Assistance Programs in memory of George Myers.

So come out and joins us! Before the run, there will be a breakfast buffet (\$6.00). And after the Poker Run, we will have a free lunch at Post 392, along with awards, 50/50 drawings, door prizes, raffles, and more!

And just remember: you do not have to have a motorcycle to be in the run. ALL wheels are welcome.

The organization is off to a great start! Donations are really starting to come in, it looks like we are going to have some terrific door prizes this year!

COOTIE BREAKFAST

Breakfast every Sunday

0900 - 1130

Please come and join us, you won't be disappointed!

Last year was a very successful breakfast season. Thanks so much to our loyal customers for their great support. To keep our great customer base, for the past five years we have tried to keep the cost at \$7.00. But this year due to rising costs of just about everything, we are forced to increase the donation to \$8.00.

For new customers who don't know why we do breakfast, we'll explain briefly. All breakfast workers are volunteers and give of their time for this worthy cause and all money raised goes to support our hospitalized veterans. For example: The Cooties and Auxiliary do a Casino Day in May over at the VAMC in Hampton. We spend about \$3,000.00 on this alone. We also do a Christmas in July and again in December

distributing gift bags full of essentials and goodies; total cost \$2500.00.

This is just some of what we do for our hospitalized veterans. As we are sure you have heard in the news, VA Hospitals are in dire need of assistance and we try to do our part to help those who gave so much. So your continued support is important to our objectives and goals – "Keep them smiling in beds of white."

Volunteers Needed

We could still use volunteers. You don't have to be a Cootie to volunteer, we welcome anyone who wishes to join us. We are all volunteers working for a most worthy cause. If anyone is willing to help us, please contact Doug Keller (757-418-3178), or Patty Stokes (757-468-9249).

Breakfast Chairpersons Doug Keller & Patty Stokes

POST 392 NON-SMOKING FACILITY ANNOUNCEMENT

Effective 01 August 2014, VFW Post 392 is now a Non-Smoking facility. Smoking is only permitted outside the building, preferably on the covered veranda on the west side of the building.

CANCER SURVIVOR ICE CREAM SOCIAL

**October 4th
2:00 PM**

We will be having an Ice Cream Social at Post 392 for our Cancer Survivors to celebrate with those who have won the fight and for those still fighting the battle. They are not alone! Let's celebrate less cancer and more birthdays!

For more information please contact Judy Lupole.

FACEBOOK

Keep up to date with the most current announcements, events, changes, and news pertaining to VFW Post 392 by checking us out on Facebook.

The Post 392 Facebook page is www.facebook.com/VFW392.

The Ladies Auxiliary page is www.facebook.com/groups/VFWPost392LAUX.

**Adjutant & Webmaster
Michael T. Marushia**

AMERICAN RED CROSS

Donors Needed

American Red Cross's Mid-Atlantic Blood Services Region serving central and southeastern Virginia has issued an urgent request for blood and platelets. All blood types are needed.

Please call the American Red Cross to schedule an appointment for one of their upcoming blood drives:

1-800-RED-CROSS
(1-800-733-2767)

OKTOBERFEST

**October 23rd
6:00 - 7:30 PM**

LAUX is having a Oktoberfest feast at Post 392! Come join us for the a good time, it's open to all! The dinner is from 6:00 pm until 7:30. We will continue to sell raffle tickets thru dinner for the Quilt drawing at 7:15.

POST 392 CHRISTMAS PARTY

Mark your calendars now on December 6th for our Christmas Party! Social starts at 5:00 PM, Dinner at 6:00 with Entertainment to follow! More information will be forthcoming. Any ideas or

suggestions welcomed! Please contact Commander Williams or Colleen Lewis

CHILDREN'S HALLOWEEN PARTY

October 25th
1:00 - 3:00 PM

October 25th from 1:00 - 3:00 PM, all members and family welcome! More information will be forthcoming from our Youth Chairman at the Post and online!

We could always use more volunteers for set up, clean up, and events. If you'd like to lend a hand, please contact any LAUX Officer.

MEMBERSHIP **Volunteers Needed**

There are 194 memberships who's paid dues will expire by December 31st of this year, and another 150 memberships will expire by June 2015 - June being the current elected Officers 'Term of Office' coming to a close. The break down of membership and pending expirations are as follows:

Current Membership Status: 1,512
Life Members - 1370
Life Installment - 29
Annual Members - 113

194 dues expire by 12/31/14
26 dues expire by 01/31/15
10 dues expire by 02/28/15
30 dues expire by 03/31/15
40 dues expire by 04/30/15
28 dues expire by 05/31/15
16 dues expire by 06/30/15

These are significant numbers that with some focus on retention, we can use toward our membership goals, and potentially 'All State' and 'All American' awards.

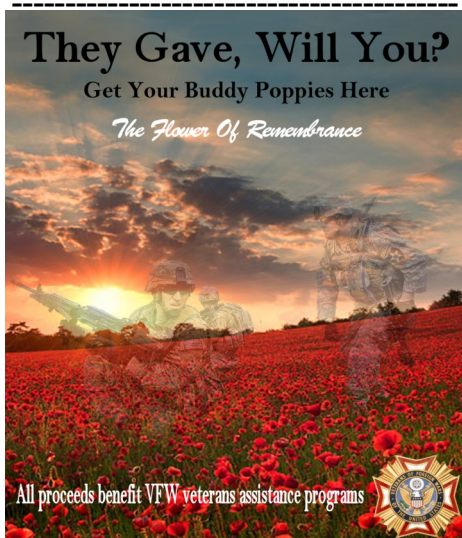
As the Senior Vice, Doug Iles,

stated earlier in this newsletter, we are anticipating conducting a "Telephone Round-up" in October to collect dues in our Retention & Recruiting efforts. We will be contacting members that have not paid their dues from 2013 as well as a reminder for those members due to expire in 2014.

Our membership team will be working diligently at this task as well as many other recruiting and retention efforts.

What we could use is volunteers to assist in these efforts. Take pride in your Post and the Post Awards, and lend the membership team a hand in reaching Post 392's membership goals! Contact the Sr. Vice, myself, or any Post Officer if you would like to volunteer.

Quartermaster
John H. Phillips



BUDDY POPPIES

November 1 - 2
November 7 - 10

Yes, that's right, it's Buddy Poppy time again! There will be have signup sheets at the front door soon, and we hope to see a lot of you signing up to volunteer again!

If you haven't volunteered for Buddy Poppy's before, please

consider it. It's well worth your time to volunteer. Because all of the Buddy Poppies we distribute are assembled by disabled Veterans. And the money raised by distributing them goes to maintaining state and national Veteran's rehabilitation and service programs, and partially supports the VFW National Home for orphans and widows of our Veterans.

And VOLUNTEERS are what make this all happen! So please, contribute your share of time for a great cause and take pride in your efforts to benefit others!

The schedule for November are all Oceana sites as follows:

NEX: Nov. 1, 2, 7, & 10

Package Store: Nov. 1, 2, & 7 - 10

Commissary: Nov. 7 - 10

POST 392 REHAB **Volunteers Needed**

The small handful of Officers and members have been busy painting, cleaning, and improving the Post and the Canteen. We also hand a great group of Navy Chief Selectees come in and give a helping hand ... THANK YOU!

There is plenty left to do, but we still have the same small group of members in-work trying to accomplishing this deed. What we need is more volunteers to come in on their free time, and help us show pride in our Post with a fresh, new, and clean look!

If you'd like to lend a hand, please contact any Post Officer.

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction. They can be directed to any of the Post 392 Officers, or email them

directly to the Newsletter
Chairman at mcullen4@live.com
or to the Post Webmaster at
webmaster@VFW392.org.

THANKSGIVING DINNER

Volunteers Needed

We're planning Post 392's annual
Thanksgiving Dinner for
November 27th. This dinner is free

to all who attend.

We are asking for donations now
of turkeys and pre-cooked spiral
hams (these hams save cooking
and carving time). Volunteers
sign up sheets will be up soon for
cooking, servers, clean up, etc. As
well as a list of food items that can
be donated.

Now is the time to become a part

of this great tradition. Help make
this upcoming Thanksgiving
Dinner a success by setting aside
food and / or time as a volunteer.
It takes many volunteers to make
this a success.

We are also looking for a
Chairperson to coordinate this
event, please contact any Post
Officer if you are interested.

PAID ADVERTISEMENTS

**All ads are paid
advertisements, and are not
endorsed by the Veterans of
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