



Post 392

Veterans of Foreign Wars of the United States General MacArthur Memorial Post 392

2408 Bowland Parkway
Virginia Beach, Virginia 23454-5207
(757) 486-5875
www.vfw392.org

2023 Membership Goal: 1975
Current Status: 1926 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

September 2022 - VOLUME 34, NUMBER 3

2022 - 2023 OFFICERS

Post Commander.....	John W. Flavin	Auxiliary President.....	Carol G. Mueller
Sr. Vice Commander.....	Jennifer L. Cuevas	Auxiliary Sr. Vice President	Dinah V. Doyle
Jr. Vice Commander.....	James Wikkerink	Auxiliary Jr. Vice President.....	Ingrid L. Epperson
Quartermaster.....	John H. Phillips	Auxiliary Treasurer.....	Ellen Stogsdill
Chaplain.....	Mary Benson	Auxiliary Chaplain.....	Connie Mitchell
House Committee Chairman.....	Steven E. Graves	Auxiliary Conductress.....	Jobil Bullock
Service Officer.....	Troy J. Wagers	Canteen Manager	Shelly B. Hughes
Surgeon.....	Neil A. Siegfried	M.O.C. Seam Squirrel.....	Mark Winn
Judge Advocate	Steven E. Graves	M.O.C.A. President.....	Norine Kune



COMMANDER'S CALL

Greeting Comrades, I do hope everyone is doing well and have been staying safe and healthy.

We look forward to the return of our Cootie Breakfasts on Sept 11th, immediately following our 0800 Colors Ceremony honoring Patriot Day. Our regular monthly Darts and Pool Tournaments will be on Sept 10th, with MOCA Bingo and Texas Hold'em on the 17th. Come enjoy yourself and the others that play, as they all have a good time. Keep an eye on the Calendar for all the events to happen as scheduled or changed.

I remain excited to see so many new members coming to the Post. Our comradeship is something that not just any one can understand. Our great volunteers help us have some great Thursday night meals. Thank you to all those that help to make our events happen.

Due to our need for second cook not being filled yet, the Kitchen is now only serving lunch 5 days a week. Check our website Calendar

page for the kitchen hours and Blue-Plate Specials served Tuesday through Friday. The Kitchen also serves dinner on Taco Tuesday, Wing Wednesday, and during our Friday night Shrimp Special. We need a volunteer shrimp cook each Friday, so our regular cook can serve up the rest of the menu. If you can fill that role, please contact our Canteen Manager.

Our Family Appreciation picnic is on Sept 4th. I look forward to this picnic. It's such a great time enjoying the day with all my Comrades and their families. There will be lots of food and games for children and adults. Come out and dunk your Post Officers in the Dunk Tank. Join our Corn Hole Tournament. Enjoy Hamburgers and Hotdogs. Pulled Pork and BBQ'd Chicken are the main course, with pasta salad, potato salad, and all the fixings. This takes a lot of work. As always, we appreciate what you can do to help with setup on 3rd and the event on the 4th.

Our Post is only as good as you

ATTENDEES NEEDED (see any Post Officer for details)

**Please review the items below
and support your Post!**

- Family Appreciation Picnic, Sept 4th, Noon - 5PM
- Post/Aux Meetings: Sept 6th, 7:00 PM
- Pool / Dart Tournaments: Sept 10th: 12:00 PM / 5:30 PM
- Cootie Breakfasts: Sept 11th @8:15 & 25th 8:30-11:00AM
- MOC/A Meeting: Sept 13th 7:00 PM
- MOCA Bingo/Texas Hold'em Sept 17th, 1:00 PM /6:00 PM
- Thursday Night Dinner: MOC Fish Fry, Sept 22nd, 5 -7 PM
- Friday Shrimp Special: Every Friday 5:30 - 8:30 PM
- Battleship Run, Oct 1st, 9AM

POST 392 - NEEDS YOU!

make it. We are a great Post, but we can always get better. If you have an idea, or want to get involved more, there are plenty of opportunities for both. Our Post meetings are the 1st Tuesday of each month at 7:00 p.m. Our House Committee meeting is the last Wednesday of each month at 6:30 p.m. It is open to all Post members to attend and bring up ideas and/or concerns. You can also use the Suggestion Box. The House Committee Chair reads and responds to every signed submission put into the box. That being said, please remember our members are our brothers and sisters, and their family is our family. You never know how your actions can affect a life. If you know of a member or a veteran that is in need, sick, or their family is sick, please bring it to our attention.

Post Commander
John Flavin
commandervfw392@gmail.com
757-450-0844

DATES TO REMEMBER

- 9/1 Battle of Tal Afar (Iraq) begins in 2005
- 9/2 V-J Day: Japan surrenders ending WW II in 1945
- 9/11 Patriot Day: remember September 11th, 2001
- 9/13 Battle of Heartbreak Ridge (Hill 931, Korea) begins, 1951
- 9/13 Francis Scott Key writes Star Spangled Banner in 1814
- 9/14 Operation Attleboro launches in Tay Ninh, Vietnam, 1966
- 9/17 Citizenship/Constitution Day: US Constitution signed, 1787
- 9/18 USAF established in 1947
- 9/21 POW/MIA Recognition Day
- 9/23 VFW established in 1899



**SENIOR VICE
COMMANDER**

Fellow Brother and Sisters,

Thank you for your continued support of our Post operations and events. Until we hire another cook, we still need a volunteer shrimp cook every Friday for our Shrimp Special. If you know a cook in need of work, please have them contact our Canteen Manager.

We have a lot of volunteer opportunities, so please, come out and help when you can. We are always looking for people to help man our recruiting booths as they are scheduled.

The Battleship Run is coming up on October 1st! All wheels welcome! We also have samples of engraved thermal cups that you can pre-order with your T-Shirt. All profits from the run will be donated to our Veterans Relief fund.

Sr. Vice Commander
Jennifer R. Cuevas
srvicecommandervfw392@gmail.com

CONTINUOUS MEMBERSHIP AWARDS

The following individuals have earned Continuous Membership Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

August 2022

40 Years Continuous Service:
 Lee O. Brown

30 Years Continuous Service:
 Daniel D. Smith, Grant H. Pollock, Michael S. Bowers

25 Years Continuous Service:
 Mary L. Fortier

20 Years Continuous Service:
 Jeff B. Wilson Jr, Kelly L. Davis

15 Years Continuous Service:
 Thomas H. Doyle

10 Years Continuous Service:

Kent M. Vensland, Karen D. Torres, Lawrence N. Segeleon, Kenneth Macdonald, Jared J. Jacob

In order to maintain continuous membership eligibility in the VFW, you must pay your dues prior to the expiration date on your card.

Thank you for your service, and congratulations!



**JUNIOR VICE
COMMANDER**

Greetings, Brothers and Sisters,

I hope to see everyone at the Labor Day Weekend Family Appreciation Picnic on September 4th. There are still opportunities to help out with setup on the 3rd and picnic operations on the 4th, if you are able. On Sept 17th, from 9:00AM until 2:00PM, the Mustang Club of Tidewater will hold a Car Show at Landstown Commons, in support of VFW District 2. All proceeds from the show will go to veteran support by District 2. All VFW members and other veterans are encouraged to enter or visit the show. All veterans present at the show will be honored at Noon. More information is available on the VFW Post 392 website Calendar Page. For future planning, we look forward to our Buddy Poppy fundraiser in November, so mark your calendars and plan to donate some time to take a time slot and help us raise funds by handing out some Buddy Poppy's. Look for more info next month! Our Post is only as good as the members in it, so let's all pitch in and have a great year!

JR. Vice Commander
James Wikkerink
jrvicecommandervfw392@gmail.com

757-270-8537

VISIT OUR WEBSITE AT
WWW.VFW392.ORG



**QUARTER-
MASTER**

MEMBERSHIP DUES

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters

Third Floor, Room 316
406 West 34th St.

Kansas City, MO 64111

(please include your membership#)

Consider changing your Annual Membership to a Life Membership and make a life long commitment to serving your fellow service members and Veterans. Life Installment plan is available as an option to the one time payment for Life Membership.

E-NEWSLETTER

The Post Newsletter and Calendar are available online for free! To view them, go to vfw392.org and click on the links along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link. Ensure that you add the domain "vfw392.org" to your address book. This will prevent the Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. When your mailing address changes, be sure to fill out an address change form, mail it in, or

drop it off at the Post. The best method is be to email it to the Post. If you drop it off or email it, please remember to include your telephone number and email address!

IMPORTANT NOTE FOR ALL:

We still have many on-file Post and Auxiliary postal mail addresses, phone numbers, and email addresses are incorrect. Please update them via email to vfwpost392@gmail.com.

**Updating Your Contact
Information**

The Post maintains the, name, address, phone number and email address for all our members and Auxiliary. If any of your information has changed, please contact the Post Quartermaster so we can update our database. If you are planning on moving anytime in the upcoming future, please contact us as soon as you have your new contact information so we can stay in touch with you and ensure you get Post information.

When your mailing address changes, be sure to fill out an address change for, mail it in, or drop it off at the Post. The best method is to email it to the Post.

**Quartermaster
John Phillips**

757-486-5875

vfwpost392@gmail.com



**CHAPLAIN'S
CORNER**

Fellow Brothers and Sisters,

Greetings to all VFW Post 392 Officers, members, and friends. I greet you in the name of our Lord and Savior. I pray that when you are reading this newsletter, you find yourself in good health, good spirits and perfect in peace. I am petitioning to God with sincere

prayers for all our family's needs and wants, according to God's riches in glory. I am asking the Lord to give us strength, grace, mercy, and the power to strive daily and to fight any adversaries that come our way. I seek God for all the military members and their families, near or afar. I am sending my deepest condolences to the families of our post that have gone home to be with God. I pray for all our members that are sick and shut in.

I leave you with two scriptures that you can meditate on: God said, the joy of the Lord is our strength (Nehemiah 8:10). Also, God said, He is our refuge and our strength and ever-present to help in time of trouble (Psalms 46:1). Lastly, I pray that while we are all absent from one another, we will never be absent from God's presence. Amen.

Any issues of concerns please do not hesitate to reach out to me...--

HELP US TAKE CARE OF

EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP*! It is important that we extend our hand in any way possible to aid and comfort our fellow Comrades and family in their time of need. Please call Post Chaplain Mary Benson or our Auxiliary Chaplain, Connie Wilson, as appropriate, at your first opportunity. Timely notification is very important to their mission!

ILLNESS / INJURIES

Please read the Post's Bulletin Board for updates of Members on the Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

Barbara Grossnickle, Home
Ralph Stephens, Home
David Simones, Home

TAPS

JOSEPH HALZACK,
7/28/22

JELANI A. JACKSON,
7/16/22

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

Post Chaplain
Mary Benson
chaplainvfw392@gmail.com
757-572-8233



**AUXILIARY
PRESIDENT**

Greetings, Sisters & Brothers,

A big thank you to Nonie and Ivan Kuhn for delivering the Christmas in August Goody Bags to the veterans at the VA Hospital on Friday, August 5th, 2022. Also, thank you so much for everyone who came out on the 4th and volunteered to help stuff the goody bags.

The VFW Auxiliary Department School of Instruction was held on August 6th, 2022, in Hopewell, Virginia. Representatives from our post were Department President Fred Jennings, Judy Lupole, Ellen Stogsdill, Mark Winn, Jennifer Winn, Carol Mueller, Dinah Doyle and Jobil Bullock. Thanks to all that attended.

Please remember: If you renew your membership by the end of August 2022, you will have 40 chances to win a lifetime membership, September 2022 - 30 chances, October 2022 - 20 chances and November and December - 10 chances.

Baked goods and volunteers are also needed for our Auxiliary Bake sales. There will be two in September. The first will be on September 4th during the Family Appreciation Picnic. The second will be held on Friday, September 16, 2022, from 5:30 pm until 8:00 pm. Donated baked goods are greatly appreciated for these fundraisers.

The Family Appreciation Picnic will be on September 4th from Noon until 5:00pm. Volunteers are needed for set up on Saturday, September 3 and to help run the event on the 4th. Sign-up sheets are posted on the bulletin boards. Any and all help with setup, cooking, picnic activities and cleanup is greatly appreciated.

Thank you to Judy Lupole and our past Auxiliary President, Mary Richards! As a result of their great idea, we are collecting school supplies to support the Pack a Patrol Car the day of the picnic. We will be stuffing a Sheriff's car with school supplies for donation to Strawbridge Elementary School. A donation box is at the Post with a list for each grade of supplies needed. Donations are greatly appreciated. We are also collecting for the Beach Bag Program, which provides shelf stable meals and healthy snacks to students who may otherwise go hungry. Items being asked for include small cereal boxes, individual size meals (ravioli, spaghetti and meatballs, mac and cheese, etc.), 4 oz. fruit cups, 100% juice boxes, and snack items, such as raisins, granola bars, and pretzels. Please help us support this worthy cause. We still need volunteers to help with this event to help. There will be plenty of food, to include hamburgers, hot dogs and pork barbecue. This is a family friendly event and there will be a ton of things for the kids to do. We will be having a basket raffle, 50/50 raffle, bake sale,

popcorn, cotton candy and snow cones.

VFW District 2 is holding a fundraiser by selling tickets to the Norfolk Tides game at Harbor Park on September 4th. The gates open at 3:00 and the game starts at 4:00. The district will make \$4 per ticket sold. The District 2 Honor Guard will participate during the National Anthem. Pass this information around to your friends and family. The more tickets we sell, the more money the District will raise. You can use the QR code on the flier located on the VFW Post 392 website Calendar page to purchase tickets, or contact Kathy Goodall, the District 2 Adjutant from Post 4809.

Post Sr. Vice Jennifer Cuevas is still taking orders for MAGA (Make Auxiliary Great Again) t-shirts and sweatshirts. If you would like to place an order, you can reach her at Jennifer.cuevas09@hotmail.com or 757-353-7243. The cost of a t-shirt is \$25.00 (2XL is \$30.00) and sweatshirts are \$35.00 (2XL is \$40.00). All profits will go to the Susan B. Komen Breast Cancer Walk she will participate in this year.

We are still updating our active membership roster: Please contact Ellen Stogsdill at ellenstogsdill@cox.net or Judy Lupole at luvedale88@verizon.net with any changes you may have. Please attend our upcoming meetings so we can all work together for a successful year. I would like to welcome all new members and hope to see you soon at upcoming events.

Our Chaplain Connie Mitchell stands by for any member who may need our help. The next meeting will be Tuesday, Sept 6th at 7pm. Hope to see everyone there!!! Thanks for everything that you do for our Veterans and our Post!!! Feel free to contact me if you need anything. I can be

reached at 757-647-1511 or by email at vagal54@hotmail.com.

Auxiliary President
Carol Mueller
vagal54@hotmail.com
pres392@auxvfwva.org
757-647-1511



AUXILIARY MEMBERSHIP

Total Auxiliary Members In Good Standing 442

CONTINUOUS AUXILIARY MEMBERSHIP AWARDS

All are requested to attend the next, regularly scheduled, meeting of the VFW Auxiliary.

Our Auxiliary President stands ready to decorate you with the awards indicated:

September 2022

25 Years Continuous Service:
 Bonnie L. Edwards

15 Years Continuous Service:
 Carol A. Russell, Beverly J. Agnor

10 Years Continuous Service:
 Felicia Young

5 Years Continuous Service:
 Kimberly L. Pishner, John W. Bowman, Patricia A. Stahlbock, Valerie Siegfried, Pamela A. Mentz, Pamela Gaither, Fred Zagar, Cynthia Williams, Grace Gesvmaria, Janet Pollack

Thank you for your service and congratulations!

VFW Auxiliary Secretary
Judy Lupole
luvedale88@verizon.net
(757) 581-2702



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200
Friday 1100-2300
Saturday-Sunday 1100-2200

(On Cootie Breakfast Sunday's from September to May, the Canteen opens at 1000)

KITCHEN HOURS

Monday- Kitchen closed*

Tuesday-Wednesday: 1100-1400

Thursday: 1100-1400, 1700-1900

Friday: 1100-1400, 1730-2030

Saturday1200-1700

Sunday1200-1700

** Hot Dogs, Chili, and Pizza may be obtainable on Mondays, Saturdays, and Sundays. These air fryer menu items are available when kitchen is closed:*

Chicken Wings, Curly Fries, French Fries, Jalapeno Poppers, Mozzarella Sticks, and Popcorn Chicken

WEEKENDS AT THE VFW

Start the weekend with Friday's **Social Hour Prices from 3-6 PM!** The kitchen is open Friday, 5:30 to 8:30 PM, "with all of our menu items, including our weekly Shrimp Special!"

The Canteen opens at 11:00 AM on Saturdays and Sundays (10:00 AM on Sundays when Cootie Breakfast is served). When the kitchen is closed, we do have the menu items listed above available on Saturdays and Sundays!

Come out and enjoy a cold beer or beverage! We have multiple big screen TV's. Bring the family - the Canteen is smoke free and Wi-Fi is readily accessible.

THURSDAY NIGHT DINNERS

Hours / Menu

5:00 PM - 7:00 PM

Salad and dessert included. Following is the dinner menu for this month (call Post to confirm):

<u>Sept 15th</u>	<u>Sept 29th</u>
Grill Your Own Steak <u>CANCELLED FOR SEPTEMBER</u>	MOC/MOCA FISH FRY DINNER \$9.00 5:00 - 7:00PM

Note: Our **Thursday Night Dinners** are normally prepared by an **all volunteer staff**. If volunteers are not available, then one of our Cooks will prepare items off the normal dinner menu. If you'd like to help with serving, cleanup, or dishwashing - please contact the **Canteen Manager Shelly Hughes** or **Assistant Canteen Manager Teresa McMillion** at (757) 486-5875, or via email at the Manager address: canteenmanager392@gmail.com.

Our **Friday Evening Dinners**, which include our weekly **Shrimp Special**, are held from **(5:30 - 8:30 PM)**. These dinners require a few volunteers to assist with cooking the shrimp, taking orders and service as well. Please contact the Canteen Manager or Assistant Manager to assist.

FRIDAY ENTERTAINMENT

Below is the entertainment for May. Please come and enjoy the music with your family and friends as scheduled on Fridays from 6:00 to 10:00 PM:

<u>Sept 2nd</u> Bryan Dunn 6-10PM	<u>Sept 9th</u> Tim Hopkins 6-10PM
<u>Sept 16th</u> DJ Shannon 6-10PM	<u>Sept 23rd/30th</u> Peter Pascanik 6-10PM

CANTEEN SPECIALS

UPDATED!!

Mon - Fri 3-6pm / Thurs 3-7pm
 Come in and enjoy our low Social Hour Prices to start your evening!

Fridays: Steamed Shrimp

5:30 - 8:30 PM

EZ Peel Shrimp are back & larger!
 1/2 lb. for \$7.00 / 1 lb. for \$13.00

If you have comments or suggestions for our Canteen, please let us know. All written comments or suggestions must be signed for consideration! Thank

you for your service and support!

Shelly Hughes
Post 392 Canteen Manager
757-486-5875
canteenmanager392@gmail.com

**WE NEED TO HIRE A COOK. IF YOU
ARE INTERESTED IN THIS POSITION,
PLEASE CONTACT THE CANTEEN
MANAGER**

MOC/A PUP TENT #9 UPDATE

Sisters & Brothers,

Hope you all had a fantastic summer. Let's celebrate the end of the summer season at the Family Appreciation Picnic on September 4th. It will be a great time. The MOCA will be having a bake sale at the picnic and another on September 16th. Always lots of great treats to be found at our bake sales.

Goodie bags were delivered to the VA in Hampton on August 5th. I really want to thank all who came out on the 4th to help stuff the bags and load up the car. Our veterans really appreciate all we do for them.

Remember that our Cootie breakfast starts September 11th. Volunteers are both welcome and needed. You can contact me if you are interested. Your team only serves breakfast once a month. It's a great way to get in some volunteer hours.

We would really like to see more of our members come to meetings, it helps keep the workflow going. I look forward to seeing some of our members at upcoming events. We are still working on Family Fun Day. We are trying to plan an ice cream social. Once a date has been determined it will be posted on Facebook

The next MOCA meeting will be September 13th at 7:00. Hope to see you there. Thank you for all that you do for our veterans.

Please feel free to contact me if you need anything. I can be reached at nsyuskiw@yahoo.com or 757-477-3548

MOC Auxiliary President
Norine "Nonie" Kuhn
nsyuskiw@yahoo.com
(757) 477-3548



POST ANNOUNCEMENTS

NEWSLETTER ADVERTISING
**All ads are paid advertisements,
and are not endorsed by the
Veterans of Foreign Wars**

VFW Post 392 offers advertising space in our newsletter. Our monthly circulation is over 2000. All ads must be submitted and approved by the Post prior to the 15th of each month. If you are interested in advertising, please contact the Quartermaster.

STATE OF VIRGINIA VETERANS AFFAIRS REPRESENTATIVE MOVED TO

Pembroke Office Park
293 Independence Blvd.
Pembroke Five, Suite 109
Virginia Beach, VA 23462
Office: (757) 552-1884

LEGAL AID OFFICE

Veteran Free Legal Services
Estate Planning, Consumer matters, public benefits, and family law.

David Rivard, Esq., Attorney

**Legal Aid Society
of Eastern Virginia**
30 West Queen's Way
Hampton, Virginia 23669
(757) 552-0026 ext. 305
davidr@laseva.org

NOTARY PUBLIC

The following Post member is commissioned as Notary Public in the Commonwealth of Virginia:

• Joseph G. Brady

**The National Suicide
Prevention Lifeline is now:
988 Suicide and Crisis
Lifeline**



988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. While some areas may be currently able to connect to the Lifeline by dialing 988, this dialing code will be available to everyone across the United States starting on July 16, 2022.

Almost a century ago, the VFW National Home for Children began as a place where families left behind by war could remain together. Today, the National Home has evolved to meet the changing needs of America's military and veterans' families. Learn more about the National Home and help us support its important mission by visiting [History - VFW National Home for Children](#) (click link to open doc)



V F W
NATIONAL HOME
FOR CHILDREN

We welcome any comments, suggestions, or complaints about errors that warrant correction. They can be directed to any of the Post Officers, or email them directly to the Post Adjutant at webmaster@VFW392.org



NO ONE DOES MORE FOR VETERANS



SARA LIKENS Service Manager

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Virginia Beach, VA 23452
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7dayrealtor.com



Each office is independently owned and operated



Click above for more info on Ron

VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392

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E-Mail: vfwpost392@gmail.com

Web Site: www.vfw392.org

Facebook: <https://www.facebook.com/VFW392>



THE RED, WHITE AND BLUE - 392

[illegible]